



NEWSOUTH

Breaking the Boss Bias

How to get more women into leadership roles

Catherine Fox



Classification | Non-fiction |
Business

Thema | JBSF1 | KJ

August 2024

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NewSouth 240pp, PB, 210x135mm

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Despite the surge of women into education, jobs and sitting in Federal parliament, why are men still overwhelmingly running the show?

A worldwide decline means fewer women are running governments, and the small proportion who make it as CEO has barely budged, yet the major culprit is right under our noses. Entrenched gender bias about who should be the boss means leadership is mainly seen as a masculine endeavour. No matter how well qualified and experienced, women continue to be underestimated and face an obstacle course of sexism to get to the decision-making table.

In *Breaking the Boss Bias*, Catherine Fox sounds the alarm. She argues it's time to face up to the deceptive story about a post-feminist world, and recognise that toxic sexism woven through processes, beliefs, management education and leadership norms is keeping privileged men in power, making decisions for us all.

It's time for a new way to lead and to unlock the talent being wasted from boss bias.

Sales Points:

- Catherine Fox – a leading commentator on women and the workforce – identifies seven key ways that gender bias occurs at work and gameplans how to overcome them
- Full of fascinating insights from workplace equity experts and women – including many CEOs – across a range of industries
- Explores the importance of the impact of COVID-19 on women, Barbie, the success of the Matildas and the Spanish team's kissgate scandal

About the Author:

Walkley Award-winning journalist **Catherine Fox** spent two decades at the *Financial Review*, writing the popular Corporate Woman column, and has consulted to many of Australia's largest organisations, including the ADF. She is the author of *Better than Sex* (with Helen Trinca), *Women Kind* (with Kirstin Ferguson), *The F Word* (with Jane Caro), *7 Myths about Women and Work* and *Stop Fixing Women*. In 2022 she was made a member of the Order of Australia for services to journalism and gender equity.

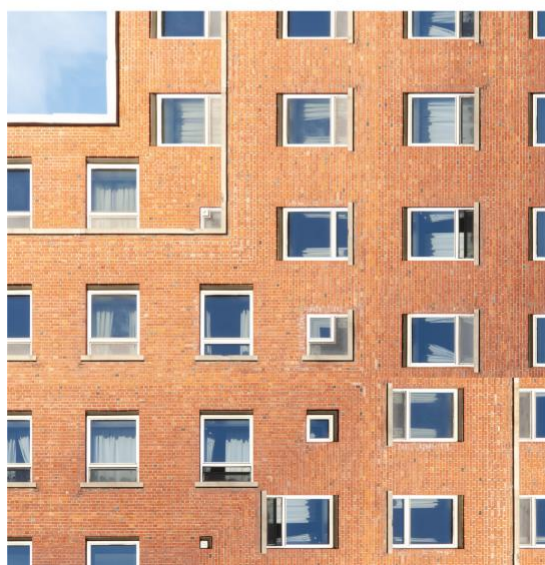


Griffith Review 85: Status Anxiety

Edited by Carody Culver

GriffithReview85 Status Anxiety

Diana Reid on the changing performance of social class
Kate Pullinger on the aftermath of a bruising book review
Jess Ho on living a five-star life on a one-star income
Rebecca Harkins-Cross on the problem with universities
Beau Windon on the anxiety of marginalised identity



Literary Essays | Politics and Society | Current Affairs | Australian History | Memoir | Reportage | Fiction | Non-Fiction | Poetry | Photographic Essay

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Pierre Châtel-Innocenti, *ReMix* (2021)
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Like the answer to a riddle, status is all around us, but it can't always be seen or heard. The silent switchboard behind our professional and personal interactions, status dictates our place on the guest list, in the room, at the table; through its connections to class, race and gender, it affords some of us power and wealth and others empty promises.

But why does status so often go unnoticed? How does it influence everything from social inequality to personal relationships? And what changing forces have come to bear on the high or low status we've ascribed ourselves and others over the centuries?

Griffith Review 85: Status Anxiety grapples with the fallout of our status anxiety and explores what happens when we don't measure up.

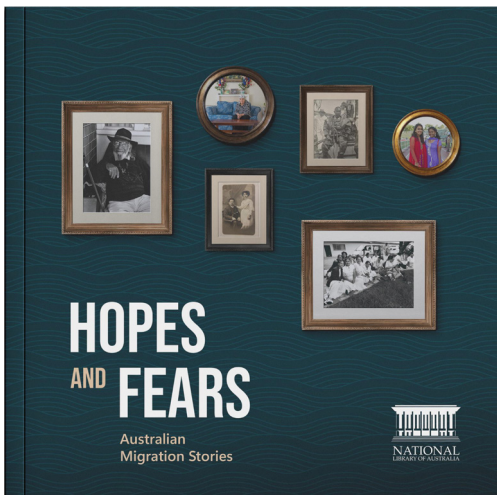
Sales Points

- Canadian author Kate Pullinger describes the devastation of a hatchet job on her first novel;
- Diana Reid explores the new ways we're performing social class;
- Jess Ho makes their fiction debut in a brilliant piece about hospo workers living the high life;
- Alex Cothren takes on the fictionalised future of border control, in one of the winners of *Griffith Review's* 2023 Emerging Voices competition;
- new non-fiction from Haruko Koga, Jarni Blakkarly, David Ritter, Jerath Head, John Chesterman, Beau Windon, Rebecca Harkins-Cross, Bebe Oliver and Shahar Hameiri;
- new short fiction from Greg Foyster, Saraid Taylor and many more;
- a national publicity campaign in conjunction with strategic events and other social collateral.

HOPES AND FEARS

AUSTRALIAN MIGRATION STORIES

- Accompanies a major exhibition of the same name at the National Library of Australia in winter
- Exhibition will be supported by a full media campaign, including print, radio, digital/social, in Library promotion, large-scale advertising and events
- Illustrated in full colour
- Topic with broad appeal and strong curriculum connection



Release Date: 1 AUGUST 2024
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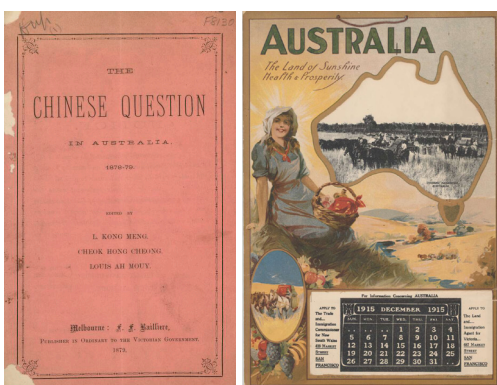
Stories of migration are very much part of the Australian experience. In most homes in Australia, you will find a bookcase, mantelpiece or shelf with a display of family photos. Intimate galleries chronicle the individuals, both young and old, who populate the family tree. Sometimes the images reach back two or three generations, perhaps depicting a relative who embarked on a long and difficult journey to Australia. This treasured portrait testifies to how that journey helped make possible the life their family has today.

Why they decided to leave their home? What it was like to arrive in a strange new country? What were the hopes and fears that motivated them to recast their lives in such a dramatic way?

The history of migration to Australia consists of many individual stories of those who made the journey to Australia and their struggle to start a new life. To understand this history, you need to interrogate the evidence left from the past. The *Hopes and Fears* exhibition showcases a fascinating selection of these many and varied records from Australia's migration history.

The stories are divided into six chapters, reflecting different stages of migration: The colonies; Gold and exploration; An outpost of the British race; Selling a dream; Becoming Australian; and Refugees. These take the reader from a song describing Australia as 'the white man's land' in 1910 to a 1960s menu for the Rococo Lounge and Restaurant in St Kilda serving potato salad and gefilte fish to Jewish migrants to a photograph of Burundi refugee Kwirina weaving baskets in her Blacktown home in 2010.

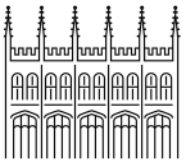
Hopes and Fears accompanies an exhibition of the same name, and highlights some of these significant and diverse stories. With an essay from Director of Exhibitions, Guy Hansen, and discursive, interpretative captions, this book touches on a wide range of migration stories from throughout Australia's history.





NEW BOOK INFORMATION

Title	The Cubbies
Subtitle	The Battle for Australia's First Adventure Playground
Author	Joan Healey
Tagline	TBC
Blurb	<p>This is the rollicking tale of Australia's first true adventure playground, when children were allowed to use a patch of public land as their own backyard, to play in freely as they wished, not as adults directed them. They chased their dreams and escaped their everyday lives by scavenging materials, building cubbies, experimenting with fires and gardens, launching boats and never giving up their conniving efforts to keep pets.</p> <p>It's also a slice of life in the exciting Whitlam days of the '70s, when change was in the air, hope sparkled and Fitzroy, in the heart of Melbourne, was emerging from run-down shabbiness into a hip neighbourhood.</p> <p><i>The Cubbies</i> is told through personal experience and observations by Joan Healey, who brought the idea for the playground to Fitzroy from London and lived through the adventures of its early days, while confronting 'those who know best' who tried to stop it from happening. It's a tale of battles with local police and the Catholic church, but also shows visionary politicians and bureaucrats on both sides supporting children in this venture, while others made devious attempts to close the place. Playground workers, struggling with on and off funding, steadfastly continued to support children in their right to play freely, while becoming entangled in defending the cubbies. After trials, tribulations and questionable adventures, it became Australia's first true adventure playground, inspiring the rise of others in the country.</p> <p>Throughout it all, the children thrived.</p> <p>Today, in our risk-aversion time of bureaucracy, rules and regulations, the now-unimaginable story of the cubbies is a reminder of just what kids can do when trusted, supported and given the freedom to follow their dreams, and the fun they can have along the way.</p>
About the author	<p>Joan Healey, born in Melbourne in 1934, worked various jobs, including pressing shirts in a factory, as a lingerie salesgirl, clerk telephonist and assistant librarian, until she was offered a journalism cadetship at Murdoch's <i>Woman's Day</i> magazine. She went on to work at Adelaide News Ltd and ABC Sydney radio news.</p> <p>Joan then hitchhiked and camped around Australia for six months, before heading off on overseas adventures for several years, and found herself in London. Looking for work, she discovered adventure playgrounds and landed a job in a rough part of the East End working at one.</p> <p>After deciding to return home to Melbourne, Joan brought back information about adventure playgrounds with her, and reluctantly agreed to try one as a short holiday program in Fitzroy.</p> <p>Joan currently lives in Altona, Melbourne, with her foster grandson, Haylen.</p>



BODLEIAN
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PUBLISHING

Advance Information

Kafka Making of an Icon

Edited by Ritchie Robertson

August 2024

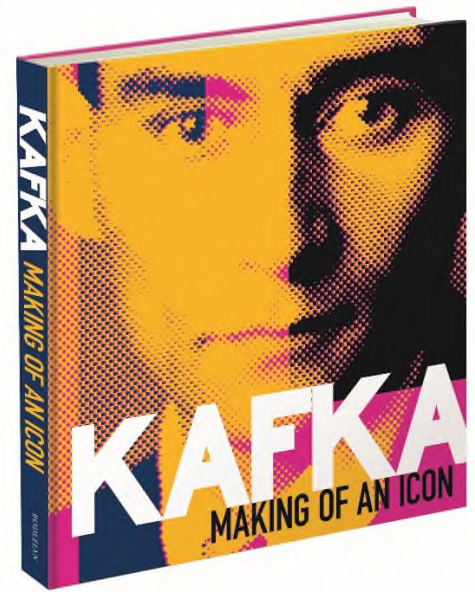
An authoritative collection of essays celebrating Kafka's life and work, and examining how his writing has continued to provide inspiration for over a century.

Franz Kafka died in 1924, when he was not yet forty. During his life he published only seven small books, but he left behind three unfinished novels and a mass of stories, reflections and personal writings which were published after his death. His novels in particular, alongside short stories such as *The Judgement* and *The Metamorphosis*, have made him one of the most widely read, significant and influential writers of the twentieth century. His writings show an extraordinary ability to speak to the changing concerns of later generations.

This collection of essays, illustrated with manuscripts, archival material, postcards and family photographs, not only sets Kafka in the context of his life and times but also shows how his own experiences nourished his imagination. Literal travel in Western Europe enabled him, as his notebooks reveal, to practise descriptive writing. Imaginative travel through reading strengthened his fascination with remote spaces and made him aware of European colonialism. Familiar settings in his fiction become alien and bewildering. When writing about animals, he sought to enter imaginatively into their non-human way of being.

This book is a celebration not just of Kafka's achievements and creativity, but also of how – even 100 years after his death – Kafka continues to inspire new literary, theatrical and cinematic creations around the world.

RITCHIE ROBERTSON retired in 2021 as Schwarz-Taylor Professor of German at Oxford. He is the author of *Kafka: Judaism, Politics, and Literature* (1985).



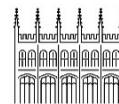
Hardback, £35.00
ISBN: 9781851246229

Extent: 192 pages
Size: 259 x 237 mm
Images: c.100 colour ills

VISIT THE EXHIBITION

Bodleian Libraries, Oxford
Kafka: Making of an Icon
May – October 2024

Morgan Library, New York
Kafka: Making of an Icon
November 2024-April 2025



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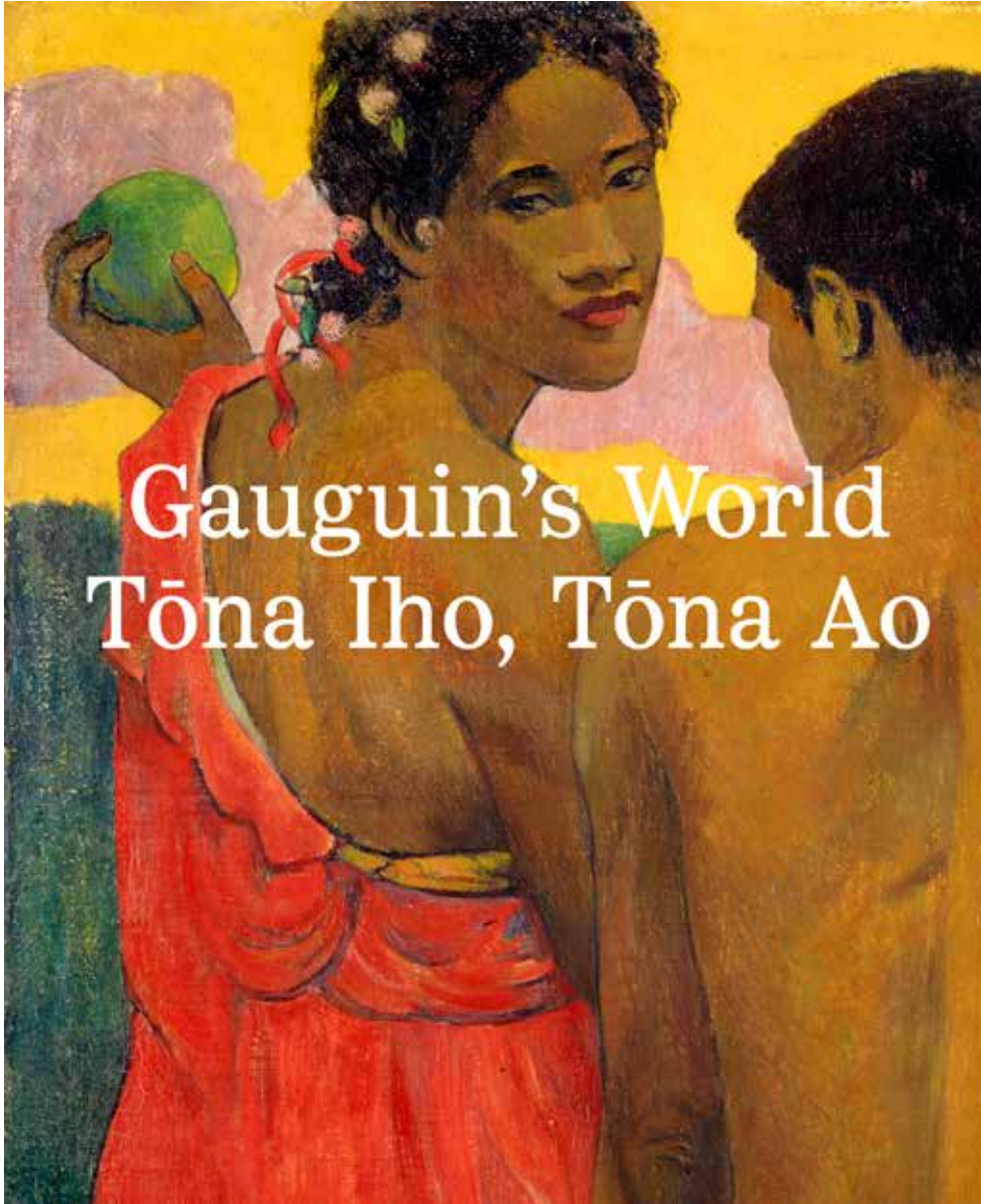
NEW BOOK INFORMATION

Title	Housing
Subtitle	The Great Australian Right
Author	Kevin Bell
Tagline	Reimagines 'great Australian dream' of housing as 'great Australian right' to housing
Blurb	<p>Almost everyone in Australia is feeling the impact of the national housing crisis, which is traumatising individuals, families and communities. In the reconstruction period following World War II, governments ensured that access to adequate and affordable housing was virtually universal. But now, many young people and families are finding it almost impossible to buy, or even rent, a home. During the COVID years, government action took the homeless off the streets, yet homelessness is now at a record high. The fact that significant numbers of women are currently living in their cars is just one tragic example of the depths to which the entire system has sunk. We seem to be trapped in a vortex of minimal government ambition, stale non-strategic thinking and maximum profits.</p> <p><i>Housing: the Great Australian Right</i> argues that governments have the capacity and the power to resolve this national plight. The first step is for Australia to rethink its approach to housing policy and recognise access to housing – having a home – as a fundamental human right.</p> <p>The current crisis can be traced back to when growing the property market and treating housing as an investment became the dominant considerations, with the welfare of people relegated to a distant second. This order must now be reversed, beginning with making the human right to housing the central focus of the system. This will require profound changes to government policy, administration and legislation, to be fuelled by reimagining 'the great Australian dream' of housing as 'the great Australian right' to housing.</p>
About the author	<p>The Hon. Kevin Bell AM KC is a baby boomer who grew up in social housing in the Melbourne suburb of Moorabbin – fittingly, in the language of the Bunurong/Boon Wurrung, 'Moorabbin' means 'resting place' or 'mother's milk'. He graduated in Arts and Law from Monash University and worked at the Tenants Union of Victoria before practising as a barrister for twenty years, including in Victorian housing and residential tenancies law. As a judge of the Supreme Court of Victoria for fifteen years, he wrote many influential judgments on human rights, including the right to housing and home. As a professor in the Faculty of Law at Monash University and director of the Castan Centre for Human Rights Law, he similarly focused on housing, homelessness and human rights. He also served as a commissioner of the Yoorrook Justice Commission and has a masters in international human rights law from Oxford University. He is presently an adjunct professor at Monash and the patron of Tenants Victoria.</p>
Cover image	See attached image

BIBLIOGRAPHIC DETAILS

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GAUGUIN'S WORLD: TŌNA IHO, TŌNA AO



Gauguin's World Tōna Iho, Tōna Ao

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ANNI AND JOSEF ALBERS

A beautifully illustrated publication that celebrates the visually arresting and technically astonishing prints of influential modernists Anni and Josef Albers made in collaboration with master printer Kenneth Tyler.

Anni and Josef Albers is the first book to support an exhibition of the artists' work in Australia. A series of original texts explore the influence of the Bauhaus on the long and significant careers of both artists and how their connection to the experimental school brought their work and ideas to Australia through collaboration with creatives including artist Ludwig Hirschfeld-Mack, architect Harry Seidler and master printer and philanthropist Kenneth Tyler.

The book includes previously unpublished material from the Kenneth E Tyler archive, including images, studies and phone transcripts that elucidate the close working relationship between the three collaborators. Exquisitely illustrated with works from the national collection that tease out the artists' varied sources of inspiration, the publication captures the evolution of these innovative prints.

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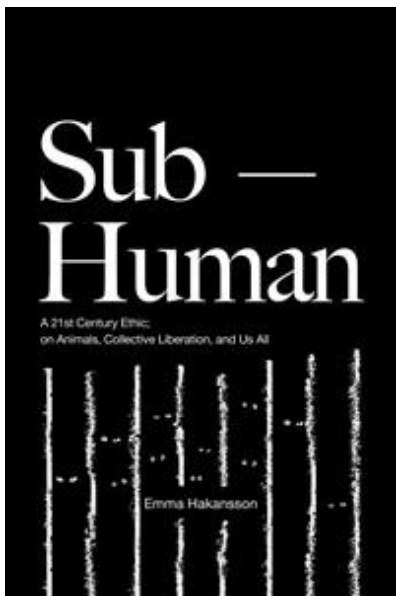
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Sub-Human

A 21st-Century Ethic; on Animals, Collective Liberation, and Us All

Emma Hakansson

Key Selling Points

- An in-depth exploration of the roots of veganism and speciesism alike, and how these interact with other social justice issues and movements
- A combination of philosophical, historical, and strategic exploration for those dedicated to liberation
- Built on the back of a range of expert interviews, highlighting such voices as:

Dr. Melanie Joy, author of *Why We Love Dogs, Eat Pigs, and Wear Cows*; Christopher Sebastian, writer and lecturer; Leah Garcés, president of Mercy for Animals; Jake Conroy, former SHAC organizer and strategic commentator; and many others.

Summary

Sub-Human delves into what it means to be an animal, how our view of other animals impacts our view of other people, oppressions, and the planet, how we got here, as well as how we can move forward together.

When we accept oppression of some, we feed the oppression of others, and we make space for domination driven by false ideas of inferiority and lesser worth. When we discount the inherent preciousness of animals who think and feel, we erase precious parts of ourselves. When we consider living beings as “livestock,” it's no wonder we pillage the unthinking yet irreplaceable living earth.

Sub-Human is a robustly researched, sharply critical yet comfortingly human call to arms, diving deeply into the theory behind oppression, liberation, and the intersections within it. Exploring the history of animal consumption and commodification, this book deconstructs the current sociopolitical climate surrounding animal enterprises by looking at how we got here. Most importantly, it unravels how we can work towards a collectively liberated world.

Contributor Bio

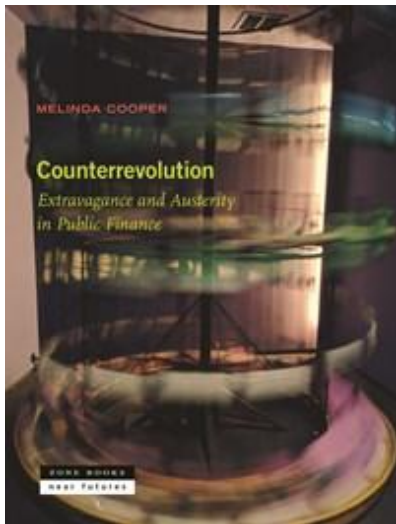
Emma Hakansson is a dedicated advocate working to upheave oppression facing our fellow animals, children, women, and working people. As the author of *How Veganism Can Save Us*, Hakansson has lectured internationally on ethics and sustainability, and her work and words have been featured in *The Guardian*, *Forbes*, *Earth Island Journal*, *Sentient Media*, and many other publications.

Quotes

“*Sub-Human* is the most-needed book for the Animal Freedom movement right now. Emma Hakansson gives us a wide, deep view of oppression that explains the links among speciesism, racism, sexism, and homophobia. Most importantly, she gives us strategic thinking and practical advice on how to make change. This book is the ‘new testament’ for the movement.”

—**Jim Mason, author, *An Unnatural Order***

“This remarkable book opens readers’ eyes and hearts to the critical intersections between human and non-human animals. The book’s title says it all—humanity has assumed a hierarchical superiority over other animals. Emma Hakansson brings an impressive breadth of knowledge and critical thought to her work as she examines the history of animal exploitation, its deep connections to other forms of oppression, and the forces of change propelling the movement towards compassionate living. The points clearly come across that our survival as a species depends upon a transformation in perceptions of our kindred animals, and that each of us as individuals



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8 in H | 6 in W
 Status: **FORTHCOMING**

Counterrevolution

Extravagance and Austerity in Public Finance

Melinda Cooper

Summary

A thorough investigation of the current combination of austerity and extravagance that characterizes government spending and central bank monetary policy

At the close of the 1970s, government treasuries and central banks took a vow of perpetual self-restraint. To this day, fiscal authorities fret over soaring public debt burdens, while central bankers wring their hands at the slightest sign of rising wages. As the brief reprieve of coronavirus spending made clear, no departure from government austerity will be tolerated without a corresponding act of penance.

Yet we misunderstand the scope of neoliberal public finance if we assume austerity to be its sole setting. Beyond the zero-sum game of direct claims on state budgets lies a realm of indirect government spending that escapes the naked eye. Capital gains are multiply subsidized by a tax system that reserves its greatest rewards for financial asset holders. And for all its airs of haughty asceticism, the Federal Reserve has become adept at facilitating the inflation of asset values while ruthlessly suppressing wages. Neoliberalism is as extravagant as it is austere, and this paradox needs to be grasped if we are to challenge its core modus operandi.

Melinda Cooper examines the major schools of thought that have shaped neoliberal common sense around public finance. Focusing, in particular, on Virginia school public choice theory and supply-side economics, she shows how these currents produced distinct but ultimately complementary responses to the capitalist crisis of the 1970s. With its intellectual roots in the conservative Southern Democratic tradition, Virginia school public choice theory espoused an austere doctrine of budget balance. The supply-side movement, by contrast, advocated tax cuts without spending restraint and debt issuance without guilt, in an apparent repudiation of austerity. Yet, for all their differences, the two schools converged around the need to rein in the redistributive uses of public spending. Together, they drove a counterrevolution in public finance that deepened the divide between rich and poor and revived the fortunes of dynastic wealth.

Far-reaching as the neoliberal counterrevolution has been, Cooper still identifies a counterfactual history of unrealized possibilities in the capitalist crisis of the 1970s. She concludes by inviting us to rethink the concept of revolution and raises the question: Is another politics of extravagance possible?

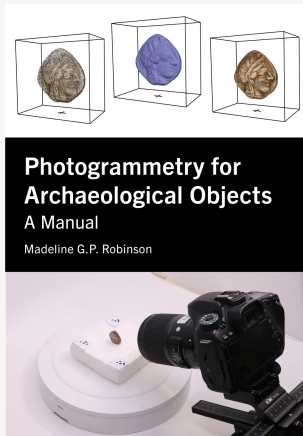
Contributor Bio

Melinda Cooper is Professor in the School of Sociology at the Australian National University. She is the author of *Family Values: Between Neoliberalism and the New Social Conservatism*.

Unpublished Endorsements

"For many years, neoliberalism's victory was so complete that its dominance appeared inevitable. Drawing on rich archival sources, Melinda Cooper brilliantly recasts the fierce intellectual battles which neoliberals waged against forgotten and half-perceived alternatives. Her book is a must read for anyone interested in the intellectual and economic history of our present day as well as for those fighting over the economic paradigm of the future." – **Isabella M. Weber, author of *How China Escaped Shock Therapy: The Market Reform Debate***

"Melinda Cooper's painstaking work shows that public spending is not a problem for most policymakers—unless the spending benefits labor. *Counterrevolution* is a stark and



Photogrammetry for Archaeological Objects: A manual

AUTHOR Madeline G.P. Robinson

SERIES

Tom Austen Brown
Studies in Australasian
Archaeology

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MARKET

Professional and scholarly

SUBJECT

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SOC003000: SOCIAL
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HD: Archaeology
UDP: Digital photography
- consumer/user guides

- No manual exists for archaeologists wanting to learn about photogrammetry. This book will be essential reading for archaeologists and related researchers globally.
- This book is specifically for archaeologists but will be relevant to researchers in other fields such as palaeontology, zoology, museum studies and many other fields.
- A step-by-step guide covering everything from camera basics to processing,
- Includes a photogrammetry kit that can be used for building a lightbox, setting the white balance, and scaling objects.

Photogrammetry is the process of obtaining digital three-dimensional models of objects, features, or landscapes from a series of overlapping, focused, and well-exposed two-dimensional photographs. Photogrammetry is becoming standard practice for archaeological analysis, especially since a digital camera now features consistently in an archaeologist's tool kit. An archaeological career, however, does not traditionally involve becoming an expert in photography.

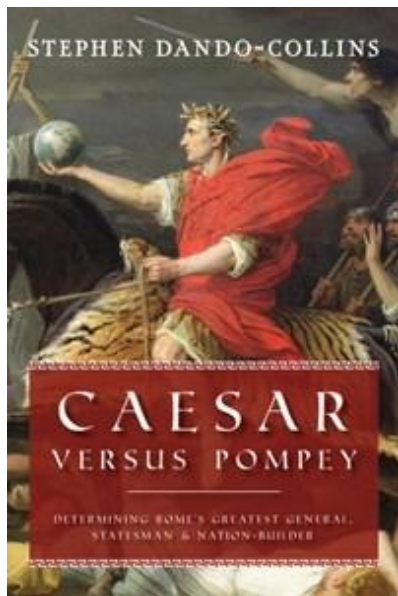
Photogrammetry for Archaeological Objects: A Manual explains in simple, easy-to-follow steps all the essential elements of photography, how to design a controlled photography setup, how to shoot in an uncontrolled environment, and how to edit your images so you can develop your proficiency in photography and by extension, photogrammetry. This guide will provide you with a comprehensive introduction to the process of setting up your camera for photogrammetry shooting, the necessary camera positions required to completely capture your artefacts, and how to use these images captured to process and edit your photogrammetry models.

With the aid of 11 different case studies of a variety of archaeological objects, you can develop your understanding of how to approach different archaeological material for modelling purposes; what camera gear and shooting environment is the most suitable, and what camera angles are



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Caesar Versus Pompey

Determining Rome's Greatest General, Statesman & Nation-BUILDER

Stephen Dando-Collins

Key Selling Points

From the award-winning historian, Stephen Dando-Collins, *Caesar Versus Pompey* explores the rarely highlighted relationship between Julius Caesar and Pompey the Great, Caesar's ally, son-in-law, and eventual enemy.

- **Bringing History to Life:** Dando-Collins brings life to Ancient Roman history by focusing on the very human relationship between Julius Caesar and Pompey the Great. *Caesar Versus Pompey* tells the parallel life stories of Caesar and Pompey, as they grew from rivals to partners, then from joint rulers to warring foes. One strove to preserve the Roman Republic, the other destroyed it.
- **48th Book from Expert Historian:** The publication of *Caesar Versus Pompey* marks 48 books from acclaimed author Stephen Dando-Collins. Dando-Collins is lauded as an authority on Ancient Greek and Roman History. His 2013 book, *Rise of an Empire*, was made into the major motion picture, *300: Rise of an Empire*.
- **Award-Winning Author with Award-Winning Storytelling:** Dando-Collins is considered "the modern age's foremost dramatizer of Ancient Greek and Roman history" (Robin Hawdon, British playwright). Dando-Collins is acclaimed for his precise attention to detail while maintaining engaging narratives. *Caesar Versus Pompey* is no exception and will excite Dando-Collins's existing fan base of historians, academics, and history buffs.

Summary

Who was Rome's greatest general, statesman, and nation-builder: Caesar or Pompey?

Few people have had as many words written about them down through the centuries as Julius Caesar—the brilliant general who made Queen Cleopatra of Egypt his mistress. He has captured the imagination of playwrights, historians, soldiers, and emperors.

Little has been written about his ally, son-in-law, and eventual enemy Pompey the Great, who crashed onto the Roman scene as a victorious twenty-three-year-old general and who, at the height of his career, was arguably more famous, more popular, and more successful than Caesar.

Caesar Versus Pompey tells the parallel life stories of Julius Caesar and Pompey the Great, as their lives and loves became intertwined and interdependent, as they grew from rivals to partners, then from joint rulers to warring foes. One strove to preserve the Roman Republic, the other destroyed it.

Contributor Bio

Stephen Dando-Collins is the multi-award-winning author of forty-eight books, including biographies and nonfiction works on ancient Rome, Greece, and Persia, as well as American, British, French, and Australian history including World War I and World War II. These works focus on military history, with Stephen considered an authority on the legions of imperial Rome. He has also written several successful novels and children's novels. His books are widely published in the US, UK, Canada, Australia, and New Zealand, and they appear in translation in Spain, Italy, Poland, the Netherlands, Albania, Russia, Korea, and Latin America.

Quotes

"A triumph! At first blush, it might be easy to think this story has been told. But the story that's told is incomplete. Too often, Pompey the Great stands in the shadows of Julius Caesar. In *Caesar Versus Pompey*, Stephen Dando-Collins invites Pompey to step out of the shadows and stand in the light, shoulder to shoulder with Caesar. The story



Princeton University Press
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Hardcover

232 Pages
14 b/w illus.
Science / Physics
SCI033000
8.5 in H | 5.5 in W
Status: **ACTIVE**

The Beauty of Falling

A Life in Pursuit of Gravity

Claudia de Rham

Summary

A world-renowned physicist seeks gravity's true nature and finds wisdom in embracing its force in her life

Claudia de Rham has been playing with gravity her entire life. As a diver, experimenting with her body's buoyancy in the Indian Ocean. As a pilot, soaring over Canadian waterfalls on dark mornings before beginning her daily scientific research. As an astronaut candidate, dreaming of the experience of flying free from Earth's pull. And as a physicist, discovering new sides to gravity's irresistible personality by exploring the limits of Einstein's general theory of relativity. In *The Beauty of Falling*, de Rham shares captivating stories about her quest to gain intimacy with gravity, to understand both its feeling and fundamental nature. Her life's pursuit led her from a twist of fate that snatched away her dream of becoming an astronaut to an exhilarating breakthrough at the very frontiers of gravitational physics.

While many of us presume to know gravity quite well, the brightest scientists in history have yet to fully answer the simple question: what exactly is gravity? De Rham reveals how great minds—from Newton and Einstein to Stephen Hawking, Andrea Ghez, and Roger Penrose—led her to the edge of knowledge about this fundamental force. She found hints of a hidden side to gravity at the particle level where Einstein's theory breaks down, leading her to develop a new theory of "massive gravity." De Rham shares how her life's path turned from a precipitous fall to an exquisite flight toward the discovery of something entirely new about our surprising, gravity-driven universe.

Contributor Bio

Claudia de Rham is professor of theoretical physics at Imperial College London and a member of the American Academy of Arts and Sciences. The recipient of numerous prizes and awards, she is ranked among the most influential researchers in fundamental physics of the past decade.

Quotes

"Those who enjoy the work of James Gleick and Brian Greene will find [*The Beauty of Falling*] an intriguing read. At the leading edge of science, this book combines innovative research with a personal story." -Kirkus Reviews

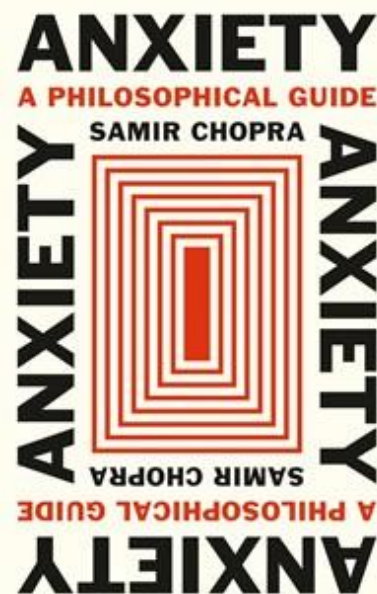
"'What exactly is gravity?' is the question that drives Claudia de Rham's explorations of the puzzling, irresistible force that governs our universe. This part-memoir, part-textbook begins with a crash course in gravity's fundamental nature, from Newton and Galileo to black holes and dark energy. . . . The best moments, though, are when de Rham recounts her own interfaces with gravity—as a scuba diver, pilot, aspiring astronaut and theoretical physicist—giving this force an alluring personality."---**Lucy Tu, *Scientific American***

"An excellent primer."---**Dylan Neri, *The Spectator***

Unpublished Endorsements

"A wonderfully clear, right up-to-date account of gravity and what we have learned about it and from it."—**Jocelyn Bell Burnell, visiting professor, University of Oxford**

"In this engaging firsthand account, de Rham brings the story of gravity to life, sharing her deep insights into its fundamental nature. From her highly expert vantage point, she elegantly intersperses the fascinating science with her own life story and her quest



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Hardcover

208 Pages
Philosophy / Mind & Body
PHI015000

8.5 in H | 5.5 in W
Status: **ACTIVE**

Anxiety

A Philosophical Guide

Samir Chopra

Summary

How philosophy can teach us to be less anxious about being anxious by understanding that it's an essential part of being human

Today, anxiety is usually thought of as a pathology, the most diagnosed and medicated of all psychological disorders. But anxiety isn't always or only a medical condition. Indeed, many philosophers argue that anxiety is a normal, even essential, part of being human, and that coming to terms with this fact is potentially transformative, allowing us to live more meaningful lives by giving us a richer understanding of ourselves. In *Anxiety*, Samir Chopra explores valuable insights about anxiety offered by ancient and modern philosophies—Buddhism, existentialism, psychoanalysis, and critical theory. Blending memoir and philosophy, he also tells how serious anxiety has affected his own life—and how philosophy has helped him cope with it.

Chopra shows that many philosophers—including the Buddha, Kierkegaard, Nietzsche, Freud, and Heidegger—have viewed anxiety as an inevitable human response to existence: to be is to be anxious. Drawing on Karl Marx and Herbert Marcuse, Chopra examines how poverty and other material conditions can make anxiety worse, but he emphasizes that not even the rich can escape it. Nor can the medicated. Inseparable from the human condition, anxiety is indispensable for grasping it. Philosophy may not be able to cure anxiety but, by leading us to greater self-knowledge and self-acceptance, it may be able to make us less anxious about being anxious.

Personal, poignant, and hopeful, *Anxiety* is a book for anyone who is curious about rethinking anxiety and learning why it might be a source not only of suffering but of insight.

Contributor Bio

Samir Chopra is a philosophical counselor and professor emeritus of philosophy at Brooklyn College and the Graduate Center of the City University of New York. He is the author and coauthor of many books, including *Shyam Benegal: Philosopher and Filmmaker*, *A Legal Theory for Autonomous Artificial Agents*, and *Eye on Cricket: Reflections on the Great Game*. His essays have appeared in the *Nation*, the *Los Angeles Review of Books*, *Aeon*, *Psyche*, and other publications.

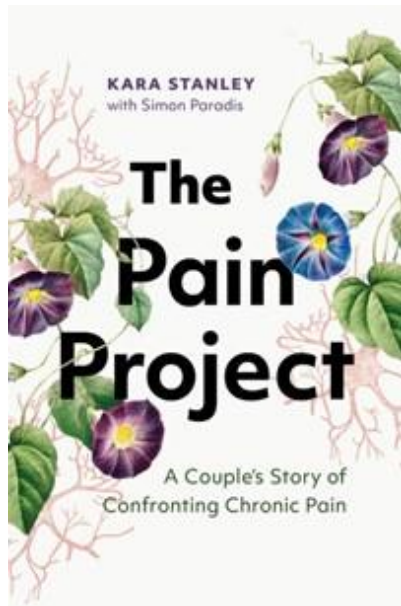
Quotes

"Readers will appreciate Chopra's lucid explanations and refreshing assertion that anxiety is an inherent part of being human that doesn't necessarily need fixing. . . . This carefully considered assessment of a 'universal, perennial human condition' provides plenty of food for thought." -Publishers Weekly

"Chopra has composed a graceful account of the intrinsic relationship between philosophy and anxiety—and how it compels us to question the very meaning of our existence. The aim of this unique book is not to calm our inner seas, but to provide tools for reinterpreting our relation to the anxiety that drives us to the clinic and the medicine cabinet. Chopra has hit the bull's eye."---**Gordon Marino, *LitHub***

"Chopra is right to want to normalize the anxiety that people really do feel, saying that it is wrong to think that mental health consists in being anxiety-free. His basic therapeutic advice—not to push anxiety away but "to see what it 'points to' "—is also spot-on . . . a good primer on the major philosophers of anxiety"---**Julian Baggini, *Wall Street Journal***

Unpublished Endorsements



Greystone Books
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 \$19.95/£15.99 UK
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 Trade Paperback

336 Pages
 Carton Qty: 36
 Biography & Autobiography
 / Medical (incl. Patients)
 BIO017000
 21.6 cm H | 14 cm W
 Status: **ACTIVE**

Related Products

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9781771648417

The Pain Project

A Couple's Story of Confronting Chronic Pain

Kara Stanley, Simon Paradis

Key Selling Points

TARGET AUDIENCE: People suffering from chronic pain and their caregivers; readers of *The Body Keeps the Score* and *The Way Out*, as well as readers of literary memoirs about illness and trauma such as *The Empathy Exams* and *What My Bones Know*.

INSIGHTFUL PORTRAIT OF PAIN: A thoughtful exploration of chronic pain, and how complex of a phenomenon it is.

PERSONAL STORY: Combines Kara and Simon's quest to find relief for Simon's pain, alongside a broader and in-depth examination of chronic pain.

CUTTING-EDGE PAIN RESEARCH: *The Pain Project* explores the new and emerging developments in pain science and treatment.

WIDE APPEAL: Around 20% of American adults experience chronic pain.

UNIQUE PERSPECTIVE: Written by the spouse of a pain-sufferer, an underrepresented perspective many caregivers and family members can relate to.

Summary

"The Pain Project is ironically full of pleasure: on every page is another generous, original insight into this most intimate human subject."—NAOMI KLEIN, author of *Doppelganger*

"The Pain Project is a beautiful, humane, thoughtful inquiry into the challenge of living with chronic pain and how Stanley and Paradis navigate its impact on their lives. This is a tough subject but a joyful book; it takes on a daunting topic with heart and humor and determination. It's wonderful."—SUSAN ORLEAN, author of *The Orchid Thief* and *The Library Book*

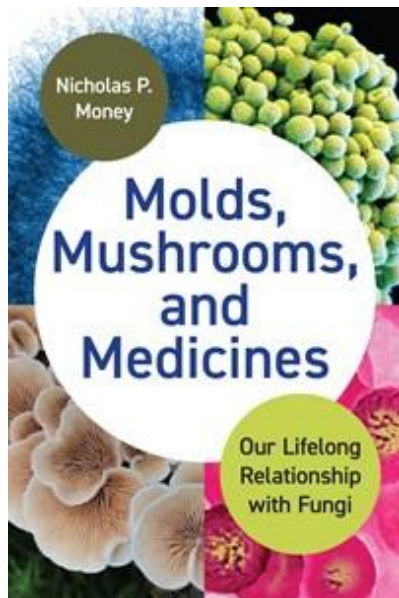
Ten years after her husband's catastrophic injury, author Kara Stanley embarks with him on a journey to understand his chronic pain and find pathways into joy and relief.

Kara and her husband, Simon, are at a desperate crossroads. In 2008, Simon fell off a scaffold, causing severe injuries to his brain and spinal cord. He made a remarkable recovery, eventually adjusting to life in a wheelchair and returning to his career as a musician, but he continues to suffer from debilitating pain that is beginning to strip away his selfhood.

On the ten-year anniversary of the accident, Kara and Simon decide to confront Simon's pain head-on by committing to a personal experiment. For one year, they will focus on researching, interviewing experts, and exploring both new, and age old, pain relief strategies. A decade ago, Simon was prescribed the pain-relieving drug hydromorphone. Can he discover an alternate therapeutic approach that is at least as effective as daily doses of opioids?

As they navigate a difficult year, Kara's tenacity and Simon's wit shine through in their honest conversations, insightful journal entries, and affectionate banter. Throughout, they seek answers to profound questions about the nature of suffering and pain:

- Is it helpful to conceptualize pain as a disease, or not?
- What does it mean to understand that pain is always a creation of the brain?



Molds, Mushrooms, and Medicines

Our Lifelong Relationship with Fungi

Nicholas P. Money

Summary

The hidden role of fungi inside and all around us

From beneficial yeasts that aid digestion to toxic molds that cause disease, we are constantly navigating a world filled with fungi. *Molds, Mushrooms, and Medicines* explores the amazing ways fungi interact with our bodies, showing how our health and well-being depend on an immense ecosystem of yeasts and molds inside and all around us.

Nicholas Money takes readers on a guided tour of a marvelous unseen realm, describing how our immune systems are engaged in continuous conversation with the teeming mycobiome inside the body, and how we can fall prey to serious and even life-threatening infections when this peaceful coexistence is disturbed. He also sheds light on our complicated relationship with fungi outside the body, from wild mushrooms and cultivated molds that have been staples of the human diet for millennia to the controversial experimentation with magic mushrooms in the treatment of depression.

Drawing on the latest advances in mycology, *Molds, Mushrooms, and Medicines* reveals what scientists are learning about the importance of fungi to our lives, from their vital role in supporting the ecosystems on which we depend to their emerging uses in lifesaving medicine.

Contributor Bio

Nicholas P. Money is professor of biology at Miami University in Ohio and the author of many books, including *The Rise of Yeast: How the Sugar Fungus Shaped Civilization*, *Mushrooms: A Natural and Cultural History*, and *Microbiology: A Very Short Introduction*.

Quotes

"This book is everything any decent person would want to know about fungus, and by the time Money gets into full swing, even the most reluctant reader will want to know more."---**Steve Donoghue, *Open Letters Review***

"What a fine book! . . . Nicholas Money writes with a fluid, easy style and like so many scientists today displays a superb ability to inject snippets of wry humour into serious discussion."---**David Gascoigne, *Travels with Birds***

Unpublished Endorsements

"An amazing tour of the world of fungi—a realm that is more entwined with the lives of humans than we realize."—**Alanna Collen, author of *10% Human: How Your Body's Microbes Hold the Key to Health and Happiness***

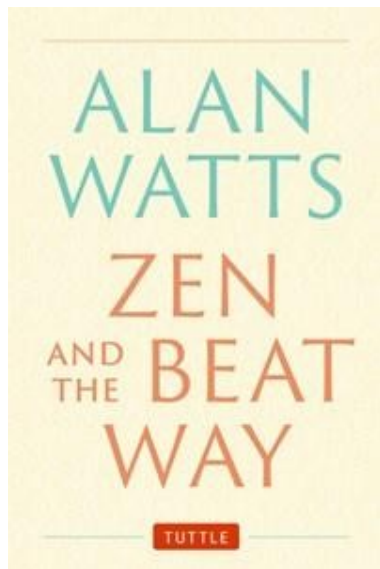
"A scintillating account of our inseparable relationships with fungi, both within and outside the body. Money's compelling blend of social history and the latest mycological research, told with his signature wry wit, will leave you both astonished and squirming."—**Alison Pouliot, author of *Meetings with Remarkable Mushrooms: Forays with Fungi across Hemispheres***

"With an encyclopedic knowledge, a contagious curiosity, and a great sense of humor, Nicholas Money has written another wonderful guide to the fantastic world of fungi. Yet this time, we look within and upon the human body to explore the teeming fungal diversity that shapes our daily existence in ways that remain powerful yet mysterious."—**Michael J. Hathaway, author of *What a Mushroom Lives For***

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Science / Life Sciences
SCI094000

9.3 in H | 6.1 in W
Status: **ACTIVE**



Zen and the Beat Way

(Zen Teachings of Alan Watts)

Alan Watts

Key Selling Points

- This book collects six essays that present the Zen teachings of Alan Watts from the perspective of the Counterculture movements of the 1950s and 1960s
- Alan Watts was a seminal figure in Buddhist studies who aired a series of national radio talks during the 1960s and published over 20 books on Eastern religion and spirituality
- Watts is widely remembered today as an icon of the Beat and Counterculture movements, bringing Eastern thought to bear in his personal philosophy and those of many others
- 2023 was the 50th anniversary of Alan Watts' death
- This new edition features a new typesetting in a gifty hardcover format

Summary

"Everything disappears into nothing at all, but out of that same nothing at all come all the new things, forever and ever." —Alan Watts

When Jack Kerouac wrote his novel *Dharma Bums*, his views on Zen Buddhism echoed the sentiments of the Beat Generation, who found in Zen a way of life unencumbered by the limits of "square" society. And it was the philosopher Alan Watts who first wrote and spoke about Zen and Eastern culture in terms accessible to mainstream Western audiences. Watts was an engaging speaker and an icon of America's Beat and Counterculture movements who named among his friends Aldous Huxley, Lawrence Ferlinghetti, John Cage, and Joseph Campbell.

Through his popular radio series *Way Beyond the West*, Alan Watts presented the practical side of Zen, which he described as "a cure for education and culture." By the early sixties, his radio programs were renowned for their synthesis of Eastern wisdom and everyday life.

Watts' teachings during an era of turmoil and political strife are as timely today as they were over 50 years ago. The fascinating essays in this collection include:

- **"The Beat Way of Life"** How the Beats lived an uncomplicated Zen life and despite being denigrated as worthless slackers, like Eastern thinkers, they actively pursued "an arduous course of spiritual and psychological discipline"
- **"Return to the Forest"** How the popular works of the writer Joseph Campbell influenced the earliest Beat traditions by advocating the internal search for individual truth over learned schools of thought
- **"The Democratization of Buddhism"** How Buddhism is actually a "religion of no-religion," that conveys the spiritual through the everyday and the ordinary and recognizes no division between the two

This book is an engaging introduction to Watts' fascinating and enduring Zen teachings.

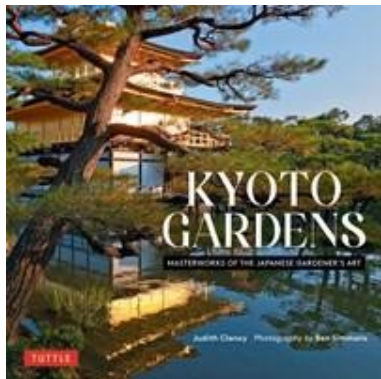
Contributor Bio

Alan Watts (1915-1973) was a former Episcopal priest, born in London in 1915. He came to the U.S. in the 1930s, where he would become a scholar of Eastern religions. He moved to San Francisco in 1951 where he began teaching Buddhist studies, and in 1956 began his popular radio show, *Way Beyond the West*. By the early 1960s, Alan's radio talks aired nationally and the counterculture movement adopted him as a spiritual spokesperson. He went on to write more than twenty other books. He died in 1973.



Tuttle Publishing
9784805317068
A\$24.99
Hardcover with dust jacket

144 Pages
Carton Qty: 40
Religion / Buddhism
191mm H | 127mm W
Status: **FORTHCOMING**



Tuttle Publishing
9784805315965
A\$32.99
Hardcover with dust jacket

144 Pages
400 color photographs of 30
gardens
Carton Qty: 16
Gardening / Japanese Gardens
203mm H | 203mm W
Status: **FORTHCOMING**

Kyoto Gardens

Masterworks of the Japanese Gardener's Art

Judith Clancy, Ben Simmons

Key Selling Points

- 30 gardens organized by district in a counterclockwise tour around the ancient city of Kyoto
- Maps of the garden locations allow you to plan your trip
- Read a historical glimpse with details on the myths, flowers, ancient gardening techniques used
- These gardens are unlike anything you see anywhere else in the world
- This new edition with new photography by award winning Photographer Ben Simmons

Summary

"Bring the art and beauty of Japan to your garden with inspiration from Kyoto Gardens." —HGTV Gardens

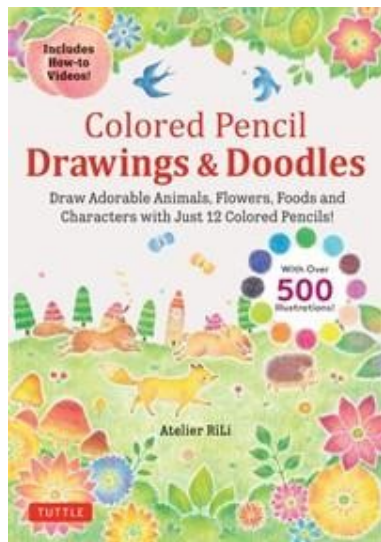
By design, Kyoto's gardens possess a unique ability to provoke deep contemplation and joy in equal measure. This book is a labor of love from master photographer Ben Simmons and longtime Kyoto-based writer Judith Clancy. It contains lyrical images and poetic essays describing Kyoto's most famous gardens—most of them now UNESCO World Heritage Sites, including:

- **Kyoto's Old Imperial Palace Garden**—A massive walled complex filled with flowering plants, trees and buildings which served as the official residence of the Japanese emperor for over 500 years before 1868 and is now a public park.
- **Heian Jingu Shrine Garden**—Constructed on the site of the ancient capital and filled with lush greenery, ponds, rocks, bridges and pavilions which float above the water, providing a sense of tranquility and natural beauty.
- **Ginkaku-ji Pure Land Garden**—An earthly paradise featuring a massive truncated mound of packed sand that is resculpted by hand daily, this site was originally designed as a private villa by one of Kyoto's rulers then turned into a Zen Buddhist temple upon his death.
- **Kinkaku-ji Estate Garden**—Perhaps Kyoto's most recognizable sight, a Golden Pavilion perched on the edge of a tranquil pond on whose smooth surface are reflected beautiful rocks and cypress trees placed all around it.
- **Ryoan-ji Zen Rock Garden**—The purest expression of a world in miniature, expressed as a sea of raked gravel with islands of natural stone and moss set in its midst, walled off from the outside world to provide a place for meditation and contemplation.
- **Saiho-ji Moss Garden**—Famed for its moist and soft, shimmering green covering of moss, this unique estate was designed in the 14th century and radically altered the art of the Japanese garden.
- **Tofuku-ji Zen Garden**—An ancient temple site which contains some of the best examples of a new "contemporary" gardening style pioneered by Mirei Shigemnori in the early 20th century, featuring enormous rocks set in a sea of raked gravel and irregular checkboard squares set in a soft bed of moss ringed by azalea bushes.
- **Plus two dozen other masterful gardens!**

Simmons' sensitive photos present a fresh, contemporary look at these timeless gardens while Clancy's graceful descriptions provides historic, aesthetic and cultural context. This new edition has been updated and revised, with many new photographs added.

Contributor Bio

Judith Clancy has lived in Kyoto for more than 50 years, writing and teaching about



Tuttle Publishing
9784805317952
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Trade Paperback

128 Pages
over 500 full-color illustrations and
online how-to videos
Carton Qty: 20
Art / Techniques
254mm H | 178mm W
Status: **FORTHCOMING**

Colored Pencil Drawings & Doodles

Draw Adorable Animals, Flowers, Foods and Characters with Just 12 Colored Pencils! (Over 500 illustrations + How-to Videos!)

Atelier RiLi

Key Selling Points

- An inspiring book by an award-winning illustrator containing hundreds of drawings, projects and activities for artists of all ages
- The lessons and examples feature people, pets and wild animals, flowers, plants and fungi, foods, everyday items, holiday motifs, architecture and lettering
- Requires only a set of 12 inexpensive colored pencils plus plain paper, making it easy for anyone to enjoy using this book
- Vibrant motifs will appeal to doodlers of all ages—ranging from kids' school notebooks and projects to scrapbooks, sketchbooks, business cards and invitations for adults
- Includes over 20 QR codes linking to how-to videos showing readers exactly how to create the colorful drawings in the book
- Additional downloadable pages which readers can retrieve and print using another QR code

Summary

Enter a world of endless creativity and whimsy with this must-have guide to creating charming and decorative drawings!

Transform your journals, cards, gifts and place settings into a "canvas of cuteness" with adorable colored pencil drawings. There's no need for expensive art supplies—these delightful doodles are brought to life with just 12 inexpensive pencils! The whimsical examples in this book will get you excited about drawing everything from baguettes and mushrooms and cherry blossoms to bluebirds, macarons, calico cats and more—including holiday motifs and colorful lettering!

Even if you've always thought "I can't draw," you can approach these 21 lessons with the confidence of knowing that the step-by-step instructions and demonstration videos provide all the support you need to start enjoying this wonderful pastime right away.

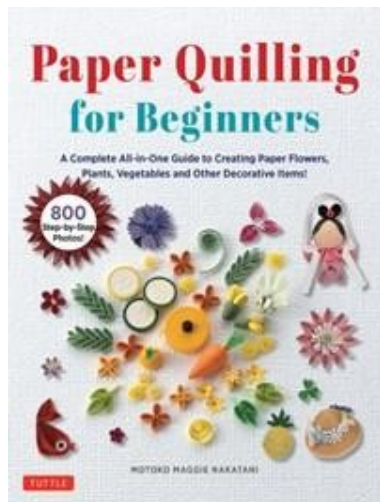
Get ready to draw adorable motifs like the following:

- **Cuddly creatures** from charming kitties to lovable hedgehogs and forest animals. You'll be amazed how easy it is to draw their sweet expressions, soft fur and whiskers!
- **Brightly colored flowers and plants** — a botanical bounty awaits, from vibrant tulips and romantic roses to lucky clovers and creeping ivy!
- **Irresistible foods** from luscious cupcakes, crusty French bread and juicy strawberries to other treats that look good enough to eat!
- **And so much more** — bright ribbons, elegant seashells, enchanting castles and motifs to celebrate each season of the year

These playful drawings will add splashes of color and flair to correspondence, sketchbooks and more, and are a perfect way to decorate your spaces or create personalized gifts!

Contributor Bio

Atelier RiLi is a multi-award-winning Japanese illustration studio which focuses on picture-book illustration and other freelance illustration work. They have illustrated dozens of books, and their artwork has appeared in numerous advertisements and on a range of commercial products. Their work has been exhibited throughout Japan in solo exhibits, group exhibits and other special events.



Tuttle Publishing
9780804857666
A\$32.99
Hardcover Paper over boards

96 Pages
Over 30 projects; over 800
step-by-step color photos
Carton Qty: 20
Crafts & Hobbies / Papercrafts
279mm H | 216mm W
Status: **FORTHCOMING**

Paper Quilling for Beginners

A Complete All-in-One Guide to Creating Paper Flowers, Plants, Vegetables and other Decorative Items!

Motoko Maggie Nakatani

Key Selling Points

- An all-in-one guide to making 30 projects comprised of 75 adorable paper quilled objects with easy-to-follow photographic instructions
- The quilled objects in this book comprise a wide range of subjects, including flowers, vegetables, herbs, fruit, decorative tiles, butterflies, hearts and Japanese dolls, lions and masks
- Long-lasting quilled paper objects are a perfect way to brighten up your life with colorful, inexpensive decorative items and accessories
- Author Motoko Maggie Nakatani, one of the world's top quilling experts, travels extensively outside Japan and is the Japanese representative to the North American Quilling Guild

Summary

Create beautiful paper flowers, vegetables and decorative items with this comprehensive quilling guide for beginners!

Under the expert guidance of Japanese quilling artist Motoko Maggie Nakatani, one of the world's top paper quilling experts, you will learn how to make many wonderful paper objects with just a few inexpensive tools and paper strips. Maggie's simple roll-shape-and-paste paper quilling method is ideal for beginners—allowing you to form dozens of shapes and objects easily.

Paper Quilling for Beginners provides all the information needed to take up this relaxing and useful hobby. The book features easy-to-follow, step-by-step photographic instructions for 75 projects, including:

- **Frisly flowers** with ornate petals and leaves which make sweet and romantic decorations!
- **Colorful vegetables, herbs and fruits** that look lovely on your kitchen wall or containers!
- **Decorative tiles** with fancy whorls and flourishes that can be framed to add a splash of kaleidoscopic color to any room
- **Japanese dolls, lions and masks** which add a touch of Asian flair to miniature hoop frames and shadow box arrangements
- **Delicate butterfly and heart brooches** and other one-of-a-kind wearable art pieces that add the perfect finishing touch to any ensemble
- **And dozens of other delightful projects!**

This complete how-to guide has templates as well as information on how to display and use your finished creations—as framed displays, handmade cards, accessories, bouquets and personal accessories.

Contributor Bio

Motoko Maggie Nakatani discovered her love of quilling when she opened a toy and candy shop in Kobe, Japan. She taught herself to quill and began importing quilling tools and materials to sell in her shop. After attending her first North American Quilling Guild convention, she was inspired to offer quilling classes customers. Maggie is now the lead instructor for Botanical Quilling Japan, a group that focuses on the seasonal beauty of plants and flowers. She is also a founding member of the Japan Quilling Guild and the Japanese representative to the North American Quilling Guild.

Marketing Plans



Tuttle Publishing
9780804857390
NZ\$16.99
Loose leaf Sheets Only

12 patterns; 5 projects
Carton Qty: 40
Crafts & Hobbies / Origami
210mm H | 210mm W
Status: **FORTHCOMING**

Origami Paper 100 sheets Cherry Blossoms 8 1/4" (21 cm)

Extra Large Double-Sided Origami Sheets Printed with 12 Different Color Combinations (Instructions for 5 Projects Included)

Tuttle Studio

Key Selling Points

- High-quality, double-sided folding papers
- Printed with 12 unique Cherry Blossom patterns on one side and a matching solid color on the back
- Large sheets (8.25 x 8.25 in)
- Includes a booklet with folding instructions for 5 origami projects

Summary

This paper pack contains 100 large (8.25 inch) origami sheets printed with beautiful Cherry Blossom patterns on one side and coordinating colors on the back.

These colorful origami papers were developed to enhance the creative work of origami artists and paper crafters. The pack contains 12 unique color combinations, with coordinating colors printed on both sides provide aesthetically pleasing combinations in origami models that show both the front and back.

This origami paper pack includes:

- 100 sheets of high-quality origami paper
- 12 unique color combinations
- Double-sided color
- 8.25 x 8.25 inch (21 cm) sheets
- Step-by-step instructions for 5 easy-to-fold origami projects.

Inspired by Traditional Japanese Artwork: In Japanese art and culture, cherry blossoms (or *sakura*) historically have symbolized nature's transience. They also represent springtime, renewal or fresh starts, beauty and strength, and romance. In fact, cherry blossoms are such a powerful motif in Japan that it is customary for people to participate in *ohanami* ("flowering viewing") at the beginning of every spring. During *ohanami* people have picnics in parks to celebrate the changing season and observe gorgeous cherry blossoms blooming.

Contributor Bio

Tuttle Studio draws inspiration from the modern and traditional cultures of Asia to create its language workbooks and resources, journals, stationery, gift wrapping products and origami paper. It is a division of Tuttle Publishing, a leading publisher of books on the languages, history, art and cultures of Asia. The company was founded in 1832 in Rutland, Vermont (USA) and opened a branch in Tokyo, Japan in 1948.

Illustrations



Tuttle Publishing
9780804857406
A\$16.99
Loose leaf Sheets Only

12 patterns; 5 projects
Carton Qty: 40
Crafts & Hobbies / Origami
210mm H | 210mm W
Status: **FORTHCOMING**

Origami Paper 100 sheets Colorful Patterns 8 1/4" (21 cm)

Extra Large Double-Sided Origami Sheets Printed with 12 Different Color Combinations (Instructions for 5 Projects Included)

Tuttle Studio

Key Selling Points

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This paper pack contains 100 high-quality, large (8.25 inch) origami sheets printed with beautiful colorful patterns on one side with coordinating colors on back.

This origami paper pack includes:

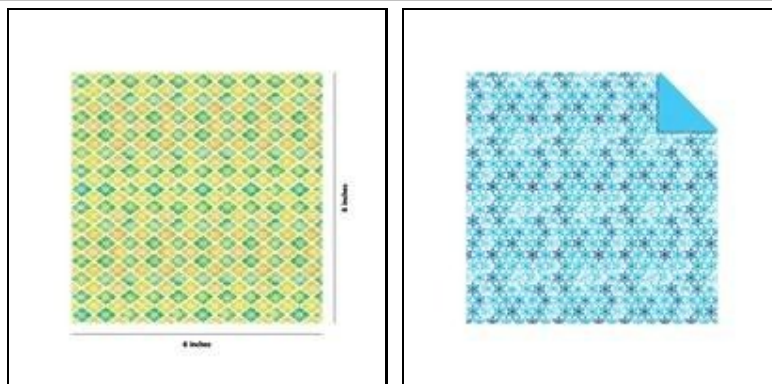
- 100 sheets of high-quality origami paper
- 12 unique color combinations
- Double-sided color
- 8.25 x 8.25 inch (21 cm) sheets
- Step-by-step instructions for 5 easy-to-fold origami projects.

These colorful origami papers were developed to enhance the creative work of origami artists and paper crafters. The pack contains 12 unique color combinations, with coordinating colors printed on both sides provide aesthetically pleasing combinations in origami models that show both the front and back.

Contributor Bio

Tuttle Studio draws inspiration from the modern and traditional cultures of Asia to create its language workbooks and resources, journals, stationery, gift wrapping products and origami paper. It is a division of Tuttle Publishing, a leading publisher of books on the languages, history, art and cultures of Asia. The company was founded in 1832 in Rutland, Vermont (USA) and opened a branch in Tokyo, Japan in 1948.

Illustrations





Tuttle Publishing
9780804857307
A\$24.99

8 different designs (2 cards each),
Cards are 4 1/2 x 3 inch (11.4 x
7.6 cm), mailable envelopes are 5
x 3 1/2 inch (12.7 x 8.9)

Carton Qty: 24
Non-Classifiable

152mm H | 102mm W
Status: **FORTHCOMING**

16 Thank You Cards Watercolor Flowers

4 1/2 x 3 inch blank cards in 8 Lovely Designs (2 each) with 16 Envelopes
Tuttle Studio

Key Selling Points

- 16 blank note cards + envelopes, featuring 8 different watercolor flower designs
- Size of card: 4.5 x 3 inch (114 x 76 mm)
- Size of envelope: 127 x 89 mm (closed size)
- 8 designs x 2 cards each
- Sealable white envelopes meet USPS requirements
- "Thank you" across the front, blank inside

Summary

These bright and cheerful note cards feature 8 stunning bold watercolor flower designs.

Blank inside, and with "thank you" on the front, these cards will convey a heartfelt message of gratitude.

This note card set includes:

- 16 thank you note cards — 4.5 x 3 inch (114 x 76 mm)
- 8 unique designs
- 16 sealable white envelopes (meet US Postal requirements for mailing with a standard stamp)

Contributor Bio

Tuttle Studio draws inspiration from the modern and traditional cultures of Asia to create its language workbooks and resources, journals, stationery, gift wrapping products and origami paper. It is a division of Tuttle Publishing, a leading publisher of books on the languages, history, art and cultures of Asia. The company was founded in 1832 in Rutland, Vermont (USA) and opened a branch in Tokyo, Japan in 1948.

Illustrations





Tuttle Publishing
9780804856836
A\$24.99

8 different designs (2 cards each),
Cards are 4 1/2 x 3 inch (11.4 x
7.6 cm), mailable envelopes are 5
x 3 1/2 inch (12.7 x 8.9)

Carton Qty: 24
Non-Classifiable

152mm H | 102mm W
Status: **FORTHCOMING**

16 Thank You Cards Japanese Designs

4 1/2 x 3 inch blank cards in 8 Lovely Designs (2 each) with 16 Envelopes

Tuttle Studio

Key Selling Points

- 16 blank note cards + envelopes, featuring 8 different Japanese ceramic inspired designs
- Size of card: 4.5 x 3 inch (114 x 76 mm)
- Size of envelope: 127 x 89 mm (closed size)
- 8 designs x 2 cards each
- Sealable white envelopes meet USPS requirements
- "Thank you" across the front, blank inside

Summary

This charming set of thank you cards features 8 stunning Japanese designs inspired by the timeless blue & white ceramics of the Hizen wares from the Nabeshima kiln.

Blank inside, and with "thank you" on the front, these cards will convey a heartfelt message of gratitude, great for any occasion from birthdays to holidays.

This note card set includes:

- 16 thank you note cards — 4.5 x 3 inch (114 x 76 mm)
- 8 unique designs
- 16 sealable white envelopes (meet US Postal requirements for mailing with a standard stamp)

About the Designs

The elegant blue & white ceramic designs featured in this set are sourced from the wares created in the Hizen region in Kyushu, a place which held significant importance in the early porcelain industry of Japan. The exclusive Nabeshima type ceramics were often presented as annual tributes to the shogun in Edo (modern-day Tokyo). The vibrant design depicting jars on these dishes and ceramics exemplify the renowned craftsmanship and vibrant hues typical of Nabeshima kiln porcelain, reflecting meticulous attention to detail and exceptional quality standards.

Contributor Bio

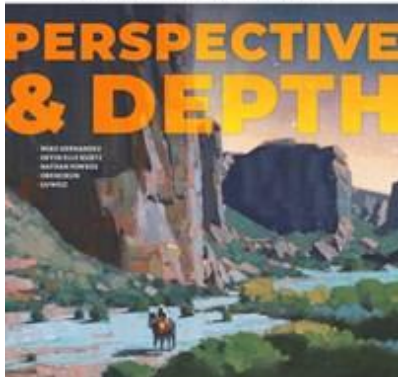
Tuttle Studio draws inspiration from the modern and traditional cultures of Asia to create its language workbooks and resources, journals, stationery, gift wrapping products and origami paper. It is a division of Tuttle Publishing, a leading publisher of books on the languages, history, art and cultures of Asia. The company was founded in 1832 in Rutland, Vermont (USA) and opened a branch in Tokyo, Japan in 1948.

Illustrations





ARTISTS' MASTER SERIES



Artists' Master Series: Perspective and Depth

Mike Hernandez, Devin Elle Kurtz, Nathan Fowkes, Orenji

Key Selling Points

KEY SELLING POINTS:

- Artists' Master Series features the first enthusiast's how-to books on the market to take art beyond the basics to a significantly more advanced level, in both content and presentation
- The elevated series deals with one topic per book, in this case perspective and depth, allowing each title and the artists involved to thoroughly explore techniques for the more advanced enthusiast's benefit
- As testament to 3dtotal's ongoing relationships with the industry's most talented and popular artists, the series includes specially commissioned, step-by-step tutorials by best-selling artists from around the world – Mike Hernandez, Devin Elle Kurtz, Nathan Fowkes, Orenji, and Guweiz
- Further tips and tricks from those experts give readers a still deeper insight into how they create their own art
- The select mix of high-profile, tried-and-tested contributors ensures variety and wide appeal while keeping the content consistently best-in-class
- Recognizable names, combined with the strong tutorial element, makes the book highly desirable as well as essential – a want and a need for ambitious artists

TARGET AUDIENCE:

- Intermediate and advanced art enthusiasts seeking to take a deeper dive to master aspects of art than the current market offers
- Artists who want to tap into a professional artist's methods in a more thorough way than an "Art of..." book would allow
- Younger artists and students who want access to the work of several world-class artists in one relatively affordable volume
- Professional artists keeping up to date with the methods and work of their peers
- Contributors' established fans keen to collect their featured work

Summary

This third title in the highly popular Artist Master Series from 3dtotal Publishing offers a comprehensive guide to using perspective and depth successfully in your art, with direction from world-class artists.

As an established authority on art and design with a growing stable of high-calibre artist-authors, 3dtotal Publishing is uniquely placed to produce Artists' Master Series. Launched in 2021 with Artists' Master Series: Color & Light, and followed up by Artists' Master Series: Composition & Narrative, the series reaches its third volume with an exciting and considered analysis of the theories of perspective and depth within art.

No matter what medium you work in, this combination can be the driving force that elevates art from "good" to "world-class". This book takes these fundamentals and pushes them to an advanced level of understanding and application. To achieve this ambitious brief, a select few, hugely popular industry experts – Mike Hernandez, Devin Elle Kurtz, Nathan Fowkes, Orenji, and Guweiz – reveal how they plan and execute these techniques.

Their in-depth illustrated advice, detailed step-by-step tutorials, enlightening case studies, and awe-inspiring inspiration provide a distinctive and invaluable blend of

3DTotal Publishing
9781912843831
1912843838

Pub Date: 23/07/2024
On Sale Date: 23/07/2024
\$50.00/£32.00 UK
Discount Code: HC
Hardcover

304 Pages
Black&white and color illustrations
throughout
Carton Qty: 20
Art / Techniques
ART028000
Series: Artists' Master Series

29.7 cm H | 20.8 cm W
Status: **FORTHCOMING**



Red Wheel
9781578638345
1578638348
Pub Date: 5/08/2024
On Sale Date: 5/08/2024
\$22.95
Cards

96 Pages
78 Full Color card images
Body, Mind & Spirit / Divination
OCC024000
13.3 cm H | 8.3 cm W
Status: **FORTHCOMING**

Related Products

Display

Stranger Things Tarot Deck and
Guidebook 9781647227432
\$27.99

Tarot of the Unexplained

A Deck of Cryptids, Ghosts, UFOs and Other Urban Oddities (78 Cards and 96-Page Full-Color Booklet)

Davezilla

Key Selling Points

- UFO-, ghost-, and cryptid-hunting shows have become the most heavily-watched programs on television
- This is a fun, quirky-both serious and tongue-in-cheek-exploration of unexplained phenomena as a means to divine the future. "The tarot deck Fox Mulder would have wanted."
- Author/creator is an experienced media marketing expert
- Silver gilded card edges.
- Recent shows/movies with tie ins: Beetlejuice (coming Sept 2024), Wednesday, Stranger Things, Evil (Paramount Plus), Locke & Key, Midnight Academy

Summary

A fun, quirky exploration of unexplained phenomena as a means to divine the future. The tarot deck Fox Mulder would have wanted.

We are living in strange times. The US Navy has admitted to the existence of UFOs. Our government has been studying cryptids at Skinwalker Ranch. The CIA-sponsored Stargate Project used remote viewers with ESP to spy on other nations. Ghost- and cryptid-hunting shows have become the most heavily watched programs on television. And experts in the paranormal and quantum physics fields are arriving at the same conclusion: All of these seemingly disparate phenomena are related.

Strange times call for strange tools. *Tarot of the Unexplained* was conceived and designed to represent the most commonly seen and experienced and yet unexplained phenomena: apparitions, Fortean phenomena, and cryptids. It incorporates these modern concerns as suits: Wands, Swords, Cups, and Pentacles become Sasquatch knocking sticks, Ghosts, Portals, and Flying Saucers. Pages have become Fans, Knights are now Hunters, Queens are Advocates, but Kings are Skeptics, and their role is to take a hard look at the situation and ensure you aren't letting your imagination escalate things.

This is a deck that embraces the diversity and weirdness of the 21st century.

Embrace the weirdness. You're not alone.

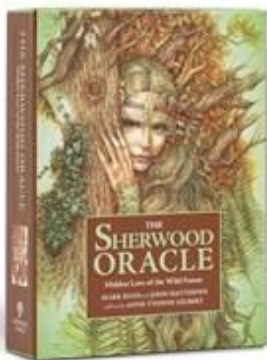
Contributor Bio

Davezilla became in 2001 the first blogger to be sued by a billion-dollar company (he won). Because of this, there is a Davezilla Wikipedia page and Dave has the dubious distinction of being a verb in the Urban Dictionary. He's worked in advertising and illustration most of his life, but also at a think tank for General Motors, and did a brief stint at the Los Alamos National Laboratories, working on science projects he can't discuss. He is a Gardnerian witch (initiated 1979), Discordian (hot dogs on Fridays), Ngangalero (initiated 1993), Santero (initiated 2006), and full-time illustrator. He prefers to paint occult, cryptid, alien, and other fringe topics. He has over forty years in occult/new age religions and thirty years of illustration experience. As the executive vice-president of Campbell Ewald (2nd oldest ad agency in the US), he ran the entire digital department. Dave lives in Royal Oak, Michigan.

Links

- [Galley/Calameo](#)

Illustrations



Sterling Ethos
9781454946113
1454946113
Pub Date: 2/04/2024
On Sale Date: 2/04/2024
\$24.99/\$32.99 Can./£21.99 UK
Discount Code: T
Cards

72 Pages
book + 36 full-color cards
Carton Qty: 10
Print Run: 20K
Body, Mind & Spirit / Divination
OCC024000
Series: Wildwood Tarot
Territory: World
20 cm H | 14.9 cm W
Status: **ACTIVE**

The Sherwood Oracle

Hidden Lore of the Wild Forest

John Matthews, Mark Ryan, Anne Yvonne Gilbert

Key Selling Points

- **CULT-FAVORITE TAROT CREATORS:** *The Wildwood Tarot*, which was itself based on the earlier *The Greenwood Tarot*, has sold over 100K copies and is a mainstay among tarot fans.
- **ICONIC ARTIST:** Anne Yvonne Gilbert's art is instantly recognizable and has appeared on bestselling books and the cover of one of the most popular albums of the 1980s.
- **PERFECT FOR THE MEDIEVALIST:** Anyone with a real interest in Arthurian legends or medieval imagery will appreciate the deep dive into the history and lore of Sherwood that this deck represents.
- **KEEPSAKE PACKAGE:** This deck of gorgeously illustrated cards will be packaged in a beautiful collectible box with magnetic-closure French doors, foil stamping, and a lifting ribbon, as well as a bonus map that will enable readers to create customized readings, as if they were physically present in Sherwood Forest itself.

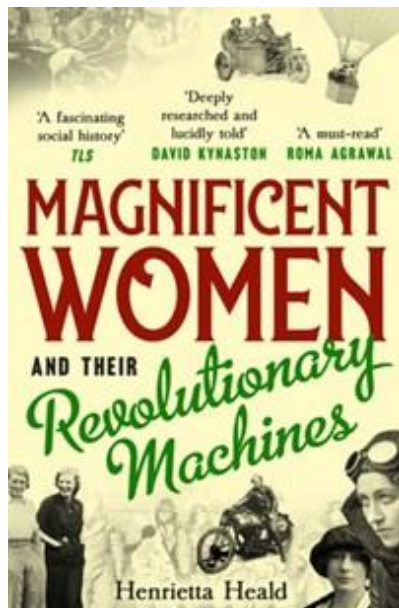
The lore behind the figures Robin Hood and the Merry Men are some of the most enduring of all myths and legends, and their paths affect everyone who reads about them. This is a deck that breathes life into the forests of Sherwood, where romance, heroism, and the supernatural occur in equal parts, and questions about the most archetypal characteristics found in the human psyche can be answered. Written by the creators of the bestselling *The Wildwood Tarot*—including Mark Ryan, who starred in the cult-favorite TV series *Robin of Sherwood*—and illustrated by iconic artist Anne Yvonne Gilbert, this is an enchanting and enlightening tool for uncovering the legends hidden in the human subconscious.

Summary

The lore behind the figures Robin Hood and the Merry Men are some of the most enduring of all myths and legends, and their paths affect everyone who reads about them. This is a deck that breathes life into the forests of Sherwood, where romance, heroism, and the supernatural occur in equal parts, and questions about the most archetypal characteristics found in the human psyche can be answered. Written by the creators of the bestselling *The Wildwood Tarot*—including Mark Ryan, who starred in the cult-favorite TV series *Robin of Sherwood*—and illustrated by iconic artist Anne Yvonne Gilbert, this is an enchanting and enlightening tool for uncovering the legends hidden in the human subconscious.

Contributor Bio

JOHN MATTHEWS is an independent scholar living in Oxford. He published his first book in 1980 and has since gone on to publish over a hundred titles on myth, folklore, and ancient traditions. He has worked in the film industry as an historical advisor and won a BAFTA for his work on the movie *King Arthur* (2004). He has made a lifetime study of every aspect of the Arthurian legends, from its origins to modern retellings, and wrote a bestselling work on piracy. *Pirates* (Carlton/Athenaeum) was a number one *New York Times* bestseller for 22 weeks in 2005 and was translated into 18 languages. He has made frequent appearances on TV, radio, and online. Recent titles include a study of *The Mystery of Spring-Heeled Jack* (Inner Traditions), *The Great Book of King Arthur* (HarperCollins), *The Tarot of Light and Shadow* with Andrea Aste (Watkins 2020), and *The Goblin Market Tarot* with Charles Newington (Watkins 2021). He sold his first screenplay in 2010 and is currently developing an Arthurian TV series and several documentaries.



Unbound
9781800180277
1800180276
Pub Date: 2/04/2024
On Sale Date: 2/04/2024
\$18.00
Discount Code: TP
Trade Paperback

400 Pages
Carton Qty: 48
Biography & Autobiography
/ Women
BIO022000

19.8 cm H | 12.9 cm W | 2.4 cm T
Status: **FORTHCOMING**

Magnificent Women and their Revolutionary Machines

Henrietta Heald

Key Selling Points

- The lost story of Britain's trailblazing, boundary-breaking women engineers.
- Never before told story of Britain's first female engineers, marking the centenary of Women's Engineering Society.
- Henrietta Heald has been shortlisted for the H. W. Fisher Best First Biography Prize and the Portico Prize for non-fiction.
- Beautifully illustrated with black-and-white archive photographs.
- For fans of Lara Feigel, Adam Rutherford, *Hidden Figures* by Margot Lee Shetterly, *The Glass Universe* by Dava Sobel, *Headstrong* by Rachel Swaby.

Summary

"Women have won their political independence. Now is the time for them to achieve their economic freedom too."

This was the great rallying cry of the pioneers who, in 1919, created the Women's Engineering Society. Spearheaded by Katharine and Rachel Parsons, a powerful mother and daughter duo, and Caroline Haslett, whose mission was to liberate women from domestic drudgery, it was the world's first professional organisation dedicated to the campaign for women's rights.

Magnificent Women and their Revolutionary Machines tells the stories of the women at the heart of this group – from their success in fanning the flames of a social revolution to their significant achievements in engineering and technology. It centres on the parallel but contrasting lives of the two main protagonists, Rachel Parsons and Caroline Haslett – one born to privilege and riches whose life ended in dramatic tragedy; the other who rose from humble roots to become the leading professional woman of her age and mistress of the thrilling new power of the twentieth century: electricity.

In this fascinating book, acclaimed biographer Henrietta Heald also illuminates the era in which the society was founded. From the moment when women in Britain were allowed to vote for the first time, and to stand for Parliament, she charts the changing attitudes to women's rights both in society and in the workplace.

Contributor Bio

Henrietta was chief editor of *Chronicle of Britain and Ireland* and *Reader's Digest Illustrated Guide to Britain's Coast*. Her biography of the great Victorian inventor and industrialist William Armstrong, *Magician of the North*, was shortlisted for the H. W. Fisher Best First Biography Prize and the Portico Prize for non-fiction.

Quotes

"The fascinating stories of fearless women who did what they wanted when few were on their side. A must-read." — **Roma Agrawal**, author of *Built*

"Deeply researched and lucidly told, Henrietta Heald's collective biography of a pioneer generation of female engineers is not only important but has an endearingly human flavour." — **David Kynaston**

"As the first woman President of the British Computer Society, I welcome this generous tribute to Britain's female engineers." — **Dame Stephanie Shirley CH FREng**

"*Magnificent Women* is a sensational book, meticulously researched and affectionately written, a remarkable tribute to the pioneers who paved the way for modern Britain. It serves as both a reminder of how far women have come, and a source of inspiration for how far we still need to go." — **Jess Wade**



Microcosm Publishing
9781648413940
1648413943
Pub Date: 4/9/2024
\$14.95/\$19.99 Can./£16.99 UK
Cards

1 Pages
Carton Qty: 50
Non-Classifiable
NON000000
Territory: World
4 in H | 3 in W
Status: **FORTHCOMING**

Related Products

Other Formats

Unfuck Your Intimacy
9781621067627 \$14.95

Intimacy Conversation Deck

Reflections and Discussions about Love, Sex, and Dating

Faith G. Harper

Key Selling Points

- Together, Unfuck Your Intimacy and Unfuck Your Intimacy Workbook have sold over 130,000 copies
- Boundaries Conversation Deck has sold almost 23,000 copies in two years
- Dr. Faith G. Harper's books have sold over 3 million copies
- Recent trends show an increased interest in couples counseling and boundary setting

Summary

"Do you feel content in your current relationship?" "What would you most like your partner to understand about you?" "What turns you on?" "What turns you off?" Explore these questions and many more in this 52-card deck from Dr. Faith G. Harper, bestselling author of *Unfuck Your Intimacy* and *Boundaries Conversation Deck*.

Intimacy isn't always easy to talk about, which is why this deck offers approachable, bite-size prompts that you can use to jump-start conversations, gain new insights, and improve your romantic and sexual relationships. Use the cards with one or more partners, among friends, in therapy, or for your own personal journaling and reflection.

Contributor Bio

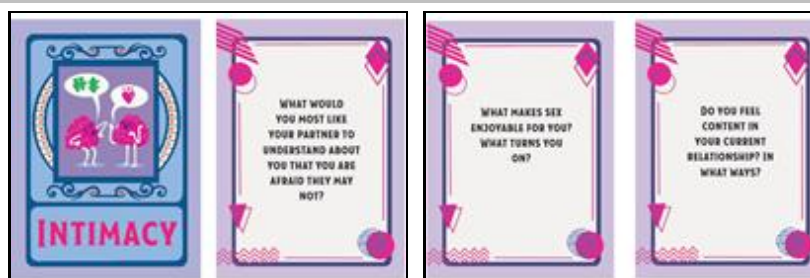
Dr. Faith G. Harper, ACS, ACN is a bad-ass, funny lady with a PhD. She's a licensed professional counselor, board supervisor, certified sexologist, and applied clinical nutritionist with a private practice and consulting business in San Antonio, TX. She has been an adjunct professor and a TEDx presenter, and is proud to be a woman of color and uppity intersectional feminist. She is the *Wall Street Journal* bestselling author of the book *Unf*ck Your Brain* and many other popular zines and books on subjects such as anxiety, depression, boundaries and grief. She has been known to publish in academic spaces as well, most recently with a chapter in the book *Understanding Indigenous Perspectives*. She is available as a public speaker and for corporate and clinical trainings.

[Subscribe to the *Unfuck Your Brain* newsletter](#) to get a discount on her books and zines.

Marketing Plans

- National and Local Media Campaigns
- Pre-Publication Online Publicity Campaign
- Email Marketing and Publicity Campaign
- Curated Advanced Reader Copy Distribution
- Digital Influencer "Buzz" Campaign
- Social Media Promotions
- Kickstarter Campaign

Illustrations



Dictionary of Fine Distinctions

Nuances, Niceties, and Subtle Shades of Meaning

Eli Burnstein

Key Selling Points

- **SUPERSTAR AUTHOR/ILLUSTRATOR PAIRING:** Liana Finck is a hugely popular *New Yorker* cartoonist (598k Instagram followers), graphic novelist, and winner of the National Jewish Book Award for her memoir *Let There Be Light*. Eli Burnstein is an internationally prolific humor writer and has been featured in outlets like *The New Yorker*, the *Toronto Star*, and the *National Post*.
- **PERFECT BIBLIOPHILE GIFT:** There's a proven audience for books that sell to the word-loving, armchair lexicographer in all of us. *A Dictionary of Fine Distinctions* hits this crowd with charm and wit.
- **IN-BOOK FEATURES:** Along with charming illustrations, entries include helpful mnemonics, exploratory asides, cross-referenced data, and quirky end-notes.

Summary

"This delightful book is a tribute to the genius of the human mind for conceptual precision and the beauty of the English language in capturing it. It resolves a great deal of puzzlement over confusable terms, and its endearing illustrations and lighthearted explanations multiply the satisfaction." —Steven Pinker, author of *The Language Instinct* and *Rationality*

What's the difference between mazes and labyrinths? Proverbs and adages? Clementines and tangerines? Join author Eli Burnstein on a hairsplitter's odyssey into the world of the ultra-subtle with *Dictionary of Fine Distinctions*. Illustrated by New Yorker cartoonist Liana Finck, this humorous dictionary takes a neurotic, brain-tickling plunge into the infinite (and infinitesimal) nuances that make up our world.

The perfect gift for book lovers, word nerds, trivia geeks, and everyday readers, this illustrated gem is more than just a book—it is an indispensable resource akin to a thesaurus but filled with charm and wit. Each entry, from "latte vs. flat white" to "Great Britain vs. The United Kingdom," is accompanied by mnemonic aids, quirky asides, and detailed illustrations, making it a standout dictionary for any bibliophile or language enthusiast's library.

For fans of *The Dictionary of Obscure Sorrows* or *Foyle's Philavery: A Treasury of Unusual Words*, *Dictionary of Fine Distinctions* promises to be a cherished addition to the genre that offers clarity, joy, and a deeper appreciation for the subtleties of the English language. The quintessential librarian gift and English teacher gift, it's an educational odyssey that's as entertaining as it is enlightening.

Contributor Bio

Eli Burnstein is a humor writer whose work has appeared in *The New Yorker*, *McSweeney's Internet Tendency*, *Slackjaw*, *Weekly Humorist*, *The Offing*, and *Points in Case*. He runs a spelling bee (Spelling Bae) that has been featured in the *Toronto Star* and the *National Post*, and on CBC Radio. Burnstein is Canadian and lives in London, UK.

Quotes

"Shrewdly treading the line between informativeness and pedantry....One doesn't have to read for long before experiencing a 'Eureka' moment, in which a previously murky subject comes into focus." —*The Wall Street Journal*

Dictionary of Fine Distinctions

Nuances, Niceties, and
Subtle Shades of Meaning



Eli Burnstein



Union Square & Co.

9781454952350

1454952350

Pub Date: 9/04/2024

On Sale Date: 9/04/2024

\$20.00/\$26.00 Can./£14.99 UK

Discount Code: T

Hardcover

208 Pages

100 1-color illus.

Carton Qty: 32

Print Run: 25K

Humor / Topic

HUM019000

Territory: WENG

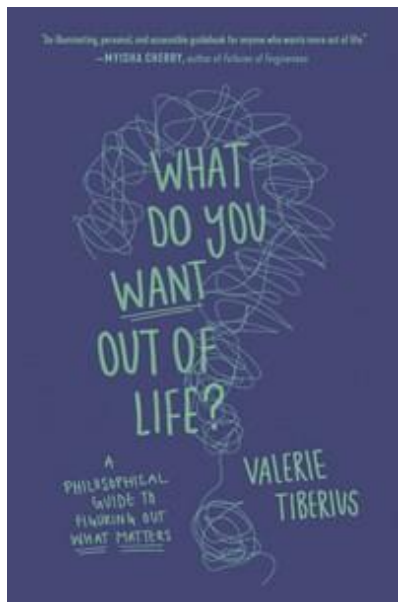
17.8 cm H | 12.7 cm W

Status: **ACTIVE**

Related Products

Ebooks

9781454959298



Princeton University Press
 9780691241395
 0691241392
 Pub Date: 5/7/2024
 On Sale Date: 5/7/2024
 \$17.95/\$22.99 Can./£14.99
 UK/€17.99 EU
 Discount Code: TP
 Trade Paperback

208 Pages
 Philosophy / Ethics & Moral
 Philosophy
 PHI005000

8 in H | 5.3 in W
 Status: **ACTIVE**

What Do You Want Out of Life?

A Philosophical Guide to Figuring Out What Matters

Valerie Tiberius

Summary

A short guide to living well by understanding better what you really value—and what to do when your goals conflict

What do you want out of life? To make a lot of money—or work for justice? To run marathons—or sing in a choir? To have children—or travel the world? The things we care about in life—family, friendship, leisure activities, work, our moral ideals—often conflict, preventing us from doing what matters most to us. Even worse, we don't always know what we really want, or how to define success. Blending personal stories, philosophy, and psychology, this insightful and entertaining book offers invaluable advice about living well by understanding your values and resolving the conflicts that frustrate their fulfillment.

Valerie Tiberius introduces you to a way of thinking about your goals that enables you to reflect on them effectively throughout your life. She illustrates her approach with vivid examples, many of which are drawn from her own life, ranging from the silly to the serious, from shopping to navigating prejudice. Throughout, the book emphasizes the importance of interconnectedness, reminding us of the profound influence other people have on our lives, our goals, and how we should pursue them. At the same time, the book offers strategies for coping with obstacles to realizing your goals, including gender bias and other kinds of discrimination.

Whether you are changing jobs, rethinking your priorities, or reconsidering your whole life path, *What Do You Want Out of Life?* is an essential guide to helping you understand what really matters to you and how you can thoughtfully pursue it.

Contributor Bio

Valerie Tiberius is the Paul W. Frenzel Chair in Liberal Arts and professor of philosophy at the University of Minnesota. Her books include *Well-Being as Value Fulfillment: How We Can Help Each Other to Live Well* and *The Reflective Life: Living Wisely with Our Limits*. She lives in Minneapolis.

Quotes

"Entertaining and smart, this is philosophy for people who don't usually like philosophy." -Publishers Weekly

Unpublished Endorsements

"A rich and wonderfully written guide to finding out what really matters and a deep exploration of how we can use our values as an effective North Star for living a better life."—**Laurie Santos, host of *The Happiness Lab* podcast**

"We live in a time when we are free to do almost anything, and yet it is hard to figure out what matters most. What could be better than the guidance of a wise moral philosopher, written in language that we can all understand? *What Do You Want Out of Life?* does the job beautifully. Tiberius doesn't tell us how to live and what to do, but she empowers us to figure this out for ourselves, by asking the right questions. Who could ask for more?"—**Barry Schwartz, bestselling author of *The Paradox of Choice: Why More Is Less***

"*What Do You Want Out of Life?* is an illuminating, personal, and accessible guidebook for anyone who wants more out of life. Offering a toolkit to help us figure out our values and goals, how to improve them, and how to deal with their conflicts, Valerie Tiberius reminds us that getting more out of life is not just about us and our desires

THE VERY
F*CKING TIRED
MOMMY



Martyna Wisniewska Michalak



Unbound
9781800183407
1800183402
Pub Date: 2/04/2024
On Sale Date: 2/04/2024
\$9.99/\$15.50 Can.
Discount Code: TP
Trade Paperback

40 Pages
Full colour illustrations throughout
Carton Qty: 80
Humor / Topic
HUM011000
18.5 cm H | 22.5 cm W | 0.4 cm T
Status: **ACTIVE**

The Very F*cking Tired Mommy

Martyna Wisniewska Michalak

Key Selling Points

A deeply relatable, beautifully illustrated, laugh-out-loud funny parody of *The Very Hungry Caterpillar*, featuring one very tired mommy

Summary

*Have your kids ever shaved the dog? Or decided pants are optional? Don't worry, you are not alone. Parenting is hard and this mommy is f*cking tired.*

Inspired by the story of a beloved caterpillar, *The Very F*cking Tired Mommy* is an all-too-relatable tale of the frustration, exhaustion and sometimes unexpected joy of parenthood.

Here we follow the journey of one mommy over the course of a week, taking everything life throws at her with a side of wine, coffee, chocolate from last Christmas, the kids' leftover lunch and even the occasional dog treat.

It will comfort anyone for whom eight hours of sleep seems like a distant memory, and serve as a welcome reminder that sometimes, just sometimes, we all need a break...

Contributor Bio

Martyna Wisniewska-Michalak was born in Warsaw, is currently based in London and can be often found in Tokyo. She is a painter, illustrator and doll maker. Martyna graduated from Warsaw Academy of Fine Arts (2007), and has cooperated with various magazines as illustrator and writer in Poland (A4, Ro-style, Kawaii) China (Neew Mag) and USA (The Bacon) She was also involved in tattoo art (Tattoo LA in USA and Shi Ryu Doh in Japan) and was a doll clothes designer for Doll Heart company in Korea and illustrator for a Polish brand, Lady Sloth. She designed and produced a line of collectible dolls, Marti Presents Dolls.

Martyna describes her art as auto-portraits of her mental health, which affects the way she sees the world around her.

Marketing Plans

- Beautifully illustrated parody of/homage to *The Very Hungry Caterpillar*.
- A shorter version was published online in early lockdown 2020. By October 2020, the story had been viewed more than 10,000,000 times and received over 64,000 shares, with many of the 13,000 commenters begging for a book version.
- Martyna Wisniewska-Michalak is a painter, illustrator and doll maker who graduated from Warsaw Academy of Fine Arts (2007), and has illustrated and written for magazines in Poland, China and the US.
- For fans of *The Very Hungry Caterpillar* by Eric Carle, *We're Going on a Bar Hunt*, *The Very Hungover Caterpillar* and *The Teenager Who Came to Tea* by Josie Lloyd and Emlyn Rees, *Go the Fuck to Sleep* by Adam Mansbach and *Why Mummy Drinks* by Gill Sims.

Illustrations



Union Square & Co.
 9781454949756
 1454949759
 Pub Date: 19/03/2024
 On Sale Date: 19/03/2024
 \$35.00/\$46.00 Can./£30.00 UK
 Discount Code: T
 Hardcover

272 Pages
 75–100 color photos
 Carton Qty: 12
 Print Run: 40K
 Cooking / Regional & Cultural
 CKB047000
 Territory: World
 24.1 cm H | 18.9 cm W
 Status: **ACTIVE**

Related Products

Ebooks
 9781454949763

Italian Snacking

Sweet and Savory Recipes for Every Hour of the Day

Anna Francese Gass

Key Selling Points

- **NEW TAKE ON AN EVERGREEN CUISINE:** Italian cooking is one of the most enduringly popular subjects for home cooks. While most food categories have been covered endlessly in cookbooks, this will be the first book focused on the complete range of Italy's snacking culture, covering specialties from all across the country, and for any moment of the day.
- **SNACKING IS TRENDING:** The success of recent books like *Snacking Cakes*, *Apéritif*, and the many books and products on snacking boards (*Graze*, *That Cheese Plate Will Change Your Life*, *The Cheese Board Deck*) evidence the hunger in the market for cookbooks that celebrate in-between-meal food.
- **MAJOR AUTHOR PLATFORM:** Anna is a trusted expert on Italian food and cooking. While her roots are in Calabria, she has studied the country's food culture and traveled extensively, and the recipes she presents on platforms such as New York Times Cooking and in cooking segments on *Today* and *Good Morning America* are always rich with context about the region, the ingredients, and the history of each dish. Her first book, *Heirloom Kitchen*, was featured on *The Rachael Ray Show* and *Today*.

Summary

From mid-morning coffee break spuntini to aperitivi happy-hour bites, explore the culture of Italian snacks and street foods in this mouthwatering cookbook.

Italian food has captivated our taste buds for centuries. Combining simplicity and creativity, it enchants with an alchemy of high-quality ingredients, recipes tied to the specialties of each region, and the experience of being at the table. There is an entire category of smaller bites—spuntini—meant to be enjoyed at in-between-meal moments of the day. This snack cookbook by Italian food expert Anna Francese Gass introduces the American audience to the complete range of spuntini culture, with recipes drawn from all across the country. She shares recipes for spuntini di meta mattina (mid-morning snacks often enjoyed with a second—or third—coffee); merenda, the cherished after-school treat for children (that also offers adults a way to stave off hunger before dinner); and aperitivi, delightful early-evening Italian appetizers meant to be enjoyed with drinks. Also included is a chapter of delicacies from Italy's robust culture of street food (the one instance where Italians might eat on the go). Studded with gorgeous photography of both finished dishes and Italian food markets, cafes, bars, and pasticceria, this book will elevate your snacking game to the Italian ideal.

With simple yet creative recipes made from quality ingredients, this Italian cookbook brings the same small plate ethos of books like *Snacking Cakes* and *Brilliant Bites* to the spuntini, aperitivi, and street food specialties that define Italy's delightful snacking culture.

Contributor Bio

Anna Francese Gass grew up in a small town on the Rhode Island shore, with frequent visits to her grandparents in Calabria and summers in Florence. She studied culinary arts at the French Culinary Institute and then worked in the test kitchens of Martha Stewart Living, Whole Foods, and Mad Hungry. Today, she is a contributing editor and recipe tester for Food52 and *Bon Appétit*, and her recipes frequently appear on New York Times Cooking. She has also appeared on *Good Morning America*, *Today*, *Access Hollywood*, and *The Rachael Ray Show*. She is the author of *Heirloom Kitchen* (HarperDesign, 2019). Francese Gass lives in New Canaan, CT.

Quotes

"Gass shows her deep appreciation for and knowledge of Italian cuisine in this deftly



Princeton University Press
 9780691221038
 0691221030
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 UK/€29.99 EU
 Discount Code: TC
 Hardcover

336 Pages
 17 b/w illus. 1 table.
 Business & Economics
 / Environmental Economics
 BUS099000
 9.3 in H | 6.1 in W
 Status: **ACTIVE**

Slow Burn

The Hidden Costs of a Warming World

Robert Jisung Park

Summary

How the subtle but significant consequences of a hotter planet have already begun—from lower test scores to higher crime rates—and how we might tackle them today

It's hard not to feel anxious about the problem of climate change, especially if we think of it as an impending planetary catastrophe. In *Slow Burn*, R. Jisung Park encourages us to view climate change through a different lens: one that focuses less on the possibility of mass climate extinction in a theoretical future, and more on the everyday implications of climate change here and now.

Drawing on a wealth of new data and cutting-edge economics, Park shows how climate change headlines often miss some of the most important costs. When wildfires blaze, what happens to people downwind of the smoke? When natural disasters destroy buildings and bridges, what happens to educational outcomes? Park explains how climate change operates as the silent accumulation of a thousand tiny conflagrations: imperceptibly elevated health risks spread across billions of people; pennies off the dollar of productivity; fewer opportunities for upward mobility.

By investigating how the physical phenomenon of climate change interacts with social and economic institutions, Park illustrates how climate change already affects everyone, and may act as an amplifier of inequality. Wealthier households and corporations may adapt quickly, but, without targeted interventions, less advantaged communities may not.

Viewing climate change as a slow and unequal burn comes with an important silver lining. It puts dollars and cents behind the case for aggressive emissions cuts and helps identify concrete steps that can be taken to better manage its adverse effects. We can begin to overcome our climate anxiety, Park shows us, when we begin to tackle these problems locally.

Contributor Bio

R. Jisung Park is assistant professor at the University of Pennsylvania, where he holds appointments in the School of Social Policy and Practice and the Wharton School of Business. An environmental and labor economist, he has been investigating and writing about the economics of climate change for more than a decade. He has advised organizations that range from the World Bank to the New York City Departments of Education and Health.

Quotes

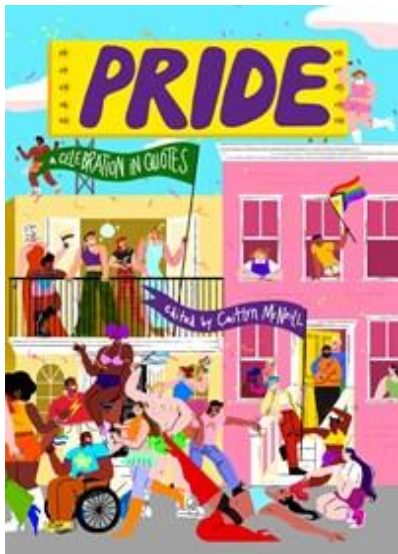
"Park writes clearly and well, making a strong case for immediate action rather than waiting for the costs to compound—which, over the next couple decades, they are certain to do. A multifaceted look at the many externalities of a warming world."
 -Kirkus

"[A] deeply researched book. . . . With gripping prose, this book encourages policymakers to consider the many hazards associated with the unavoidable increases in global temperature that the world faces. This is a call to arms addressing one of the most critical issues of contemporary times." -Library Journal (Starred review)

"Enough to make readers break out in a sweat." -Publishers Weekly

Unpublished Endorsements

"In the context of a plethora of tomes about climate change filling bookshelves, this



Pride

A Celebration in Quotes

Caitlyn McNeill

Key Selling Points

- **PERFECT MERCHANDISING OPPORTUNITY:** This giftable treasury of quotes, illustrated in a contemporary style by a popular illustrator, is the perfect addition to any Pride-themed table.
- **THOUGHTFUL SELECTION OF QUOTES:** From different periods in history, different cultures, and from a spectrum of LGBTQIA+ community members, this collection is illuminating and inclusive.
- **VIBRANT, CELEBRATORY ART:** Will feature art that is full of color, life, and love: a true celebration of Pride!

Summary

These thoughtfully selected quotations have been taken from throughout history, and from a variety of voices, celebrating everything the LGBTQIA+ community has achieved. Containing words of courage, hope, and pride, they focus on inclusivity and remind us that love is one of the world's greatest powers. Featuring the vibrant colors of a contemporary illustrator, this is the perfect way for allies and community members alike to share their pride with energy, hope, and joy.

Contributor Bio

Caitlyn McNeill is an educator, editor, blogger, life coach, and member of the LGBTQIA+ community.



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 1454953152
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 On Sale Date: 2/04/2024
 \$14.99/\$19.99 Can./£10.99 UK
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 Hardcover

128 Pages
 4-color illus. throughout
 Carton Qty: 40
 Print Run: 15K
 Social Science / LGBTQ+ Studies
 SOC064000
 Territory: World
 17.8 cm H | 12.7 cm W
 Status: **ACTIVE**

Related Products

Ebooks

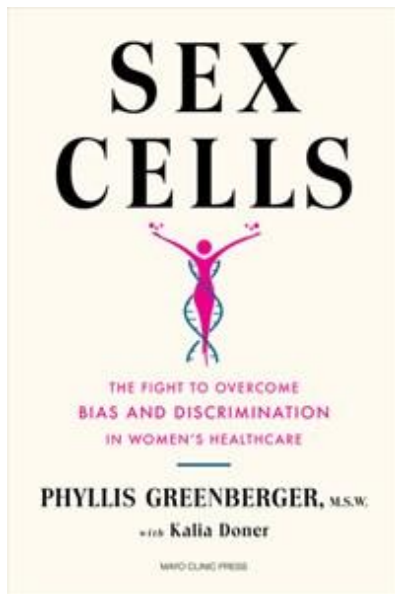
9781454953166

Illustrations



Comp Titles

Pocket Queer Hardie Grant Hardie Grant 20/08/2019 9781784882853 \$9.99 Hardcover Reference



Mayo Clinic Press
9798887700205
9798887700205
Pub Date: 2/04/2024
On Sale Date: 2/04/2024
\$26.99/\$35.99 Can./£19.99
UK/€23.99 EU
Discount Code: HC
Hardcover

272 Pages
Carton Qty: 30
Print Run: 10K
Medical / Health Care Delivery
MED035000

21 cm H | 14 cm W
Status: **ACTIVE**

Sex Cells

The Fight to Overcome Bias and Discrimination in Women's Healthcare

Phyllis E. Greenberger, Kalia Doner

Key Selling Points

- 1. MAJOR MARKETING SUPPORT:** The book will be featured on the Healthy Women website (HealthyWomen.org) with 11.7 million unique visitors annually and will appear in Healthy Women e-newsletters (with 59,132 subscribers). The organization will send out an e-blast to their distribution list upon publication (including funders and partners).
- 2. CONNECTED AND AWARD-WINNING AUTHOR:** Phyllis Greenberger knows many high profile policy makers and influencers in D.C. We expect an outpouring of support for the book from her contacts. She was just awarded the Women in Government Relations Lifetime Achievement Award, and is the recipient of the Trailblazer Award by the U.S. Department of Health and Human Services Office of Women's Health.
- 3. FEMINISM IS HOT:** In spite of substantial media coverage in recent years, not all angles of feminism have been fully explored. This fight for equal gender consideration in medical research and healthcare is an important subject that will draw attention.
- 4. INSIDER ACCESS:** Phyllis has lived this history, and gives readers a front row seat to follow along as she recollects the ups and downs of her fight for gender equality.

Sex Cells is the tale of scientific stonewalling, intrepid advocacy, and the still-pitched battle to get the scientific and medical world to recognize that women are not small men.

Summary

Sex Cells is a clear-eyed report on the still-pitched battle to get the scientific and medical world to recognize that women are not small men.

The idea that our biological sex impacts our health seems like such a simple concept. Unfortunately, it has proven to be anything but that. Phyllis Greenberger's battle cry has been: *Women/females need to be treated equitably in relationship to men/males. They are equal, but they are not the same.*

It has been challenging to get individual researchers and practitioners to accept this, as well as research and medical institutions, and manufacturers of medications and devices. The journey towards equal treatment and the understanding of sex and gender differences in prevention, diagnosis and treatment is still unfolding. This book is the story of that journey—why it was, and still is, so important to do research specific to women/females.

Sex Cells gives readers access to the wide world of sex-specific medical issues as they play out in research labs and doctor's offices, and how women pay the price, with a close look at the impact on minority populations.

The story is told by Phyllis Greenberger—the woman who is recognized as the driving force for change over the past 25 years—and her allies in government, NGOs, academia, medical research, the US government, and public health advocacy. The array of experts who have contributed to the book offer an insiders' up-close view of the battle to have female cells, lab animals and humans brought into medical research, so that women can receive treatment that is appropriate and effective for a wide range of conditions.

Told with humor, ferocity and passion, *Sex Cells* is a manifesto that will appeal to anyone interested in health, women's rights, and public health

Slouch

Posture Panic in Modern America

Beth Linker

Summary

The strange and surprising history of the so-called epidemic of bad posture in modern America—from eugenics and posture pageants to today’s promoters of “paleo posture”

In 1995, a scandal erupted when the *New York Times* revealed that the Smithsonian possessed a century’s worth of nude “posture” photos of college students. In this riveting history, Beth Linker tells why these photos were only a small part of the incredible story of twentieth-century America’s largely forgotten posture panic—a decades-long episode in which it was widely accepted as scientific fact that Americans were suffering from an epidemic of bad posture, with potentially catastrophic health consequences. Tracing the rise and fall of this socially manufactured epidemic, *Slouch* also tells how this period continues to feed today’s widespread anxieties about posture.

In the early twentieth century, the eugenics movement and fears of disability gave slouching a new scientific relevance. Bad posture came to be seen as an individual health threat, an affront to conventional race hierarchies, and a sign of American decline. What followed were massive efforts to measure, track, and prevent slouching and, later, back pain—campaigns that reached schools, workplaces, and beyond, from the creation of the American Posture League to posture pageants. The popularity of posture-enhancing products, such as girdles and lumbar supports, exploded, as did new fitness programs focused on postural muscles, such as Pilates and modern yoga. By 1970, student protests largely brought an end to school posture exams and photos, but many efforts to fight bad posture continued, despite a lack of scientific evidence.

A compelling history that mixes seriousness and humor, *Slouch* is a unique and provocative account of the unexpected origins of our largely unquestioned ideas about bad posture.

Contributor Bio

Beth Linker is a historian of medicine and disability and a former physical therapist. She is the Samuel H. Preston Endowed Term Professor in the Social Sciences in the Department of History and Sociology of Science at the University of Pennsylvania. She is the author of *War’s Waste: Rehabilitation in World War I America*, and her work has been featured in *The New Yorker*, the *Boston Globe*, and other publications.

Quotes

"A long history of anxiety about the proximity between human and bestial nature. . . . Linker traces the history of this concern: from the exchanges of nineteenth-century scientists, who first identified the possible ancestral causes of contemporary back pain, to the late-twentieth-century popularity of the Alexander Technique, Pilates, and hatha yoga. . . . She sees the ‘past and present worries concerning posture’ . . . [are] grounded in a mythology of human ancestry that posits the hunter-gatherer as an ideal from which we have fallen."---**Rebecca Mead, *New Yorker***

"Well-researched."---**Belinda Lanks, *Wall Street Journal***

"*Slouch* is a skillfully researched, engrossing account of a socially engineered epidemic that captured the public imagination for the better part of a century." -Shelf Awareness

Unpublished Endorsements

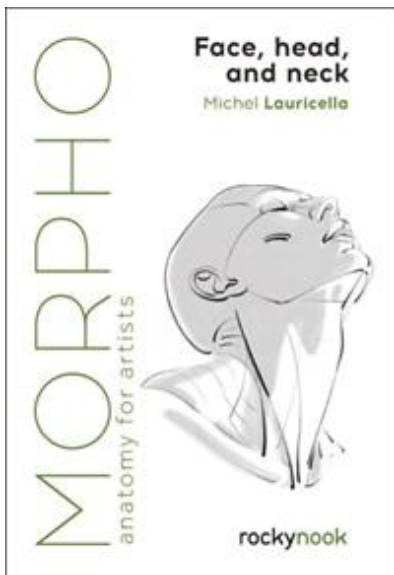
"*Slouch* is a gripping read that made me sit up a little straighter in my chair—and

slouch
Posture Panic in
Modern America
Beth
Linker



Princeton University Press
9780691235493
069123549X
Pub Date: 4/9/2024
On Sale Date: 4/9/2024
\$29.95/\$38.00 Can./£25.00
UK/€29.99 EU
Discount Code: TC
Hardcover

392 Pages
39 b/w illus.
Science / History
SCI034000
9.3 in H | 6.1 in W
Status: **ACTIVE**



Morpho: Face, Head, and Neck

Anatomy for Artists

Michel Lauricella

Key Selling Points

This book presents a simplified and practical vision for drawing the head, face, and neck to help you in your drawing studies.

Features more than 300 drawings with a huge range of angles and perspectives.

By connecting the underlying anatomy to the study of the head, face, and neck, you can learn to create accurate and realistic drawings.

Geared toward artists of all levels—from beginners through professionals—this handy, pocket-sized book will help spark your imagination and creativity.

Morpho is also crafted to be easily referenced in your sketching journey.

Summary

The must-have guide for all artists who draw the human figure!

This small, portable book presents a unique perspective on the head, face, and neck for artists to study and implement in their drawing work. In this book, artist and teacher Michel Lauricella offers more than 300 original drawings and diagrams. The face, head, and neck are shown in great detail and from multiple angles. There are dedicated sections that address facial proportions, the simplified forms underneath the detailed anatomy, the underlying reference points of the skeleton, and the musculature, skin, and fat of the head, face, and neck. The author also offers instruction and tips for drawing hair that will help you in creating successful portraits.

Geared toward artists of all levels—from beginners through professionals—this handy, pocket-sized book will help spark your imagination and creativity. Whether your interest is in portraiture, figure drawing, fine arts, fashion design, game design, or creating comic book or manga art, you will find this helpful book filled with actionable insights.

(Publisher's Note: This book features an "exposed" binding style. This is intentional, as it is designed to help the book lay flat as you draw.)

Contributor Bio

Michel Lauricella received his education at Paris's École nationale supérieure des beaux-arts (National School of Fine Arts). He has been teaching morphology for over twenty years, first at the Émile Cohl school in Lyons, then at the city of Paris's Ateliers des Beaux-Arts, the Gobelins school in Paris, Lisaa in Paris, and the Atelier in Angoulême. He currently teaches at the Fabrica114 studio in Paris.

Marketing Plans

Generate Press and add to Rocky Nook website

Distribute PR to identified, aligned publications and members of the media

Promote product through Rocky Nook site and social media channels

Establish affiliate programs to sell/market new title

Work with author to generate relatable content to share alongside the release of book (how-to, blog post, photo contest, social promotions)

Table Of Contents

Rocky Nook
9798888141649
9798888141649
Pub Date: 2/04/2024
On Sale Date: 2/04/2024
\$16.95/\$22.95 Can./£15.87 UK
Discount Code: TP
Trade Paperback

96 Pages
Carton Qty: 80
Art / Techniques
ART010000
Series: Morpho: Anatomy for Artists

17.8 cm H | 12.1 cm W
Status: **FORTHCOMING**

Related Products

Also Available

Morpho: Mammals
9781681989976 \$16.95
Morpho: Clothing Folds and Creases
9781681988474 \$16.95
Morpho: Muscled Bodies
9781681987590 \$14.95
Morpho: Hands and Feet
9781681985398 \$16.95
Morpho: Joint Forms and Muscular Functions
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9781681985046 \$16.95
Morpho: Simplified Forms
9781681984483 \$16.95
Morpho: Skeleton and Bone Reference Points
9781681984520 \$16.95
Morpho 9781681983745 \$32.95

Ebooks

9781681989983
9781681989990
9798888140123



The Perfect Fit

Creating and Altering Basic Sewing Patterns for Tops, Sleeves, Skirts, and Pants

Teresa Gilewska

Key Selling Points

- For home sewists who want to make their garments fit perfectly.
- Teaches the art of altering patterns based on exact body dimensions.
- "Standard" sizes on commercial patterns vary brand to brand—learn to make clothing to measure.
- For sewists who want to bring their craft to the next level in accuracy and creativity.
- Learn to draft your own creations.

Summary

Design, draw, and alter sewing patterns to achieve the perfect fit in your homesewn garments!

Every body is different, and standard sizes certainly do not fit all! You're going to spend hours making your homesewn garment, so you want to be sure the final product will fit flawlessly. This starts with a pattern that is drawn to your (or your model's) exact measurements. With *The Perfect Fit* as your guide, you'll learn the necessary skills for altering "off-the-rack" patterns to measure, and even drafting your own creations.

For amateur sewists who want to bring their craft to the next level in accuracy, *The Perfect Fit* offers detailed explanations of the role and meaning of each line on a pattern, and how to build basic patterns for tops, sleeves, skirts, and pants that you can alter for ideal style and fit. Discover the skills necessary to draw the patterns that will bring your imagined garments to life!

Contributor Bio

Teresa Gilewska has worked in fashion design for over 30 years, in France, China, and Poland. In 1989 she set up her own studio in Paris where she worked until 2000. She is passionate about sharing her knowledge of design, particularly for the ready-to-wear market, and her books on pattern-making are a welcome addition to the literature of fashion.

Marketing Plans

- Distribute press release to identified, aligned publications and members of the media
- Promote product through Rocky Nook site and social media channels
- Establish affiliate programs to sell/market new title
- Set-up author interviews/webinars with author
- Work with author to generate relatable content to share alongside the release of book (how-to, blog post, photo contest, social promotions)
- Identify and target key influencers and extend outreach

Table Of Contents

01: Virtual Lines

02: Taking Measurements

03: The Bust

04: The Sleeves

05: The Skirt

06: The Pants

Rocky Nook
 9798888141489
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 Pub Date: 19/03/2024
 On Sale Date: 19/03/2024
 \$30.00/\$40.00 Can./£28.08 UK
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 Trade Paperback

192 Pages
 Carton Qty: 20
 Crafts & Hobbies / Sewing
 CRA035000

24.8 cm H | 19.1 cm W
 Status: **FORTHCOMING**

Related Products

Ebooks

9798888141519
 9798888141502
 9798888141496



3DTotal Publishing
9781912843787
1912843781
Pub Date: 30/04/2024
On Sale Date: 30/04/2024
\$38.00/£28.00 UK
Discount Code: TP
Trade Paperback

224 Pages
Black & white and color
illustrations throughout
Carton Qty: 14
Art / Techniques
ART010000

26.9 cm H | 22.9 cm W
Status: **FORTHCOMING**

Draw!

Brett Bean breaks down the art of drawing

Brett Bean

Key Selling Points

KEY SELLING POINTS:

- Authored by a recognizable name, Brett Bean, known as an expert in the art industry
- Brett has 100K followers on Instagram and has authored and illustrated books with Penguin Workshop and Scholastic
- A keepsake book with high-quality production values
- Expert drawing lessons are presented in a fresh way, relying on mainly on visual rather than written instruction, which many find easier to digest
- Packed with incredible artwork, all created by Brett Bean exclusively for this book
- The style of the content will mean everyone from total beginners to established artists can dive in and learn something from the drawing lessons inside
- The lessons will get gradually more complex, meaning the book can be worked through and will leave readers with a sense of accomplishment and improvement

TARGET AUDIENCE:

- Any artist, of any level, looking for a fresh, visual way to learn new drawing techniques
- Established artists who want to improve their drawing skills with easy-to-absorb examples from an industry expert
- Admirers of Brett Bean who want to learn from the way he draws and creates designs
- Fans of Brett Bean who simply want to own and enjoy some original work and keep it on their bookshelf
- Budding creatives looking for a first step into the world of drawing, who want to quickly and easily take on invaluable tips and see expert examples

Summary

Become a better artist with this immersive visual masterclass in drawing, created by industry expert, Brett Bean. Simply pick up a pen or pencil and start practising, following the captivating illustrated steps and easy-to-digest text prompts along the way.

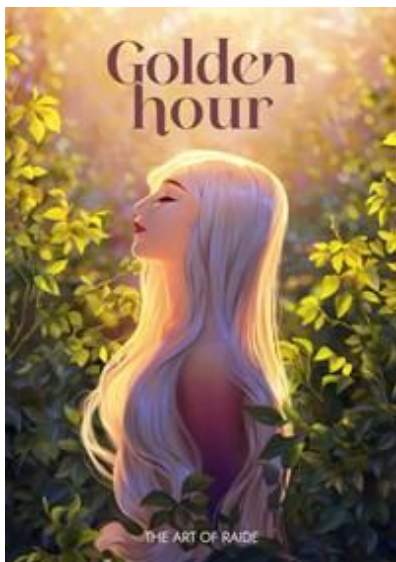
Learn about construction lines, warm-up exercises, and line weight, before diving into lessons on how to build up characters, vehicles, buildings, and environments with basic shapes. Next, soak up Brett's unique way of building up detail and interest in drawings, and how he researches and implements unique and fascinating elements that catch the eye. As the book progresses, build up confidence in tackling tricky tasks such as creating perspective, drawing hands and poses, and succeeding at effective colour and lighting. All of this can be absorbed at a glance thanks to the visually engrossing exercises, meaning you can get going as soon as you open the cover.

Those looking to improve their drawing skills can follow the book from start to finish, enjoying ongoing improvement and ending with a huge boost in confidence and talent when the final page is reached. This is an unmissable opportunity to have an expert's knowledge at your fingertips for years to come.

Contributor Bio

Brett Bean is an author-illustrator-teacher who works in comics, film, TV, video games, and board games. He lives in Los Angeles with his wife and their rambunctious children. He has worked with Disney, Dreamworks, Riot Games, Activision, Jim Henson's Creature shop, Marvel, Ravensburger, Nickelodeon, and Scholastic, and has taught at Gnomon School of Visual FX, LAAFA, and CGMA. He also hosts workshops around the world.

Marketing Plans



3DTotal Publishing
 9781912843824
 191284382X
 Pub Date: 16/04/2024
 On Sale Date: 16/04/2024
 \$50.00/£30.00 UK
 Discount Code: HC
 Hardcover

152 Pages
 Black & white and color
 illustrations throughout
 Carton Qty: 16
 Art / Digital
 ART046000
 Series: Art of
 26.9 cm H | 22.9 cm W
 Status: **FORTHCOMING**

Golden Hour: The Art of Raide

3dtotal Publishing, Raide

Key Selling Points

KEY SELLING POINTS:

- With over 444K followers on Instagram and many online students for her Domestika courses, Raide (@raidesart) has an impressive following
- The artist's manga-style character portraits with hints of realism are very popular, and fans will jump at the chance to own galleries of these images printed on high-quality paper
- The artist uses digital methods and readers will be keen to discover her individual creative process
- An in-depth look at a professional artist's journey, plus step-by-step tutorials, make this an invaluable resource for other artists, aspiring or established
- The high-quality hardback features unique finishes and special touches to make this a book perfect for displaying on a bookshelf and returning to again and again

TARGET AUDIENCE:

- Professional, student, and hobbyist artists of all abilities
- Artists with a special interest in manga-style art
- Raide's highly engaged 444K followers on Instagram and her online art students
- Artists looking for practical guidance plus inspiration from a successful, contemporary artist
- Students wanting to learn about the professional processes used in a competitive market
- Art-lovers looking for a beautiful and unique addition to their coffee table or bookshelf

Summary

Golden Hour: The Art of Raide is the debut art book from popular self-taught digital illustrator Raide. This unique book allows readers behind-the-scenes insight into the artist's creative process, including the tools and techniques she uses to create her stunning portraits and whimsical scenes.

Driven by her passion for character art, Raide has collaborated with big industry names such as Clip Studio Paint, XP-Pen, Huion, and HarperCollins. Fans will also know that Raide creates popular online art courses on Domestika, and in this book, they will discover brand-new tutorials and studies that focus on some of her many artistic strengths, such as lighting and expression.

Readers will also be able to follow her early creative years, from education to her first professional steps, and learn about what it takes to become a social-media success. Thanks to its high-quality finish and beautiful image-focused design, Golden Hour is a keepsake art book to treasure for many years to come.

Contributor Bio

Raide is a self-taught digital artist from Germany, with Portuguese roots, who has been creating art from a young age. She now has a big fanbase with 444K followers on Instagram.

Marketing Plans

We use the [3dtotal.com](https://www.3dtotal.com) website and name to promote all our art titles. This includes adverts, announcements, features, and a free chapter on our site. We also use our various social media platforms to publicise the book: Facebook (200,000 Likes), Twitter (48,000 followers), Instagram (113,000 followers), and Pinterest (8,000 followers). In addition we post promotional videos for all our books on YouTube and Vimeo. Book releases are always announced to our mailing list of 83,000 subscribers.

In terms of print marketing we send out promotional postcards and a catalogue with all physical orders in our online shop to promote book titles that are about to be released. We also send review copies to popular magazines, websites, and blogs such as



Kelli Connell: Pictures for Charis

Kelli Connell, Betsy Odom, Emily Anderson

Key Selling Points

- An illuminating journey into the complex connections between the artist and the natural world
- A reexamination of the collaboration between Charis Wilson and Edward Weston through the lens of a queer, woman artist
- *Pictures for Charis* is accompanied by a major museum exhibition, opening in February 2024 at the Center for Contemporary Photography, Tucson, before traveling to the High Museum, Atlanta, and Cleveland Museum of Art

Summary

***Pictures for Charis* offers a groundbreaking new work by artist Kelli Connell, synthesizing text and image, while raising vital questions about photography, gender, and portraiture in the twenty-first century.**

Pictures for Charis is a project driven by photographer Kelli Connell's obsession with the writer Charis Wilson, Edward Weston's partner, model, and collaborator during one of the most productive segments of his historic career. Connell focuses on Wilson and Weston's shared legacy, traveling with her own partner, Betsy Odom, to locales where the latter couple made photographs together more than eighty years ago. Wilson wrote extensively about her travels and about her, and Weston's, photographic concerns. In chasing Charis Wilson's ghost, Connell tells her own story, one that finds a kinship with Wilson and, to her surprise, Weston, too, as she navigates her own life and struggles as an artist against a cultural landscape that has changed and yet remains mired in the many of the same thorny issues regarding the nature of desire and inspiration, and the relationship of artist and landscape. This rich weave of narrative and images complicates and breathes new life into a well-known set of photos, while also presenting an entirely new and mesmerizing body of work by Connell, her first work combining image and text as a mode of visual research and storytelling.

Copublished by Aperture and the Center for Creative Photography, Tucson

Contributor Bio

Kelli Connell (born in Oklahoma City, 1974) is an artist whose work investigates sexuality, gender, identity, and photographer/sitter relationships. Her work is in the collections of the Metropolitan Museum of Art, Los Angeles County Museum of Art, Philadelphia Museum of Art, and Museum of Fine Arts Houston, among others. Connell has received fellowships from the Guggenheim Foundation, MacDowell, PLAYA, Peaked Hill Trust, LATITUDE, Light Work, and the Center for Creative Photography. Connell is an editor at Skylark Editions and a professor at Columbia College Chicago.

Betsy Odom is an artist, curator, and educator based in Chicago. They received an MFA from Yale University School of Art and a BFA from the San Francisco Art Institute. They are the recipient of numerous grants and awards including a DCASE Grant, Illinois Arts Council Artist Grant, and a West collection acquisition prize. Odom's work has been reviewed in publications including *Artforum*, *Fabrik* magazine, and the *Chicago Tribune*.

Marketing Plans

Marketing Plans:

- Center artist with interviews including publications and platforms dedicated to LGBTQIA+ representation, *Cultured*, *Dazed*, *Hyperallergic*, *Purple*, *T Magazine*, *Vanity Fair*, *Vogue*, and *Them*
- Advances to key photo outlets including *BJP*, *Polka*, *Photograph*
- Strategize with artist to leverage social media presence and with museum partners for each venue



Aperture
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1597115592
Pub Date: 19/03/2024
On Sale Date: 19/03/2024
\$65.00/\$88.00 Can./£50.00
UK/€57.00 EU
Discount Code: TP
Hardcover

280 Pages
107 duotone and four-color images
Carton Qty: 10
Print Run: 3K
Photography / Collections,
Catalogs, Exhibitions
PHO004000

22.9 cm H | 19.9 cm W | 1 kg Wt
Status: **ACTIVE**



3DTotal Publishing
9781912843688
1912843684
Pub Date: 20/08/2024
On Sale Date: 20/08/2024
\$50.00/\$64.99 Can./£30.00
UK/€43.99 EU
Discount Code: HC
Hardcover

216 Pages
Black&white and color illustrations
throughout
Carton Qty: 20
Art / Individual Artists
ART016010
Series: Art of
29.7 cm H | 20.8 cm W
Status: **FORTHCOMING**

The Art of Sam Yang

Sam Yang, 3dtotal Publishing

Key Selling Points

KEY SELLING POINTS:

- With over 1.9million followers on Instagram, Sam Yang @samdoesarts has an incredibly active fanbase with whom he engages regularly
- The artist's popular style makes this book stand out from other 'Art of' books, and will be printed on carefully selected paper to enhance his detailed style
- The artist uses Procreate, the award-winning, industry-standard iPad software that has revolutionized digital painting
- Practical tutorials demonstrating how a character image is created – from choosing a reference to final files – make this book a valuable resource for both character design and digital art
- The high-quality hardback features unique finishes and special touches to make this a book worth displaying on a bookshelf and returning to again and again

TARGET AUDIENCE:

- Professional, student, and hobbyist artists of all abilities
- Artists with a special interest in anime art or character design generally
- Artists using digital tools, Procreate in particular
- Sam Yang's highly engaged 1.9million+ followers on Instagram, and 757K+ YouTube subscribers who watch him draw and paint
- Artists looking for practical guidance plus inspiration from a successful, contemporary artist
- Students wanting to learn about the professional processes used in a competitive market
- Art-lovers looking for a beautiful and unique addition to their coffee table or bookshelf

Summary

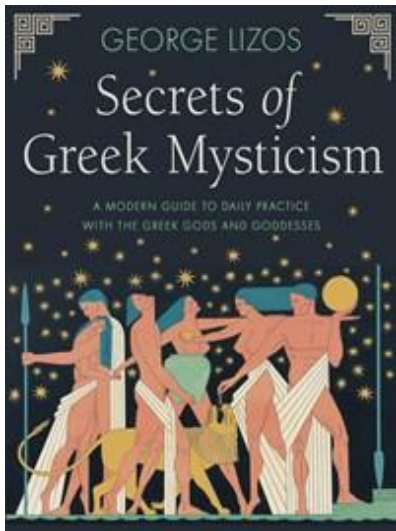
In this gorgeous hardback book, discover the incredible journey of Sam Yang (samdoesarts), whose stunning art has earned him 1.9million followers on Instagram.

Sam Yang not only takes the reader behind the scenes into his studio and personal sketchbooks, but also reveals his creative process from start to finish in detailed step-by-step tutorials. His anime-inspired, intriguing character designs have wide appeal, and many inspiring artists strive to match Sam's level of appeal and complexity in digital art. Existing fans will be thrilled to discover new insights into Sam's working methods and creative story, while those just discovering his art will love delving into galleries of his artwork, new and old.

Contributor Bio

Sam Yang is an inspiring artist based in Toronto, Canada. He has 1.9million Instagram followers and creates stunning digital character art.

Marketing Plans



Hampton Roads Publishing
9781642970524
1642970522
Pub Date: 8/04/2024
On Sale Date: 8/04/2024
\$19.95
Trade Paperback

256 Pages
line art
Carton Qty: 28
Body, Mind & Spirit / Magick
Studies
OCC028000

20.3 cm H | 15.2 cm W
Status: **ACTIVE**

Related Products

Display

Entering Hekate's Garden
9781578637225 \$24.95

Secrets of Greek Mysticism

A Modern Guide to Daily Practice with the Greek Gods and Goddesses

George Lizos

Key Selling Points

- A reader-friendly guide to the spirituality of the Greek gods
- Lizos was the first Greek-Cypriot ordained priest following the religion's official recognition in Cyprus
- Written in manner that would allow anyone interested in the Greek gods to work them into their own practice whether they are Hellenic, witches, Pagans, or want to delve further into their Greek roots
- Cities with concentration of Greek heritage are NYC, Boston, Chicago, Tarpon Springs (FL)

Summary

"*Secrets of Greek Mysticism* is a rare gem that marries scholarly wisdom with practical spirituality. George's insightful approach unveils the gods' profound essence, offering readers a transformative road map to inner growth and connection. This book is an invitation to weave the divine into our daily lives."

—**Sophie Bashford**, intuitive and bestselling author of *You Are a Goddess*

A clear introduction to the spirituality, beliefs, rituals, and gods and goddesses of the Greek pantheon from a modern practitioner.

Secrets of Greek Mysticism is the first spiritual book about the Greek gods and goddesses written by a native, practicing priest of Hellenic Polytheism. It goes beyond the simplistic and archetypical representation of the Greek pantheon and instead introduces the gods and goddesses from a theological perspective.

Secrets of Greek Mysticism teaches readers how to find each god or goddess within them. This is achieved through grounded insights on the gods' virtues as they relate to modern life (i.e., practicing bravery with Ares, cultivating endurance with Demeter, and embodying love with Aphrodite), explaining the deeper spiritual meaning of popular myths, practicing guided meditations, activating the gods' energies with mantras and hymns, and performing simple rituals.

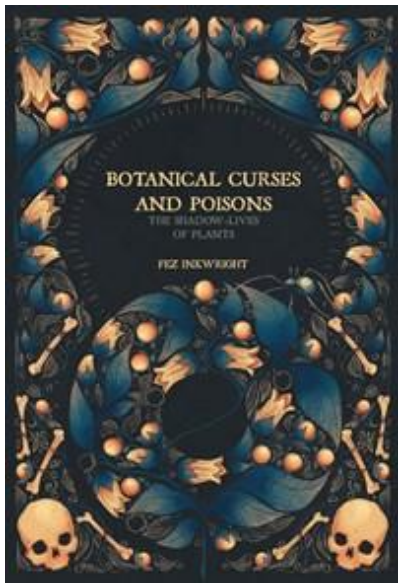
In helping readers build a spiritual connection with the gods and goddesses, *Secrets of Greek Mysticism* reveals the beginnings of the practice as well as practices for everyday life:

- The twelve gods' birth stories, essences, and virtues
- The foundation of ancient Greek spirituality, cosmology, and theology
- How to live and work with the gods on a daily basis
- Setting up altars
- Symbols, hymns, and meditations to guide readers' practice of connecting with the gods

Secrets of Greek Mysticism also makes the claim that for the Divine Feminine to rise, the Divine Masculine needs to rise, too. Rather than solely focusing on female goddesses, it brings together the male and female deities of the Greek pantheon to help readers experience divine union.

Contributor Bio

George Lizos is a spiritual teacher, psychic healer, Greek pagan priest, creator of Intuition Mastery School, as well as a #1 bestselling author (*Be the Guru*, *Lightworkers Gotta Work*, *Protect Your Light*) and host of *The Lit Up*



Sterling Ethos
9781454956716
1454956712
Pub Date: 26/03/2024
On Sale Date: 26/03/2024
\$16.99/\$22.99 Can./£12.99 UK
Discount Code: T
Hardcover

224 Pages
b-w illus. throughout
Carton Qty: 16
Science / Natural History
SCI100000
Series: Folk Magic
Territory: World
21 cm H | 14.6 cm W
Status: **ACTIVE**

Botanical Curses and Poisons

The Shadow-Lives of Plants

Fez Inkwright

Key Selling Points

- Sequel to Inkwright's book *Folk Magic and Healing*.
- The perfect book for lovers of folklore and plants.
- Rising interest in alternative therapies and witchcraft has many seeking to learn more about the mythical properties of plants – whether for healing or hexing!
- Beautifully produced hardcover with metallic foiling and ribbon bookmark.

Summary

Discover the folklore and history of our most toxic plants through this beautifully produced, gorgeously illustrated compendium—a captivating coffee table book for enthusiasts of witchcraft books and botanical knowledge alike.

***"If you drink much from a bottle marked 'poison,' it is almost certain to disagree with you, sooner or later."* – Lewis Carroll, Alice in Wonderland**

In both history and fiction, some of the most dramatic, notorious deaths have been through poisonings. Concealed and deliberate, it's a crime that requires advance planning and that for many centuries could go virtually undetected. And yet there is a fine line between healing and killing: the difference lies only in the dosage! In *Botanical Curses and Poisons*, Fez Inkwright, a knowledgeable kitchen witch, returns to folkloric and historical archives to reveal the fascinating, untold stories behind a variety of lethal plants, witching herbs, and fungi.

Going from A to Z, she covers everything from apple (think of the poisoned fruit in "Snow White") and the hallucinogenic angel's trumpet to laurel, which emits toxic fumes, to oleander (a deadly ornamental shrub), with each plant beautifully illustrated by the author herself, making it a spellbinding spell book and a feast for the eyes.

This enthralling treasury is packed with insight, lore, and the revealed mysteries of everyday flora—including the prevalence of poisoning in ancient Rome, its use in religion and magic, and common antidotes—making this the perfect addition to the library of gardeners, writers, folklorists, witches, and scientists alike. Whether you seek knowledge of plant books or a comprehensive plant encyclopedia, this poisonous plants book is a must-have addition to your collection, delving into curses, chemistry, and the captivating world of botanical witchcraft books.

Contributor Bio

Fez Inkwright is an author and illustrator with a passion and knowledge of botany, nature, primitive religions, and folklore. She has produced work for children's books, cartomancy decks, hand-drawn maps, and designed tattoos. She lives in Bristol, England.

Illustrations





Sterling Ethos
 9781454949831
 145494983X
 Pub Date: 7/05/2024
 On Sale Date: 7/05/2024
 \$19.99/\$25.99 Can./£15.99 UK
 Discount Code: T
 Hardcover

224 Pages
 color illus. throughout
 Carton Qty: 14
 Print Run: 20K
 Body, Mind & Spirit / Witchcraft
 OCC026000
 Series: The Modern-Day Witch
 Territory: World

16.5 cm H | 14 cm W
 Status: **FORTHCOMING**

Related Products

Ebooks

9781454949848

The Rainbow Witch

Enhance Your Magic with the Secret Powers of Color

Kac Young

Key Selling Points

- BESTSELLING SERIES:** Modern-Day Witch series has sold over 700k copies.
- NEW TAKE ON A FAMILIAR SUBJECT:** This is the only book on rainbow witchcraft, an exciting new practice that has ties to many different branches of witchcraft, including color magic and nature magic.
- PROVEN PACKAGE:** Will be based on the same cool design aesthetic and by that made *Wiccapedia* and the *Good Witch* so popular.

Summary

The Rainbow Witch is a guide to color and magic that encompasses all factions of witchcraft practices and practitioners. In this book, readers are initiated into each of seven colors of the rainbow by learning the spiritual meaning, intensity, and magical purpose of each color. *The Rainbow Witch* provides a treasure chest of wisdom with practices that can help you set up a color altar, enhance your spells, connect with entities beyond the veil, use your chakra energy to open the color portals, and give you more power than you dreamed possible. Author Kac Young offers:

- Symbolic language
- Powerful nature magic integrating plants, crystals, and animals; incantations
- Prayers and rituals
- Mental techniques for effective practice that will deepen your abilities and magical talents.

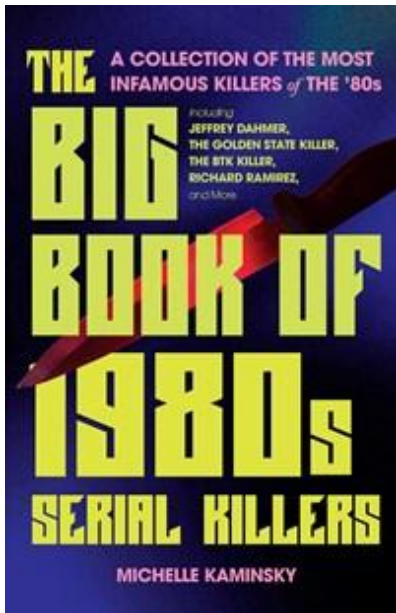
The Rainbow Witch is transformative. Use the magic of the rainbow and your results will be measured in joy and celebrated in love and goodness. *The Rainbow Witch* is suitable for the beginner or the advanced witch.

Contributor Bio

Kac Young, PhD is a Certified Archetypal Therapist, and Counselor; a Certified Meditation Teacher; a career coach for aspiring actors and directors; a Medical Qigong teacher; and a former pilot of private airplanes. She has traveled the world extensively, studying with healers and shamans to understand the art of healing. She has a podcast on the first Wednesday of each month called *The Art of Healing*, and she has earned a PhD in Natural Health and a doctorate in naturopathy. To date she has written twenty-three self-help books, including *Crystals Power*, *the Twelve Essential Crystal for Health and Healing*, and *Pendulum Power Wisdom and Healing*.

Illustrations





Ulysses Press
9781646046171
164604617X
Pub Date: 4/9/2024
\$16.95/\$22.95 Can./£16.99 UK
Trade Paperback

256 Pages
Carton Qty: 44
True Crime / Murder
TRU002010
Series: True Crime
8.5 in H | 5.5 in W
Status: **ACTIVE**

Related Products

Previous Titles

Mixology and Murder
9781646042401 \$19.95
Serial Killer Trivia: Cold Cases
9781646041268 \$15.95
Cold Cases: A True Crime
Collection 9781646040346
\$15.95
Serial Killer Trivia
9781612438672 \$14.95

The Big Book of 1980s Serial Killers

A Collection of the Most Infamous Killers of the '80s, Including Jeffrey Dahmer, the Golden State Killer, the BTK Killer, Richard Ramirez, and More
Michelle Kaminsky

Summary

Take a deep dive into the rise and fall of some of the most notorious serial killers of the '80s, including Jeffrey Dahmer, Joseph James DeAngelo, Dennis Lynn Rader, and the Night Stalker.

Neon leg warmers, big hair, rock band T-shirts, and mix tapes — 1980s' nostalgia at its finest. But just below that saccharine facade lurked a seedy underbelly of inconceivable human monsters like no decade before had ever seen. The Golden Age of the Serial Killer brought a sharp increase in violent crime, panic, and terror, which in turn sparked a chaotic race between serial murderers and law enforcement officers tasked with both stopping the killings and delivering justice to victims and their loved ones. *The Big Book of 1980s Serial Killers* is for the true crime fanatic who wants to investigate these cases and discover the ins and outs of how crimes like these are solved.

Drawing from meticulous research, contemporary journalistic accounts, and trial transcripts, this book traces the various ways in which law enforcement cracked some of the most challenging serial killer cases in history. Serial killers included:

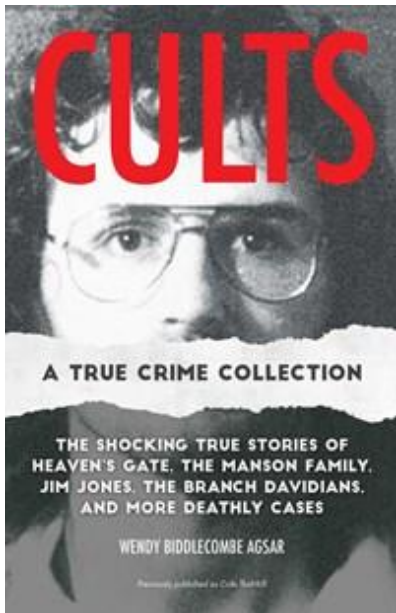
- Doug Clark and Carol Bundy (Sunset Strip Killers)
- Jeffrey Dahmer
- Joseph James DeAngelo (The Golden State Killer)
- Larry Eyler (The Interstate Killer)
- Lonnie David Franklin, Jr. (The Grim Sleeper)
- Samuel Little
- Gary Leon Ridgway (The Green River Killer)
- Dennis Rader (The BTK Killer)
- Richard Ramirez (The Night Stalker)
- Tommy Lynn Sells
- Arthur Shawcross (The Genesee River Killer)
- Aileen Wournos

Are you ready to hunt the worst serial killers of the 1980s?

Contributor Bio

Michelle Kaminsky's true crime writing is driven by a lifelong fascination with criminal minds, motivations, and MOs. Her first book, *Serial Killer Trivia: Fascinating Facts and Disturbing Details That Will Freak You the F*ck Out*, was published in 2019, and her second book, *Serial Killer Trivia: Cold Cases: Fascinating Facts and Chilling Details from the Creepiest Unsolved Murders Ever*, was published in 2021, both by Ulysses Press. Michelle is the mom of a human kid and a rescued hound, and she is probably listening to a true crime podcast right now. You can find her @michkaminsky throughout social media.

Illustrations



Ulysses Press
9781646046201
164604620X
Pub Date: 3/26/2024
\$16.95/\$22.95 Can./£16.99 UK
Trade Paperback

232 Pages
Carton Qty: 44
True Crime / Murder
TRU002020
Series: True Crime
8.5 in H | 5.5 in W
Status: **ACTIVE**

Cults: A True Crime Collection

The Shocking True Stories of Heaven's Gate, the Manson Family, Jim Jones, the Branch Davidians, and More Deathly Cases

Wendy Biddlecombe Agsar

Summary

Discover the truth of what happens when true believers go too far with the shocking stories of the world's most known and horrific cults like The Order of the Solar Temple and the NXIVM Cult.

Cults have been around for centuries, and many have been dubbed as satanic and murderous due to their heinous crimes. In *Cults: A True Crime Collection*, you will get to study the most notorious ones and what they did to achieve that notoriety. Get to know the story behind the scariest cults in history, including:

- Charles Manson and the Manson Family
- Heaven's Gate and their mass suicide attempts
- Blood-consuming cults like the Vampire Clan
- Jim Jones and the Jonestown Massacre
- The People's Temple and their cyanide-laced drinks
- And more!

From gruesome suicides to clan murders, *Cults: A True Crime Collection* will tell you the real story behind the crimes and the leaders who orchestrated them. This book also studies the rise and fall of said clans and what led them to commit such terrible crimes like mass murders and human sacrifices.

Contributor Bio

Wendy Biddlecombe Agsar is an editor, writer, and former newspaper crime reporter. She lives in Leipzig, Germany, with her family.

Illustrations

Related Products

Previous Titles

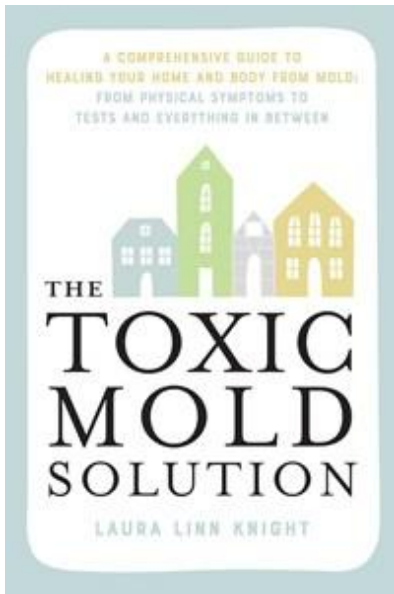
Mixology and Murder
9781646042401 \$19.95

Serial Killer Trivia: Cold Cases
9781646041268 \$15.95

Cold Cases: A True Crime Collection
9781646040346 \$15.95

Serial Killer Trivia
9781612438672 \$14.95





Ulysses Press
9781646046140
1646046145
Pub Date: 4/2/2024
\$16.95/\$22.95 Can./£16.99 UK
Trade Paperback

184 Pages
Carton Qty: 54
Science / Life Sciences
SCI094000

9 in H | 6 in W
Status: **ACTIVE**

The Toxic Mold Solution

A Comprehensive Guide to Healing Your Home and Body from Mold: From Physical Symptoms to Tests and Everything in Between

Laura Linn Knight

Summary

Discover everything you need to know about mold toxicity, including how to heal from mold-related illnesses like allergies, anxiety, chronic asthma, migraines, eczema, and more.

What if the cause of your chronic health condition or your mental health challenges was lurking silently behind the walls of your home? An estimated 10 million Americans suffer from mold toxicity, and many don't even know it.

In *The Toxic Mold Solution*, author Laura Linn Knight shares the most up-to-date research into mold and mold toxicity, guidance from experts in the field, case studies from families healing from mold exposure, and her own personal experiences with the devastating effects of mold. Along the way, you'll also discover a multitude of healing tools and exercises to help you:

- Recognize the physical and psychological symptoms of mold toxicity
- Locate resources for testing your home and your body for mold
- Discover the protocols you need to detox your body
- Develop tools that will support your emotional well-being throughout the process
- And more

The Toxic Mold Solution will empower you to be your family's advocate and champion on the journey to detoxify your home, heal your body, and reclaim your physical and mental health.

Contributor Bio

Laura Linn Knight is a parenting educator, author, mindfulness and meditation guide, mother of two, and former elementary school teacher who helps families create calmer homes by giving them the tools and resources they need to heal.

Today Laura is drawing on her years of experience in family education to support families in addressing a widespread but misunderstood health concern: mold toxicity. Laura shares her knowledge, research, and personal experiences in recovering from mold exposure through her advocacy work and her blog, *The Toxic Mold Solution*.

Laura is the author of *Break Free from Reactive Parenting*, and her work has been featured on NBC's *Today Show*, *Romper*, *PureWow*, *Motherly*, *Good Day LA*, and across other various media outlets.

Illustrations



Unbound
9781800182820
1800182821
Pub Date: 2/04/2024
On Sale Date: 2/04/2024
\$26.95
Discount Code: HC
Hardcover

336 Pages
Carton Qty: 12
Biography & Autobiography
/ Music
BIO004000
22.2 cm H | 14.1 cm W
Status: **FORTHCOMING**

Live!

Why We Go Out

Robert Elms

Key Selling Points

- Robert Elms is a broadcaster and writer, well-known for his eponymous show on BBC Radio London.
- Full of personal anecdotes and fascinating details, from The Clash and Amy Winehouse, to the power of flamenco and jazz funk, *Live!* covers a huge range of genres and artists.
- Robert is the lead chronicler of New romantic movement.

Summary

'ABC', as perfect as anything I've ever witnessed up until that point in my tiny little life. Three minutes of divine delirium.

In 1972, when Robert Elms was thirteen years old, he saw the Jackson 5 play live at the Empire Pool. At some point during the performance, he found himself in a state of otherworldly perfect synchronicity with everything happening around him. This single event would set him off on an endless pursuit for that same height of pleasure.

Since then, Robert has lived his life through live music, from pub rock to jazz funk, punk to country, and everything in between. Each gig is memorable in its own way, and his snapshots of musicians past and present are both evocative and startlingly concise: Tom Waits showboating with an umbrella, Grace Jones voguing with a mannequin, Amy shimmying shamelessly like a little girl at a wedding, Gil Scott-Heron rapping with a conga drum.

While in our changed times, Robert notes that we have found new ways of listening – of being part of something special by uniting fans with their favourite performers online – there is not, nor can there ever be, anything quite like the live experience. *Live!*: *Why We Go Out* is a memoir and a musing on why experiencing live music really matters.

Contributor Bio

A celebration of the joys of live music from BBC Radio London's Robert Elms

For nearly 40 years Elms has been one of the most distinctive faces and voices in the British media. A journalist, author and presenter, his multi-award winning daily radio show on BBC London, covering all aspects of life in the metropolis, including his passion for great music, is the most listened to programme on British local radio.

The start of the 1980s also saw the start of *The Face*, the pioneering style bible, where Elms instantly found a niche for his diatribes on the intricacies of young urban life. Becoming an editor of *The Face* in his early twenties, he also contributed regularly to international magazines as well as most of the prestigious British newspapers. He began broadcasting for the BBC, most notably as part of the team of *Loose Ends* on Radio 4 where he won his first Sony.

In 1986 he combined two ambitions by going to live in Spain to write his debut novel. *In Search Of The Crack* was a Penguin original when he was just 27. He also began travel writing for the *Sunday Times*, who regularly printed his portraits of places as diverse as Venice and Buenos Aires, Istanbul and New Orleans. Elms continued his obsession with Iberia by writing his second book *Spain: A Portrait After The General* which was nominated as travel book of the year in 1992.

Quotes

"From queuing all night outside the Kilburn State in order to score a Faces ticket aged fifteen, to certified "Triple A" eminence, Robert's gimlet eye has observed the live



Weird Music That Goes On Forever

A Punk's Guide to Loving Jazz

Bob Suren, Brian Walsby

Key Selling Points

- The audience for this book spans generations from the original '70s punk rockers to modern hardcore fans
- Stands apart from other books about jazz with its irreverent tone and language
- Biographical profiles include:
 - Cannonball Adderly
 - Chet Baker
 - Count Basie
 - Art Blakey
 - Dave Brubeck
 - Cab Calloway
 - Ornette Coleman
 - John Coltrane
 - Miles Davis
 - Eric Dolphy
 - Duke Ellington
 - Ella Fitzgerald
 - Dizzy Gillespie
 - Billie Holiday
 - Rahsaan Roland Kirk
 - Charles Mingus
 - Thelonious Monk
 - Lee Morgan
 - Charlie Parker
 - Buddy Rich
 - Max Roach
 - Sonny Rollins
 - Kevin Seconds
 - Sun Ra
 - Lester Young

Microcosm Publishing
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 1648412084
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 Trade Paperback

256 Pages
 Carton Qty: 44
 Music / Genres & Styles
 MUS025000

7 in H | 5 in W
 Status: **ACTIVE**

Summary

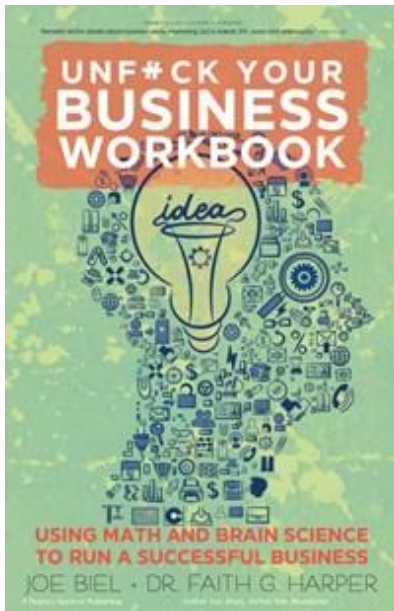
Once you've collected every 7" from your favorite label, broken your back in the mosh pit, and become so well-versed in the interpersonal dynamics of every hardcore band that there's nothing more to learn, what's a punk to do? Try jazz, recommends Bob Suren.

No, really. Suren, who wrote *Crate Digger* about his life and work in punk, turns his obsessive gaze onto another form of rebellious, improvisational outsider music, but this time with more sax.

What does Dixieland have in common with D.R.I.? Did Charles Mingus write the first punk song? And who was the Butthole Surfer of jazz? Suren answers these questions and many more. Reading his irreverent guide to jazz, filled with punk references and colorful language, is more fun than getting arrested for vandalism. Learn about the surprising history and scandalous etymology of jazz, explore its connections to punk, and take in biographical sketches of over 25 notable artists--with plenty of recommendations thrown in for your listening pleasure.

Contributor Bio

Bob Suren spent decades as a professional punk rocker, playing in bands, releasing records, running a store and a distribution company, writing for zines, shooting photos, and booking shows. Now he's kind of into jazz. He lives in Austin, TX.



Microcosm Publishing
9781621064695
1621064697
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\$14.95/\$19.99 Can./£13.99 UK
Trade Paperback

128 Pages
Carton Qty: 76
Business & Economics
/ Entrepreneurship
BUS025000
Series: Good Life
8.3 in H | 5.5 in W
Status: **FORTHCOMING**

Related Products

Also Available

Unfuck Your Business
9781648411588 \$14.95

Unfuck Your Business Workbook

Using Math and Brain Science to Run a Successful Business

Joe Biel, Faith G. Harper

Key Selling Points

- Over five million new businesses were started in 2022
- Co-author Dr. Faith G. Harper's books have sold over 3 million copies
- Co-author Joe Biel's company was named one of the top three fastest-growing publishers in the United States for the past two years by Publishers Weekly

Summary

Want to start a business and ready to make a plan? This workbook will walk you through the essential steps with no fluff.

Publisher Joe Biel and bestselling author Dr. Faith G. Harper, co-authors of *Unfuck Your Business*, reunite to help you make your business idea viable, find your niche, and evaluate your growth and success. With the help of worksheets and exercises, you'll make sure the money adds up, plan your strategy for growth, hone your management skills, and work through common pitfalls like imposter syndrome and self-sabotage. Even if you've never run a business before and don't see yourself as a numbers person, you can succeed with the right tools.

Work out your dreams on the page and then watch your hard work, critical thinking, and belief in your meaning and purpose make them come true!

Contributor Bio

Joe Biel is a self-made autistic publisher and [filmmaker](#) who draws origins, inspiration, and methods from punk rock. Biel is the founder and CEO of Microcosm Publishing, *Publishers Weekly's* #1 fastest-growing publisher of 2022. Biel has been featured in *Time Magazine*, *Publishers Weekly*, *Art of Autism*, *Reading Glasses*, *Bulletproof Radio*, *Spectator* (Japan), *G33K* (Korea), and *Maximum Rocknroll*, as well as on NPR and PBS. Biel is the author of [A People's Guide to Publishing: Building a Successful, Sustainable, Meaningful Book Business](#), [Good Trouble: Building a Successful Life & Business on the Spectrum](#), [Manspressions: Decoding Men's Behavior](#), [Make a Zine](#), [The CIA Makes Science Fiction Unexciting](#), [Proud to be Retarded](#), [Bicycle Culture Rising](#), and more. Biel is the director of five feature films and hundreds of short films, including [Aftermass: Bicycling in a Post-Critical Mass Portland](#), [\\$100 & a T-Shirt](#), and the [Groundswell film series](#). Biel lives in Portland, OR. Find out more at [joebiel.net](#).

Dr. Faith G. Harper, ACS, ACN is a bad-ass, funny lady with a PhD. She's a licensed professional counselor, board supervisor, certified sexologist, and applied clinical nutritionist with a private practice and consulting business in San Antonio, TX. She has been an adjunct professor and a TEDx presenter, and is proud to be a woman of color and uppity intersectional feminist. She is the *Wall Street Journal* bestselling author of the book *Unf*ck Your Brain* and many other popular zines and books on subjects such as anxiety, depression, boundaries and grief. She has been known to publish in academic spaces as well, most recently with a chapter in the book *Understanding Indigenous Perspectives*. She is available as a public speaker and for corporate and clinical trainings.

[Subscribe to the Unfuck Your Brain newsletter](#) to get a discount on her books and zines.

Marketing Plans

- National and Local Media Campaigns
- Pre-Publication Online Publicity Campaign
- Email Marketing and Publicity Campaign

LARA HOPE SCHWARTZ

Try to Love the Questions



FROM DEBATE TO DIALOGUE
IN CLASSROOMS AND LIFE



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Education / Schools
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Series: Skills for Scholars
8 in H | 5 in W
Status: **ACTIVE**

Try to Love the Questions

From Debate to Dialogue in Classrooms and Life

Lara Schwartz

Summary

An essential guide to dialogue in the college classroom and beyond

Try to Love the Questions gives college students a framework for understanding and practicing dialogue across difference in and out of the classroom. This invaluable guide explores the challenges facing students as they prepare to listen, speak, and learn in a college community and encourages students and faculty alike to consider inclusive, respectful communication as a skill—not as a limitation on freedom.

Among the most common challenges on college campuses today is figuring out how to navigate our politically charged culture and engage productively with opposing viewpoints. Lara Schwartz introduces the fundamental principles of free expression, academic freedom, and academic dialogue, showing how open expression is the engine of social progress, scholarship, and inclusion. She sheds light on the rules and norms that govern campus discourse—such as the First Amendment, campus expression policies, and academic standards—and encourages students to adopt a mindset of inquiry that embraces uncertainty and a love of questions.

Empowering students, scholars, and instructors to listen generously, explore questions with integrity, and communicate to be understood, *Try to Love the Questions* includes writing exercises and discussion questions in every chapter, making it an indispensable resource for anyone interested in practicing good-faith dialogue.

Contributor Bio

Lara Hope Schwartz teaches in the School of Public Affairs at American University, where she is founding director of the Project on Civic Dialogue (formerly the Project on Civil Discourse). A lawyer and former civil rights strategist, she is the author (with Andrea Malkin Brenner) of *How to College: What to Know before You Go (and When You're There)*.

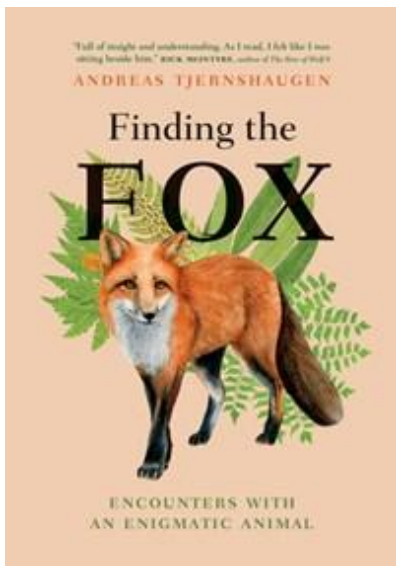
Unpublished Endorsements

"Lara Hope Schwartz provides us with an accessible, smart, and good-humored resource that we've long needed in college classrooms. She connects the skills of listening, critiquing, and generous thinking with the ways in which we learn and flourish in college and helps students to navigate the complex social and intellectual landscape of higher education. *Try to Love the Questions* is a guide to rich thinking, meaningful engagement, and deeper, more intentional learning."—**Kevin M. Gannon, author of *Radical Hope: A Teaching Manifesto***

"*Try to Love the Questions* offers a practical assessment of the challenges to open dialogue on college campuses today and suggests a clear and pragmatic approach to overcoming them. Contrary to common analyses that depict students as whiny, brittle, or self-indulgent, Schwartz correctly portrays them as capable, active, and needing and deserving of opportunities to learn how to use their voices."—**Sigal R. Ben-Porath, author of *Cancel Wars: How Universities Can Foster Free Speech, Promote Inclusion, and Renew Democracy***

"*Try to Love the Questions* boldly and cogently addresses an issue of urgent concern today: how to have productive and civil discussions in the college classroom at a time of polarization, direct attacks on people for their views, and outright fear of expressing one's opinions. I hope this book is widely read and discussed."—**Gary Saul Morson, coauthor of *Minds Wide Shut: How the New Fundamentalisms Divide Us***

"Schwartz offers astute observations about what college discourse is and lays out the



Greystone Books
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Finding the Fox

Encounters With an Enigmatic Animal

Andreas Tjernshaugen, Lucy Moffatt

Key Selling Points

TARGET AUDIENCE: For readers of Catherine Raven's *Fox and I*, Sy Montgomery's *The Soul of an Octopus*, Helen Macdonald's *H is for Hawk*, and other books that profile extraordinarily intelligent animals and our relationship to them.

CAPTIVATING PORTRAIT: *Finding the Fox* is a compelling portrait of an animal that has captured our imaginations for centuries, from the scientific discoveries about them to the myths and legends.

A VIRAL FAVORITE: Foxes are a favorite animal on the internet, with countless accounts dedicated to them across many social media platforms.

Summary

An intimate portrait of a mysterious and misunderstood animal.

"Tjernshaugen writes in an easy-to-read style that is full of insight and understanding. I felt like I was sitting beside him as he described fox behavior." —Rick McIntyre, Yellowstone wolf researcher and author of *The Rise of Wolf 8*

If you look into the fox's amber eyes, you'll notice vertical pupils. With such feline eyes in a slender canine body, the fox is a relative of the dog and the wolf, but it hunts alone, like a cat. The fox lives close to people, both in the city and in the country, but it's wild, shy, and secretive.

Taking long walks in the early morning, equipped with wildlife cameras—and sometimes with his dog Topsy by his side—Andreas Tjernshaugen journeys into the forest hoping to encounter the foxes living just outside his small town in Norway. He knows the telltale signs of how to find a fox den, how to identify a pawprint in the snow, and the smells that foxes leave behind. He meets a vixen he named Blackback, and he watches carefully as she and other foxes hunt, play, and live together as families.

Throughout this captivating book, Tjernshaugen investigates the fox's place in our own cultural history—such as Reynard the Fox, the Scandinavian inspiration for Disney's Robin Hood, and the fables of Aesop, which depict foxes as sly and cunning, a reputation that may not be fully earned, Tjernshaugen argues. What is true is "the fox is wilder than other wildlife...and largely survives in spite of our plans and regulations, like an outlaw, so I see it as a symbol of freedom and independence."

Contributor Bio

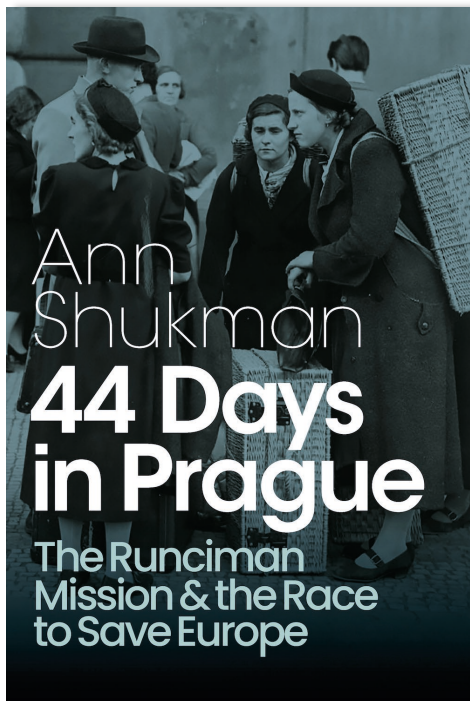
Andreas Tjernshaugen is a writer, editor, and part-time naturalist. His previous books for adults and children have been published to critical acclaim in several languages. He lives in a small town in Norway.

Quotes

"In 25 succinct chapters, [the author] explores the natural and cultural history of the fox. Along with his personal observations of local foxes ... are his considerations of

— ADVANCED BOOK INFORMATION —

— April 2024 | Hardback | 288pp | £25 | 9781911723042 | 234x156mm | History / World War II —



44 Days in Prague

The Runciman Mission and the Race to Save Europe

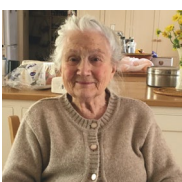
Ann Shukman

- The dramatic story of a last-ditch attempt to avert catastrophe in Europe, on the eve of the Second World War.
- Author investigated her grandfather Walter Runciman's 1938 Mission to Prague after discovering that her grandmother had pro-German sympathies.
- Draws on fresh evidence from personal diaries, private papers and Czech publications.

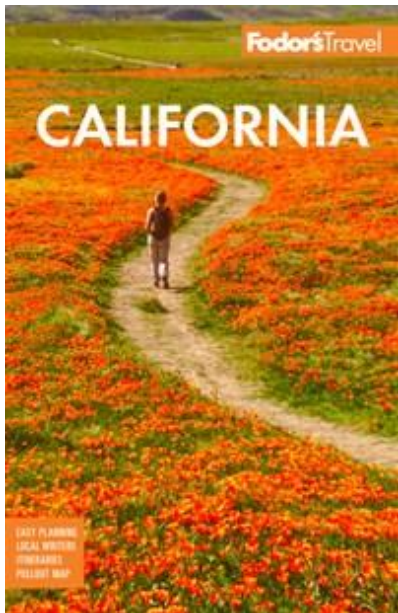
After discovering that her grandmother had pro-German sympathies, Ann Shukman resolved to investigate her grandfather Walter Runciman's 1938 Mission to Prague. This government-sponsored British delegation sought to broker peace between the Czechoslovak republic and its Sudeten German minority—a dispute that Hitler was aggravating with virulent anti-Czech propaganda and threats of invasion.

Drawing fresh evidence from personal diaries, private papers and Czech publications, *44 Days in Prague* exposes the misunderstandings and official ignorance that provoked a calamitous series of betrayals. It reveals that, while Walter Runciman always supported Czechoslovakia's integrity, his wife Hilda—whose role became crucial—publicly favoured the German cause.

This is a moving portrayal of Walter's declining influence as tensions mounted, from the couple's efforts to court a divided old aristocracy at glittering social occasions, to Prime Minister Neville Chamberlain's fatal undermining of the Mission, in his abrupt decision to negotiate directly with Hitler. Shukman's vivid narrative combines personal insight with meticulous research to shine new light on this pivotal yet tragic episode of European history.



Ann Shukman graduated in Modern Languages from the University of Cambridge and gained her doctorate in Russian Literary Theory from the University of Oxford. She has lectured in Russian Language and Literature at the University of Birmingham and Keele University, and tutored at Lady Margaret Hall, University of Oxford.



Fodor's California (35th Edition)

with the Best Road Trips

Fodor's Travel Guides

Key Selling Points

COMPETITIVE ADVANTAGE:

- More maps—including a free pullout map—than other guidebooks to the region; detailed road trip itineraries not found in competitor guides.

TOURISM TRENDS:

- California tourism grew 32% in 2022 and has now surpassed 2019 pre-pandemic levels (sparked primarily by domestic US tourists) even as international tourism levels are not expected to reach pre-pandemic levels until 2025.

FULLY REDESIGNED!

- **New front cover** has eye-catching full-bleed images with key selling points on the front
- **New back cover** is fully-redesigned
- **"Best of" Lists** will visually engage the reader and provide an overview of the entire destination (best things to eat, see, do, drink, as well as what to read and watch before going)
- **Visually focused with more color and images** including more full and half-page images throughout and color-coded category icons
- **Other useful features** including Great Itineraries, Walking Tours, Calendar of Events, What to Watch and Read Before Your Trip
- **"Travel Smart"** (logistical planning tips section) now at the front of the book and redesigned to be more infographic in feel
- **Stronger Voice and Opinions** give all Fodor's guides more personality. Books are more friendly and conversational in tone, going beyond informational to being inspirational

CURATED AND RELEVANT:

- **Focused coverage** on only the best places so travelers can make the most out of their limited time.
- **Carefully vetted recommendations** for all types of establishments and price points.

CONCISE:

- **Shortened reviews** presented with brevity and focus.

Please see additional key selling points in the book main description

Summary

Whether you want to get a glimpse of the Hollywood sign, wander among giant redwood trees at Muir Woods, or camp in a National Park, the local Fodor's travel experts in California are here to help! *Fodor's California* guidebook is packed with maps, carefully curated recommendations, and everything else you need to simplify your trip-planning process and make the most of your time. This new edition has been **fully-redesigned** with an easy-to-read layout, fresh information, and beautiful color photos.

Fodor's California travel guide includes:

- **AN ILLUSTRATED ULTIMATE EXPERIENCES GUIDE** to the top things to see and do
- **MULTIPLE ITINERARIES** to effectively organize your days and maximize your



Fodor's Travel
 9781640976603
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896 Pages
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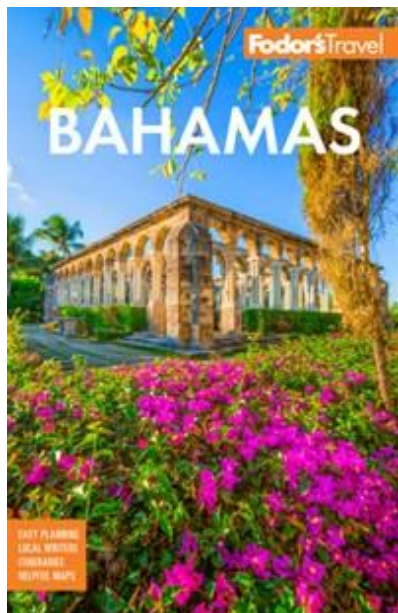
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Related Products

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Fodor's Bahamas (34th Edition)

Fodor's Travel Guides

Key Selling Points

COMPETITIVE ADVANTAGE:

- Fodor's is the #1 selling guide to the Bahamas on Amazon, aside from a spiral-bound sailing guide to the Abacos. We dedicate a full guide to the region while Lonely Planet only covers the Bahamas in their Caribbean guide. The only direct competitor is Moon's guide to the Bahamas, which has not been updated since 2019.
- Coverage of Grand Bahama and the Abaco Islands reflecting their recent recovery after the destruction caused by Hurricane Dorian in 2019.

TOURISM TRENDS:

- Pre-Covid, the Bahamas saw a 9.7% increase in inbound tourism for 2019 with 7.25 million international visitors per year, according to the World Tourism Organization.
- Cruise arrivals in 2022 increased by nearly 400 percent over 2021 and were less than 1 percent below 2019 cruise arrivals.
- December 2022 saw total arrivals eclipse 900,000 visitors, more than any month in Bahamian history. ([Source](#))

FULLY REDESIGNED!

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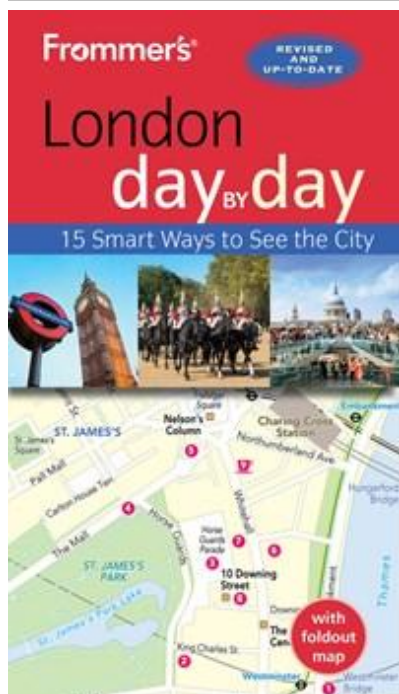
CONCISE:

- **Shortened reviews** presented with brevity and focus.

Please see additional key selling points in the book main description

Summary

Whether you want to discover 800 miles of beaches, swim with pigs in the Exumas, or relax at a top-rated resort and spa, the local Fodor's travel experts in the Bahamas are here to help! *Fodor's Bahamas* guidebook is packed with maps, carefully curated recommendations, and everything else you need to simplify your trip-planning process and make the most of your time. This new



Frommer's London day by day (6th Edition)

Donald Strachan

Summary

Frommer's London Day-by-Day is the smartest, most time-efficient guide for the traveler who wants complete itineraries and lots of photos without being weighed down. Full-color throughout, easy to fit in a coat pocket, and packed with hundreds of evocative photos, this invaluable guide offers reviews on a wide array of sightseeing, lodging, shopping, dining and entertainment options in all price ranges. You'll also find a variety of Frommer's' celebrated thematic and walking tours of the city's best-loved neighborhoods with Frommer's' trademark candid and accessible expertise. Eat, drink and experience London—the Frommer's way!

Frommer's London Day by Day contains:

- *Dozens of stunning, full-color photos throughout
- *Helpful maps, including a tear-resistant foldout map in a handy, reclosable plastic wallet
- *Strategic itineraries, for families, for short stays, for art lovers and more weeklong stays
- *Authentic experiences to help you appreciate this exciting city like a local
- *Candid reviews of the best restaurants, attractions, tours, shops, and experiences—and advice on the ones not worth your time and money
- *Accurate, up-to-date info on transportation, useful websites, costs, telephone numbers, and more
- *Budget-planning help with the lowdown on prices and ways to save money, whether you're traveling on a shoestring or in the lap of luxury

About Frommer's: There's a reason that Frommer's has been the most trusted name in travel for more than sixty years. Arthur Frommer created the best-selling guide series in 1957 to help American servicemen fulfill their dreams of travel in Europe, and since then, we have published thousands of titles because a household name helping millions upon millions of people realize their own dreams of seeing our planet. Travel is easy with Frommer's.

Contributor Bio

Donald Strachan is a Scottish travel writer and journalist who has lived most of his life "down south" in England. He has written about the country, and wider European travel, for publications all over the world including *The Guardian*, CNN.com, *National Geographic Traveler*, and *The Sydney Morning Herald*.

Links

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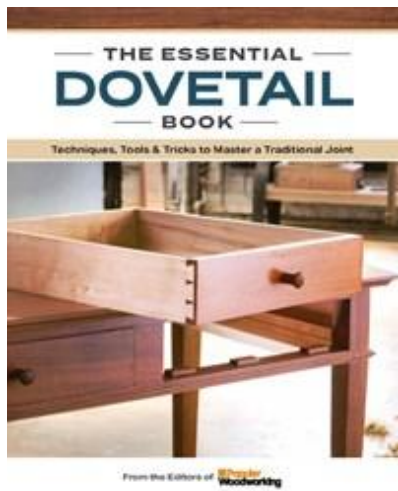
Comp Titles

Frommer's London day by day	Strachan, Donald	FrommerMedia 4/09/2018	9781628874105 1628874104	\$15.95 USD	Trade Paperback	Travel
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The Dovetail Book

Popular Woodworking

Key Selling Points

- Pointers for both hand tool and power tool woodworkers--dovetails made with a handsaw, router, bandsaw, and more covered
- Everything you need to know to cut pins and tails that line up every time
- Beyond the classic dovetail to tapered, compound, sliding, and more
- Compiled from the pages of *Popular Woodworking*, the premiere hand tool and power tool woodworking magazine.
- The advice and projects from today's expert woodworkers will guide any woodworker to dovetail success

Audience

- Makers and aspiring woodworkers
- Experienced woodworkers
- Furnituremakers and Boxmakers
- Teachers and educators

Summary

Master the Dovetail...The Iconic, Fundamental Woodworking Joint.

The iconic dovetail is the king of woodworking joints; creating a beautiful, tightly fit dovetail corner ranks top among many woodworkers' bucket lists. Get your pins and tails straight with this must-have collection of techniques, instructions, jigs, and tips from *Popular Woodworking*. You'll expand your repertoire of tight-fitting dovetails from traditional to varieties such as sliding, housed, half-blind, compound, houndstooth, and more.

With words of wisdom from the likes of Christopher Schwarz, Frank Klausz, Roy Underhill, and Bill Hylton, you'll soon be able to create satisfying dovetails with both hand and power tools. After absorbing the techniques and processes described, you'll be able to create handsome drawers, boxes, cabinets, and more. Stuffed with useful advice, jigs, and step-by-step instructions, this volume will please any woodworker who wants to master the quintessential dovetail joint.

Contributor Bio

Popular Woodworking has delivered articles and commentary from America's best and brightest woodworkers for more than 30 years. The editorial focus is a committed philosophy of hybrid woodworking--blending the best of hand tool and power tool woodworking. They bring readers woodworking projects for every skill level ranging from simple (but attractive) projects that use basic joinery, to complex furniture plans using advanced woodworking techniques. The magazine is published six times annually--five regular-sized issues, and 1 double-sized issue, and is available digitally as well as in print.

Table Of Contents

Hand Tools

Tools for Dovetailing

Dovetail Station

Design Matters: Dovetails

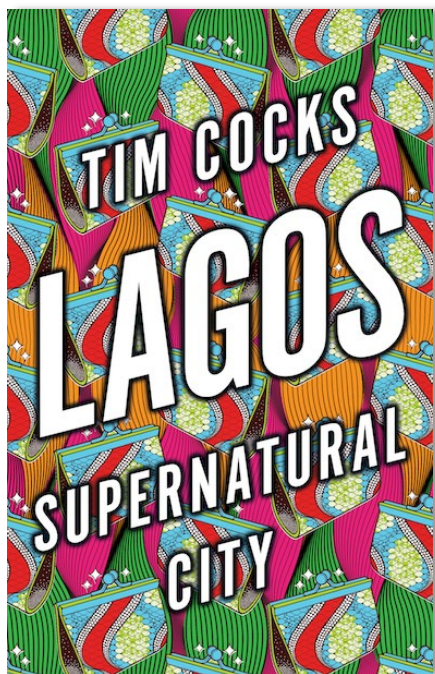
Your First Handcut Dovetails

Frank Klauz on Dovetails

— ADVANCED BOOK INFORMATION —

— April 2024 | PB | 324pp | £12.99 | 9781911723257 | 198x129mm | Africa —

NEW PAPERBACK EDITION



Lagos

Supernatural City

Tim Cocks

- An intimate portrait of life in one of the most vibrant cities on Earth.
- Goes beyond the popular images of mad traffic or crowded slums.
- Explores the human tendency to place faith in unseen forces when faced with danger and high uncertainty.

‘A remarkable if underrated book of narrative nonfiction about what everyday life looks like for a range of the Nigerian city’s residents, in all of their shame and glory.’ – *Los Angeles Review of Books*

‘An entertaining take on the city by an enchanted foreigner.’ – Adewale Maja-Pearce, Anglo-Nigerian author of *The House My Father Built*

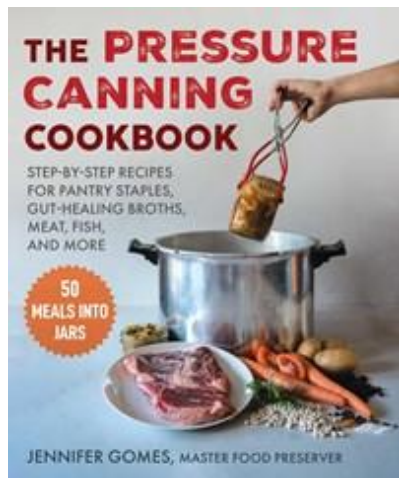
‘Tim Cocks’ affection for Nigeria’s exuberant and complex metropolis shines through vividly sketched Lagosians in their dogged pursuit of a better life.’ – Lola Shoneyin, author of *The Secret Lives of Baba Segi’s Wives*

‘A vivid portrayal of Africa’s biggest city, deftly capturing its combustible energies and multiple contradictions. In its daily struggle for survival against challenges both human and natural, Lagos signposts the future of the human race. Read this book as a prophecy.’ – Paddy Docherty, author of *Blood and Bronze*

This is a frantic, mystical journey through Africa’s biggest metropolis: Lagos. Going beyond the popular images of mad traffic or crowded slums, it tells of the incredible feats Lagosians must pull off to survive their broken-down city. It also reveals the secret enabling them to cope with the chaos and precarity of Nigeria’s most populous centre: spirituality. A female street fighter in a male-dominated mafia extortion business. Two powerful chiefs locked in a deadly feud over billion-dollar real estate. An oil tycoon who gambles her fortune on televangelists’ prophecies. A rubbish scavenger dreaming of a reggae career. A fisherman’s son trying to save Makoko, the ‘floating slum’, from demolition and transformation into luxury waterside flats. A priestess to a river goddess selling sand to feed Lagos’s voracious construction boom. If anything unites these disparate figures, it is their belief in unseen forces, and their commitment to worshipping them—whether at secret shrines to West African gods and ancestors, or in the iron-roofed churches and domed mosques dotting the Lagos skyline. In this extraordinary city, Tim Cocks uncovers something universal about human nature in the face of danger and high uncertainty: our tendency to place faith in a realm beyond.



Tim Cocks is a British-born journalist of South African parentage. Currently based in Johannesburg, he was formerly Reuters West & Central Africa bureau chief, based in Dakar, following four years in Lagos as Nigeria bureau chief.



Pressure Canning Cookbook

Step-by-Step Recipes for Pantry Staples, Gut-Healing Broths, Meat, Fish, and More

Jennifer Gomes

Summary

A celebration of pressure canning!

In *The Pressure Canning Cookbook*, passionate Master Food Preserver Jennifer Gomes packs healthy, yummy, and inspiring canning recipes that both kids and adults will love. Learn how to can pantry basics like common veggies and ground meat, as well as a tasty variety of soups, stews, and the nutritional powerhouse, bone broth (with instructions for how to customize it)!

This guide shares practical tips for how to avoid common pressure canning pitfalls and explains the “why” behind safe canning recommendations. Beyond the basics, though, *The Pressure Canning Cookbook* includes exotic recipes like Mexican bean and bone soup and vinha d’ahlos (a tangy Portuguese dish). Jenny teaches new and experienced canners alike how to choose the pressure canner that’s right for them, break the canning process into short, economical chunks of time, and save money while canning!

Take the guesswork out of this proven, time-tested food preservation technique with *The Pressure Canning Cookbook*.

Contributor Bio

Jennifer (“Jenny”) Gomes is a Master Food Preserver, mother, wife, teacher, and canning enthusiast. She cohosts the popular canning and preserving podcast, *Perfectly Preserved*, and writes about all things homemade—including canning—on her blog, *The Domestic Wildflower*. A decade ago, pregnant with her first of two children, Jenny realized she wanted to feed her family with home-canned goodness, like the way she was raised. Now, canning is part of her cooking routine and Jenny loves sharing with readers everywhere how to do the same. She and her family live in Northern California.

Quotes

"Jenny Gomes is one of the most enthusiastic food preservers I know! Her book is a testament to how well she knows her audience. Ranking high on every newbie canner's list is the fear of pressure canning. The way Jenny speaks to the audience throughout the book is encouraging and fun. Sprinkled with stories and wit, you're sure to enjoy this canning book."

—**Anna Cash, Master Food Preserver, instructor, and jam maker**

"This book is a smart, friendly, and highly readable guide to pressure canning a vast range of low acid foods. Educational and inspirational, it fills a cavernous void in the canning literature and is certain to become a classic. Anyone interested in pressure canning should add this book to their collection!"

—**Marisa McClellan, food writer, canning teacher, and the voice behind *Food in Jars***

"Jenny Gomes takes the fear out of pressure canning. After reading this book, you will feel ready to safely and confidently fill your pantry and keep it stocked with ready-to-eat meals."

—**Kirsten K. Shockey, coauthor of *Fermented Vegetables***

Illustrations



Skyhorse
9781510776258
1510776257
Pub Date: 2/04/2024
\$24.99/\$33.99 Can.
Hardcover Paper over boards

160 Pages
Color photographs throughout
Carton Qty: 16
Cooking / Methods
CKB081000

22.9 cm H | 19.1 cm W | 2 cm T |
703.1 g Wt
Status: **ACTIVE**



Skyhorse
9781510777699
1510777695
Pub Date: 2/04/2024
\$24.99/\$33.99 Can./£18.99 UK
Trade Paperback

136 Pages
Color photographs throughout
Carton Qty: 20
Crafts & Hobbies / Soap Making
CRA064000

22.9 cm H | 17.8 cm W | 1.3 cm T
| 430.9 g Wt
Status: **ACTIVE**

Making Soap

DIY Bath & Body Products Made with All-Natural Scents, Oils, and Colors

Agnes Stuber, Gun Penhoat

Summary

Welcome to the world of homemade soap!

It is perfectly possible to make soap at home—from simple everyday soaps to fragrant masterpieces. *Making Soap* describes what cold-stirred craft soap is, why it works, what you need, and how to make it. Read about fatty acids, essential oils, natural dyes, and other materials that give soap its characteristics. Recipes include:

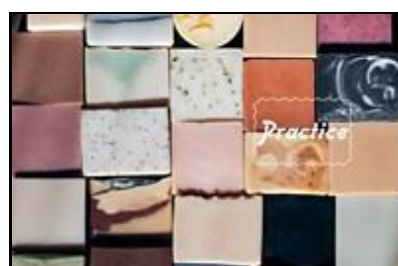
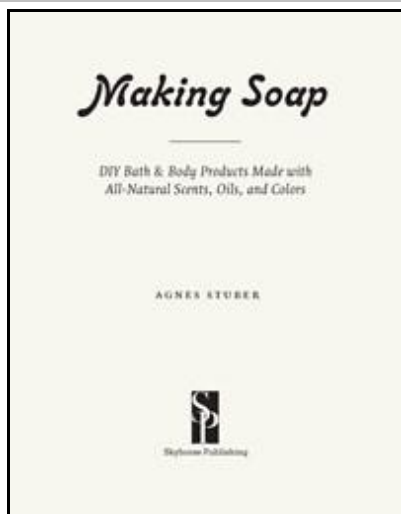
- Scrubbing poppy soap
- Facial soap with activated charcoal
- Skin-softening bath bomb
- Rosy clay soap
- And so much more!

Learn how to make your own soap from ingredients you already have at home with *Making Soap*.

Contributor Bio

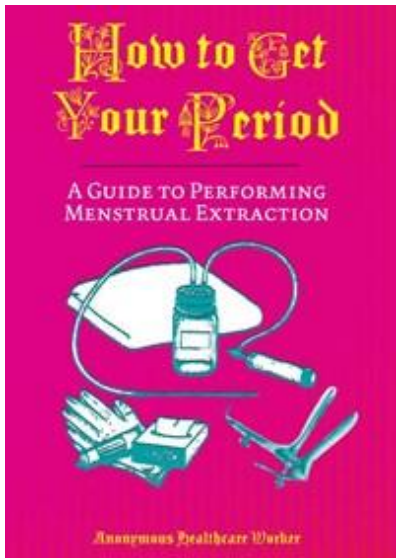
Agnes Stuber is a photographer and passionate soap enthusiast. She develops her own soap recipes and is constantly testing new ingredients.

Illustrations



Comp Titles

Natural Soap at Home	McQuerry, Liz Skyhorse	20/03/2018	9781510730038	\$12.99	Trade Paperback	Crafts & Hobbies
			1510730036	USD		
The Holistic Home	Benko, Laura Skyhorse	19/01/2016	9781634502344	\$19.99	Hardcover	House & Home
			1634502345	USD		



How to Get Your Period

A Guide to Performing Menstrual Extraction

Anonymous Health Care Worker

Key Selling Points

- In the wake of the Supreme Court's reversal of Roe v. Wade in 2022, abortion access is greatly reduced in many US states
- Worldwide, 1.8 billion people are menstruating in any given month
- Inclusive language helps this timely book teach readers what they need to know to join together safely and take control of their reproductive rights

Summary

Take charge of your reproductive rights, learn about your body, and build a supportive community.

In 1971, as part of their work with their feminist reproductive collective, Lorraine Rothman and Carol Downer invented menstrual extraction (ME), a suction process to pass the entire period all at once, which has the side effect of ending any undetected early pregnancy. An underground network of providers has kept ME alive ever since, and now, in a post-Roe era, the demand is surging.

Written by an anonymous medical professional, this book provides a short history of ME and detailed instructions and diagrams explaining how to safely and effectively perform a manual exam, use a speculum, assemble a Del-Em kit, and complete a menstrual extraction procedure.

You'll also learn when not to perform ME and find an overview of other safe and effective options for bringing about menstruation or ending a pregnancy in the first trimester. In addition to heralding the incredible discovery of these historical heroes and affirming the need for abortion rights, this book offers menstrual extraction as a method to understand and protect our own bodies, choices, and reproductive rights even as they are under attack.

Contributor Bio

Marketing Plans

- National and Local Media Campaigns
- Pre-Publication Online Publicity Campaign
- Email Marketing and Publicity Campaign
- Curated Advanced Reader Copy Distribution
- Digital Influencer "Buzz" Campaign
- Social Media Promotions
- Kickstarter Campaign

Illustrations



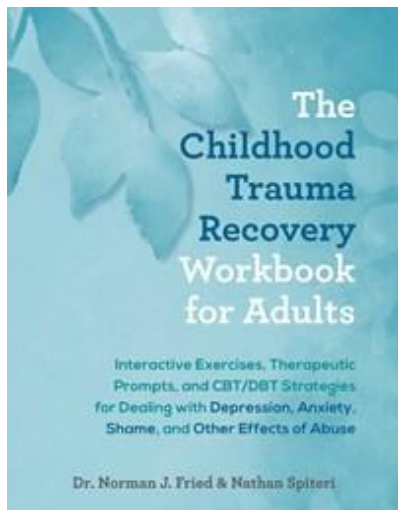
Microcosm Publishing
 9781648413360
 1648413366
 Pub Date: 3/19/2024
 \$12.95/\$16.99 Can./£11.99 UK
 Trade Paperback

128 Pages
 Carton Qty: 80
 Health & Fitness / Women's Health
 HEA024000
 7 in H | 5 in W
 Status: **ACTIVE**

Related Products

Previous Editions

How to Get Your Period
 9781648411878 \$7.95



The Childhood Trauma Recovery Workbook for Adults

Interactive Exercises, Therapeutic Prompts, and CBT/DBT Strategies for Dealing with Depression, Anxiety, Shame, and Other Effects of Abuse

Norman J. Fried, Nathan Spiteri

Summary

Overcome the psychological and physiological effects of childhood trauma with this easy-to-use workbook of CBT- and DBT-based exercises and techniques.

The ideal upbringing for any child prioritizes unconditional love and protection above all else. To these healthy children, our world is a fair place full of benevolence and wonder. However, for those who were raised in unhealthy environments or forced into damaging situations, this belief may have been warped or shattered entirely, leading to the adoption of a negative worldview that has stayed with them all their lives. As adults, it can be difficult to heal from this trauma.

It is not, however, impossible. *The Childhood Trauma Recovery Workbook for Adults* is an accessible guide to clinical and effective healing. Based on the principles of cognitive behavioral therapy (CBT) and dialectical behavioral therapy (DBT), this workbook contains strategies, techniques, and exercises to help you overcome and recover from:

- Depression and anxiety
- Shame and self-loathing
- Grooming and trauma bonding
- Toxic masculinity
- Impostor syndrome
- Self-sabotaging behaviors
- And more!

Written in collaboration by a seasoned mental health professional and a childhood trauma survivor, *The Childhood Trauma Recovery Workbook for Adults* is an invaluable resource for adult trauma survivors looking to understand their pain and discover inner peace.

Contributor Bio

After receiving his PhD in clinical and pediatric psychology from Emory University, **Dr. Norman J. Fried** served as the chief psychologist for the Children's Cancer Centers and the Division of Pediatric Hematology/Oncology at Northwell Health and Winthrop University Hospitals for 20 years. His academic appointments include assistant professor in pediatrics and psychiatry at New York University Medical School, adjunct assistant professor of pastoral counseling at the Jewish Theological Seminary/Columbia University, and fellow in clinical and pediatric psychology at Harvard Medical School.

Now in full-time private practice as a grief and trauma specialist, Norman lectures on the practice of psychotherapy with critically and terminally ill children and their families at conferences across the US and Europe. Additionally, he is a disaster mental health specialist for the American Red Cross of greater New York. He is the author of four books, including *The Childhood Trauma Recovery Workbook for Adults*. Additionally, he is a regular contributor on crisis intervention and recovery for television and news shows, including *Dr. Phil*, Fox News, BBC World News, NBC News, and the Bravo channel.

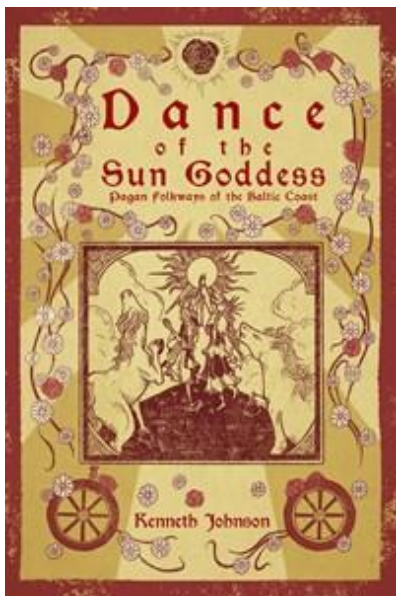
Nathan Spiteri is a filmmaker, actor, and writer. He is also a sexual abuse survivor, TEDx speaker, activist, and advocate. Through intensive therapy and group work, Nathan now educates people on the stigma of child sexual abuse and its relation to addiction and substance abuse and helps other survivors find closure and move forward with their lives while raising awareness of men's mental health.

Ulysses Press
9781646046256
1646046250
Pub Date: 3/19/2024
\$18.95/\$25.95 Can./£17.99 UK
Trade Paperback

144 Pages
Carton Qty: 42
Self-Help / Abuse
SEL001000

9 in H | 7 in W | 0.5 in T | 0.6 lb
Wt
Status: **ACTIVE**





Crossed Crow Books
9781959883241
1959883240
Pub Date: 26/03/2024
On Sale Date: 26/03/2024
\$24.95
Trade Paperback

220 Pages
Line Drawings Throughout
Carton Qty: 36
Body, Mind & Spirit / Witchcraft
OCC026000
22.9 cm H | 15.2 cm W
Status:**ACTIVE**

Related Products

Display

Slavic Witchcraft 9781620558423
\$16.99

Dance of the Sun Goddess

Pagan Folkways of the Baltic Coast

Kenneth Johnson, Alaric Albertsson

Key Selling Points

- A magical journey into the oft-overlooked magic of the Baltics
- A highly engaging and quite operative book of magic and folklore
- Drawing from the author's real-life experiences, this book is the first easily accessible look at pre-Christian traditions of the Amber Coast to be written in English

Summary

Kenneth Johnson has written a beautiful book that will open the door to the magic of the Baltics. Explore the Amber Coast and its many magical mysteries, meet a pagan sun goddess, and explore the spirituality of a people who were the last to convert to Christianity in long-ago Europe.

Discover the Magic of the Baltics

Kenneth Johnson takes us on another magical journey in his third Crossed Crow Books title, *Dance of the Sun Goddess: Pagan Folkways of the Baltic Coast*. This is the first easily accessible book in the English language to offer an in-depth look into the Pagan folk traditions of the Baltic Coast, the last region of Europe to be converted to Christianity. We are introduced to the goddesses and gods of this magical land, as well as seasonal and family rituals that shed a surprising light on some of the most ancient concepts of Pagan Europe. *Dance of the Sun Goddess* is an inspiring addition to traditional Pagan and magical practices.

Contributor Bio

Kenneth Johnson is a world traveler originally from California. He spent the last 10 years in Guatemala being initiated into the Mayan Priesthood. His best known works are *Mythic Astrology*, *Witchcraft and the Shamanic Journey*, and *Jaguar Wisdom*. He currently resides in Mexico.

Links

- [Kenneth Johnson Website](#)

Illustrations

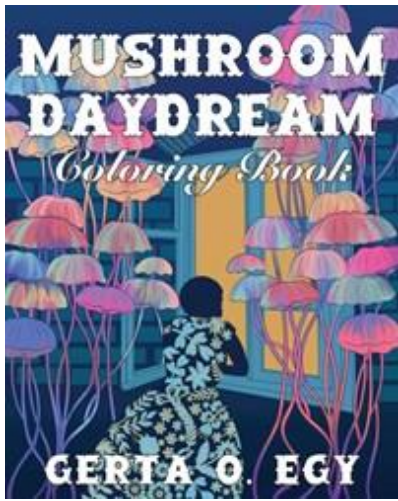
Comp Titles

Baba Yaga's Book of Witchcraft	Pamita, Madame	Llewellyn Publications	8/04/2022	9780738767895 0738767891	\$26.99 USD	Paperback	Body, Mind & Spirit
Slavic Witchcraft	Helvin, Natasha	Inner Traditions/Bear & Company	6/08/2019	9781620558423 1620558424	\$16.99 USD	Trade Paperback	Body, Mind & Spirit

No sales or inventory history loaded for this organisation. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Microcosm Publishing
 9781648413162
 1648413161
 Pub Date: 3/19/2024
 \$14.95/\$19.99 Can./£16.99 UK
 Trade Paperback

128 Pages
 Carton Qty: 44
 Games & Activities / Coloring
 Books
 GAM019000
 8.7 in H | 7 in W
 Status: **FORTHCOMING**

Mushroom Daydream Coloring Book

Gerta Oparaku Egy

Key Selling Points

- The global mushroom market was valued at \$58.8 billion in 2021
- As psilocybin therapy gains credibility and legal status, interest in all kinds of mushrooms is skyrocketing, particularly among Gen Z
- Mushrooms are a huge emerging trend in fashion and décor

Summary

Frolic in a fungal forest, repose upon a toadstool, honor the amanita, whisper to the chanterelle, power up your foraging game, and bask in buttery morel righteousness. Tease your tastebuds and expand your consciousness as you color these lush landscapes and mindscapes in search of delight, inspiration, and that distinctive red-and-white fly agaric, the Waldo of the mushroom world.

Gerta O. Egy's illustrations are enchantingly detailed, proliferating across pages and pages. Single-sided art means you can color as intensely as you need to, and perforations enable you to easily tear out each page to share or display.

Contributor Bio

Gerta Oparaku Egy is an Albanian artist residing in Springfield, Oregon. She studied Set and Costume Design in the Academy of Fine Arts in Tirana, Albania. She worked as a costume designer in film and theater, storyboard artist, and illustrator. From her work in film, she developed an interest in writing and drawing her own stories. She is the author and illustrator of several comics and illustrated stories.

Marketing Plans

- National and Local Media Campaigns
- Pre-Publication Online Publicity Campaign
- Email Marketing and Publicity Campaign
- Curated Advanced Reader Copy Distribution
- Digital Influencer "Buzz" Campaign
- Social Media Promotions
- Kickstarter Campaign

Illustrations





Title: Kew Pocketbooks: Poisonous Plants

Publication date: May 2024

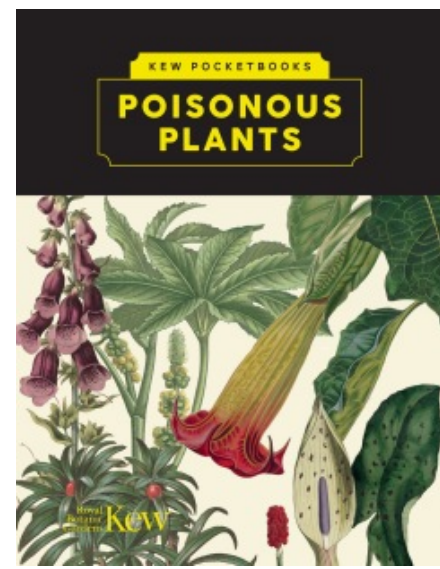
Sales Points

New title in Kew’s luxury gift book series. An exploration of poisonous plants and their deadly characteristics . The botanical paintings in each book offer a glimpse into some of the treasures in Kew’s unrivalled archive. Introductory chapter by a Kew expert provide a background to the subject. Must-have gift book with luxury finish

Description

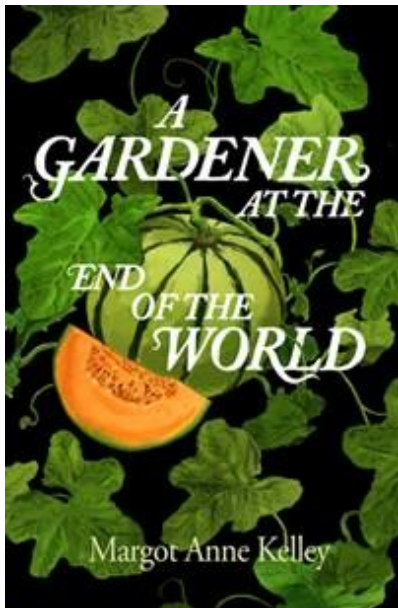
From foxglove, deadly nightshade, hemlock and yew to lily of the valley and angel’s trumpet, this Kew Pocketbook is an exploration of some of the most commonplace and dangerous poisonous plants, showcased through 40 stunning paintings from the Kew archives. Producing toxins to defend themselves and often displaying their toxicity in bold colours and patterns, these plants can be harmful and even deadly to humans and animals.

The Library and Archives at Kew is one of the most extensive botanical libraries in the world, with the oldest item dating back to the 1370s. In this pocketbook series from Kew, each book presents 40 botanical paintings from the collections, illustrating the variety within each group, as well as the diversity of the collection and artistic styles.



Specifications	
Imprint:	Kew Publishing
Audience(s):	General
Product format:	Hardback
Price:	£9.99
ISBN:	9781842468142
Extent:	96 pp
Pictures:	40 Illustrations, colour
Format:	140 x 185 mm
BIC Code(s):	WZG, AGBN





A Gardener at the End of the World

Margot Anne Kelley

Key Selling Points

For readers of the bestselling Katherine May (*Wintering*) as well as many other titles that combine memoir and nature writing.

Speaks to those who are curious about nature and seek a deeper connection to the natural world.

Strong regional New England audience (specifically Maine, the setting of the book)

Gift book for Mother's Day (May 12, 2024) and Earth Day (April 22, 2024)

While sales for the author's previous book, *Foodtopia*, were not strong, we believe it will backlist—it's message is timeless and as relevant as ever.

Summary

A gardener's pandemic journal that combines memoir with an exploration of the natural world both inside and outside the garden.

In March 2020, Margot Anne Kelley was watching seeds germinate in her greenhouse. At high risk from illness, the planning, planting, and tending to seedlings took on extra significance. She set out to make her pandemic garden thrive but also to better understand the very nature of seeds and viruses.

As seeds became seedlings, became plants, became food, Kelley looks back over the last few millennia as successions of pandemics altered human beings and global culture. Seeds and viruses serve as springboards for wide-ranging reflections, such as their shared need for someone to transport them, the centrality of movement to being alive, and the domestication of plants as an act of becoming co-dependent.

Pandemic viruses only occurred through humankind's settling down, taking up agriculture, and giving up a nomadic life. And yet it's the garden that now provides a refuge and a source of life, inspiration, and hope. ***A Gardener at the End of the World*** explores questions of what we can preserve—of history, genetic biodiversity, culture, language—and what we cannot. It is for any reader curious about the overlap of nature, science, and history.

Contributor Bio

Margot Anne Kelley is the author *Foodtopia: Communities in Pursuit of Peace, Love, & Homegrown Food* (also published by Godine). Ms. Kelley has served as the editor of *The Maine Review* and co-founded a community development corporation which runs a food pantry and community garden, among other programs. Ms. Kelley lives in Port Clyde, Maine.

Quotes

"A Gardener at the End of the World serves as both a reflection on the shared experiences of the pandemic and a celebration of the ways in which the human spirit can find solace and growth in nature's embrace."

—**Booklist**

"Detailed, engaging, and well-researched . . . A well-written chronicle of a gardening year, a pandemic, and their intertwined histories. Will appeal to a broad range of readers."

—**Library Journal**

"Kelley transforms musings about a gardening hobby into a rich—and richly instructive

David R. Godine, Publisher
9781567927344
1567927343
Pub Date: 2/04/2024
On Sale Date: 2/04/2024
\$28.95/\$37.99 Can./£20.99
UK/€25.99 EU
Discount Code: HC
Hardcover with printed dust jacket

240 Pages
Carton Qty: 28
Print Run: 25K
Gardening / Essays & Narratives
GAR002000
20.3 cm H | 13.3 cm W | 2.5 cm T
Status: **FORTHCOMING**

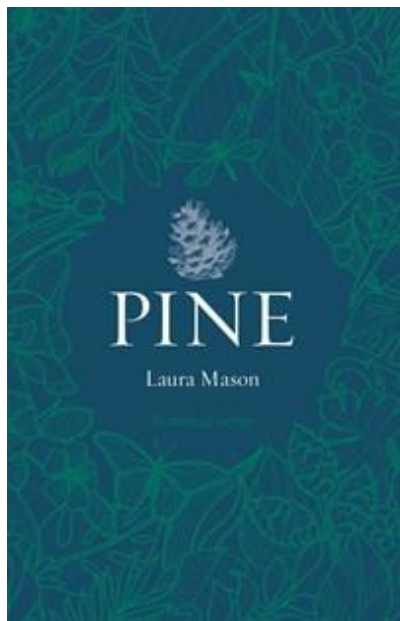
Related Products

Also Available

Foodtopia 9781567927306
\$28.95

Ebooks

9781567927351



Reaktion Books
9781789148664
1789148669
Pub Date: 29/07/2024
\$22.50/£14.95 UK
Paperback

216 Pages
82 color plates, 19 halftones
Nature / Plants
NAT034000
Series: Botanical
Sales Restrictions: NSA
Internation Pub Date: 2024-07-02
21.6 cm H | 13.8 cm W | 2 cm T |
453.6 g Wt
Status: **FORTHCOMING**

Related Products

Other Formats

Pine 9781780231013 \$27.00

Ebooks

9781780231372

Pine

Laura Mason

Summary

Now in paperback, an enduring survey of the venerable trees.

Since the pine tree is able to sprout after forest fires, on mountainsides, and in semi-desert climes, it is no surprise that the ever-resilient tree signifies longevity, wisdom, and immortality. From the pine cone staffs carried by the worshippers of Bacchus in the classical world to their role in the movement to establish national parks in nineteenth-century North America, pine trees and their symbolism run deep in cultures around the globe. In *Pine*, Laura Mason explores the many ways pines have inspired and been used by people throughout history.

Mason examines how the somber, brooding atmosphere of pine woods, the complex forms of pine cones, and the coniform shape of the trees themselves have aroused the creativity of artists, writers, filmmakers, and photographers. She also considers the many ways we use the tree—its resin once provided adhesives, waterproofing, and medicines, and its wood continues to be incorporated into buildings, furniture, and the pulp used to make paper, while its cones provide pine nuts and other food for animals and humans. Filled with one hundred illustrations, *Pine* provides a fascinating survey of these rugged, aromatic trees that are found the world over.

Contributor Bio

Laura Mason is a writer who has published widely on food history and culture. She lives in Yorkshire, UK.

Quotes

"*Lily and Pine* are beautifully produced, with an old-fashioned and wonderfully solid feel to them; they are well illustrated with material from a very wide range of sources, and bound at a higher quality than the general run of hardback books, especially given the modest price. I can see them becoming collectors' items."

-Gardens Illustrated

"All the volumes [in the Botanical series] combine scholarship with lively anecdote and are beautifully and generously illustrated . . . who would have thought conifers could be so interesting? Laura Mason's *Pine* starts with a solid and enlightening description of the botanical structure, evolution and habitat of the *Pinus* genus. It then goes on to show how the pine and its derivatives from timber to Stockholm Tar have been used throughout history, how the tree has been depicted in art, its place in mythology, and its culinary uses (not limited to pinenuts) . . . Part of the appeal of these books is the unexpected facts and stories they throw up."

-Spectator

"Reaktion Books are building a tasty line in tree and plant books . . . beautifully produced with the qualities of a traditional novel, but illustrated page after page by color photographs and drawings, the [Botanical] series aims to provide a cultural guide to species . . . *Pine* offers a valuable tour of the *Pinus* genus."

-Smallwoods

Links

- [Media Kit / PDF](#)

Table Of Contents

Introduction

1 The Natural History of Pine Trees

BEHIND THE PRIVET HEDGE

Richard Sudell, the Suburban Garden and the Beautification of Britain

MICHAEL GILSON

Behind the Privet Hedge

Richard Sudell, the Suburban Garden and the Beautification of Britain

Michael Gilson

Summary

The surprising origin story of Britain's love affair with suburban gardening.

It is said that Britain is a nation of gardeners and its suburban gardens with roses and privet hedges are widely admired and copied across the world. But how and why did millions across the United Kingdom develop an obsession with colorful plots of land to begin with? *Behind the Privet Hedge* seeks to answer this question and reveals how, despite their stereotype as symbols of dull middle-class conformity, these open spaces were once seen as a tool to bring about social change in the early twentieth century. The book restores to the story a remarkable but long-forgotten figure, Richard Sudell, who spent a lifetime evangelizing for gardens as the vanguard of a more egalitarian society.

Contributor Bio

Michael Gilson is an award-winning editor and journalist as well as an associate fellow in the School of Media, Arts, and Humanities at the University of Sussex.

Quotes

"Gilson's book is a charming and unexpected glimpse into how gardening took root as an obsession for millions, full of suburban heroes and villains, revolutions and conformity."

-John Grindrod, author of 'Iconicon: A Journey around the Landmark Buildings of Contemporary Britain'

Table Of Contents

Contents

Introduction: On the train to Roehampton with Edith Sitwell and DH Lawrence

Chapter One: 'A little Garden City'

Chapter Two: 'An industrial slave? Never'

Chapter Three: Trouble at the Whit Monday Garden Show

Chapter Four: The Birth of beautification

Chapter Five: Sudell the flower evangelist

Chapter Six: 'Taste is utterly debased'

Chapter Seven: 'There were little bridges, gnomes and things'

Chapter Eight: An unrivalled influence on new nation of gardeners

Chapter Nine: 'A new Britain must arise on better lines than the old'

Chapter Ten: The landscape architect struggles to make a mark

Chapter Eleven: 'An important and influential figure'

Chapter Twelve: The importance of play



Reaktion Books
9781789148602
178914860X
Pub Date: 8/07/2024
\$30.00/£16.95 UK
Hardcover

336 Pages
10 color plates, 35 halftones
History / Europe
HIS015070
Sales Restrictions: NSA
Internation Pub Date: 2024-06-19
21.6 cm H | 13.8 cm W | 453.6 g
Wt
Status: **FORTHCOMING**

Related Products

Ebooks

9781789148794



Character Design Quarterly 29

3dtotal Publishing, Ben Eblen

Key Selling Points

KEY SELLING POINTS:

- Lively and engaging content with a broad appeal for artists, illustrators, and designers.
- Inspiration for new, interesting character designs.
- Informative interviews with professionals about their work and industry.
- Handy quick tips that can be used to kick start ideas.
- Detailed tutorials explaining key processes for advancing character designs.

TARGET AUDIENCE:

- Hobbyists of any level who want to improve and develop their character design skills with information and instruction from experienced sources.
- Students studying character design for illustration, concept art, and animation who want to learn more about the working practices of both industry leaders and rising stars.
- Professional character designers keeping abreast of the industry and their fellow professionals

Summary

Character Design Quarterly (CDQ) is a lively, creative magazine bringing inspiration, expert insights, and leading techniques from professional illustrators, artists, and character art enthusiasts worldwide.

Each issue provides detailed tutorials on creating diverse characters, enabling you to explore the processes and decision making that go into creating amazing characters. Learn new ways to develop your own ideas, and discover from the artists what it is like to work for prolific animation studios such as Disney, Warner Bros., and DreamWorks.

Ben Eblen, a prolific designer and illustrator from Australia, has created the cover for issue 29. He's created incredible tutorials for CDQ in the past and always proved popular, so we are thrilled to feature his art on the cover this time. Inside you'll also find eye-opening articles, interviews, and tutorials on many aspects of character design, created by the world's leading artists in the field. We have tutorials from Andy Na, who explores the use of colour in character design, and Sarah Lisa Hleb, who tackles our Characterize This challenge, plus an interview with CDQ and Instagram favourite Poopikat.

Contributor Bio

Founded in 1999 as a simple 3D resource website, 3dtotal.com has expanded from a website to share artwork and tutorials to include 3dtotal Publishing.

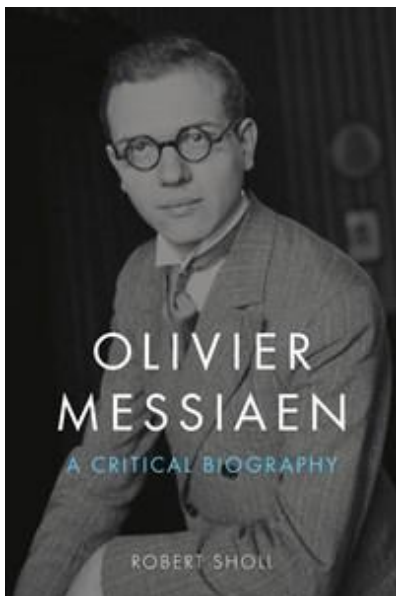
We have launched a wide range of books, from traditional art techniques, such as sketching and clay sculpting, to digital art software, including Photoshop and Procreate. Our art books feature industry professionals from around the globe who share their artwork and experience in skillfully written tutorials and stories.

3dtotal Publishing has committed to donate 50% of its net profits to a number of the most effective, high-impact charities, covering causes such as protecting existing rainforests, humanitarian work, and supporting animal welfare. As part of this, for



3DTotal Publishing
9781912843893
1912843897
Pub Date: 16/07/2024
On Sale Date: 16/07/2024
\$18.00/£12.00 UK
Discount Code: TP
Trade Paperback

104 Pages
Black&white and color illustrations
throughout
Carton Qty: 20
Art / Digital
ART046000
Series: Character Design Quarterly
26.9 cm H | 20.8 cm W
Status: **FORTHCOMING**



Reaktion Books
9781789148657
1789148650
Pub Date: 18/07/2024
\$35.00/£25.00 UK
Hardcover

208 Pages
20 halftones
Biography & Autobiography
/ Music
BIO004000
Sales Restrictions: NSA
Internation Pub Date: 2024-07-18
23.4 cm H | 15.6 cm W | 453.6 g
Wt
Status: **FORTHCOMING**

Related Products

Ebooks

9781789148954

Olivier Messiaen

Robert Sholl

Summary

Drawing on a range of sources and fields, the rich life story of this polymathic composer.

This groundbreaking biography offers fresh perspectives on the life, ideas, and music of French twentieth-century composer, organist, and ornithologist Olivier Messiaen. Drawing from previously unexplored sketches and archival material, the book seamlessly combines elements of biography, musicology, theology, philosophy, psychoanalysis, and aesthetics to present a nuanced perspective on Messiaen's work. Robert Sholl explores the profound impact of Messiaen's devout Catholicism, which found expression through his work as a church organist, his engagement with birdsong, his interaction with Surrealism, and his profound influence on major musical figures of the latter twentieth century. Unlike previous biographies, this book also considers the perspectives of Messiaen's contemporaries and students, providing a comprehensive understanding of his life and artistic legacy.

Contributor Bio

Robert Sholl teaches at the Royal Academy of Music and the University of West London. His books include *Messiaen in Context*. He has performed all of Messiaen's organ music, recorded improvisations to film on the organ and piano, and given recitals in London and Paris.

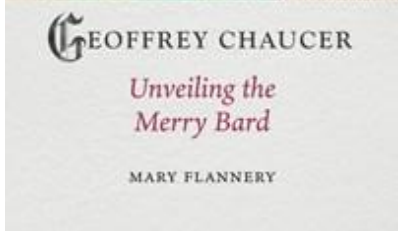
Quotes

"Sholl's critical biography is enhanced by his skillful use of musical, theological, philosophical and aesthetic details regarding Messiaen's life and work, and further enriched by the inclusion of previously unexplored material from Messiaen's archives. After situating the composer in the cultural milieu of the 1930s, Sholl dedicates chapters to essential elements of Messiaen's multifarious career as composer, teacher, theologian and ornithologist. Writing with clarity and insight, Sholl has provided a readable and engaging contribution to understanding the complicated life and work of one of the twentieth century's most important figures. Highly recommended."
-Andrew Shenton, professor of music, Boston University

"Sholl's new biography of Messiaen sheds fresh light on the extraordinary originality of his music. Among the wealth of fascinating detail much comes from the composer himself, as well as from his teachers, contemporaries, pupils, and from those who have studied, researched, and performed his music. Sholl's commentaries on the music are acutely perceptive—and as a bonus to this rich feast the photographs are marvelous."
-Peter Hill, emeritus professor of music, University of Sheffield, and coauthor of "Olivier Messiaen: Oiseaux exotiques"

"Sholl's book, the fruit of many years of research, undoubtedly has a great future. Its panoramic view of Messiaen's life constitutes a way of discovering Messiaen for those unfamiliar with his work and offers much to music lovers who will find, through his synthesis of material, unpublished information and photos. This book has allowed me to rediscover the Messiaen that I knew, but also to encounter an unknown Messiaen. May everyone have as much pleasure reading this book as I have!"
-Olivier Latry, titular organist of the Cathedral of Notre-Dame de Paris and professor of organ at the Paris Conservatoire

"Sholl has distilled many years of scholarship and contemplation into a book that is compact yet capacious, brimming with information and insight. The crisp narrative provides vivid descriptions of cultural and intellectual contexts, including a breathtaking panoply of influences, both his own mentors as well as those he mentored. Sholl's trademark intertextual methodology seamlessly interweaves materials drawn from a broad horizon of sources, including history, musicology,



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Geoffrey Chaucer

Unveiling the Merry Bard

Mary Flannery

Summary

A new critical biography of medieval England's most famous poet.

For over six centuries, Chaucer has epitomized poetic greatness, though more recent treatments of *The Canterbury Tales'* lively and often risqué style have made his name more synonymous with bawdy humor. But beyond his poetic achievements, Chaucer assumed various roles including those of royal attendant, soldier, customs official, justice of the peace, and more. In this book, Mary Flannery chronicles Chaucer's life during one of the most turbulent periods of English history, illuminating how he came to be known not only as the father of English poetry but also as England's "merry bard."

Contributor Bio

Mary Flannery is the Swiss National Science Foundation Eccellenza Professorial Fellow at the University of Bern. A regular contributor to the *Times Literary Supplement*, her publications include *Practising Shame: Female Honour in Later Medieval England*.

Quotes

"A lively gallop through Chaucer's life and afterlife, enhanced by beautiful illustrations and plentiful textual quotation. Mary Flannery focuses on Chaucer as entertainer and humorist, exploring both what makes him fun, and why, in recent centuries, his geniality has become his defining trait."

-Marion Turner, author of 'The Wife of Bath: A Biography'

"The paradox of reading Chaucer is that we feel we know the poet through his works; but we are still uncovering new things about his life. In this lively and engaging study, Mary Flannery guides us through the complex worlds of fourteenth-century court life, Chaucer's poetry, and its rich reception history, while also addressing recent biographical discoveries. This beautifully illustrated book is an excellent and up-to-date introduction to Chaucer and late medieval culture, focusing on the history and significance of Chaucer's reputation as a poet of mirth and merriment."

-Stephanie Trigg, University of Melbourne

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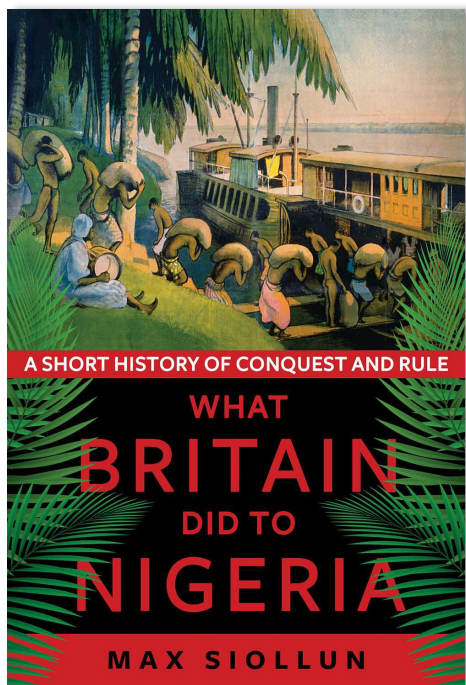
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A Short History of Conquest and Rule

Max Siollun



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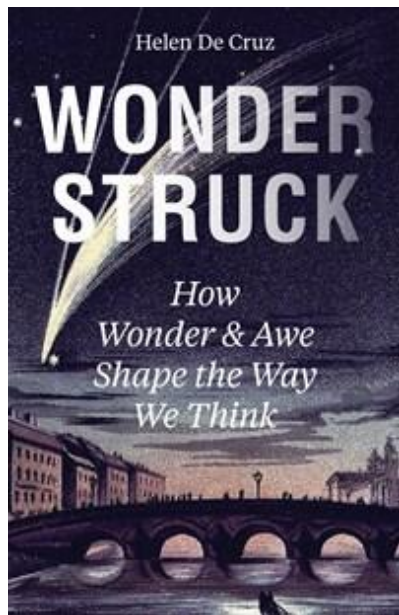
'Siollun's evenhanded assessment of the roughly 60 years of colonial rule that followed is ... absorbing'. — *Foreign Affairs*

'*What Britain Did to Nigeria* is a nuanced, informative and timely book that powerfully captures the complexity of the colonial impact.' — Olivette Otele, author of *African Europeans: An Untold History*

'The British Empire is often presented as an endeavour that conquered territory, carried out atrocities and looted resources. Max Siollun's *What Britain Did to Nigeria* provides some evidence to support that case. But Siollun also provides much-needed nuance: British colonialism in Nigeria was characterised by a tension between the colonial government and the work of missionaries.' — *History Today*

Most accounts of Britain's rule over Nigeria were written by British officials who presented colonialism as a civilising mission to rid Africans of barbaric superstition and corrupt tribal leadership; to educate them and convert them to Christianity. Yet—strangely for a colonised people openly described this way by their oppressors—many Nigerians today still view their country's time in the Empire through rose-tinted glasses. Max Siollun offers a bold rethink: a clear-eyed, unromanticised history of colonial Nigeria. He argues compellingly that colonialism was not a system with benevolent intentions. It may have ended practices such as slavery and human sacrifice, but those who resisted were violently repressed; Britain's disruption and forceful remoulding of longstanding customs permanently altered the belief systems, culture and internal politics of indigenous Nigerian communities. The aftershocks of this British interference have been felt for decades since independence, as the country continues to suffer from economic and political turmoil that Britain has laid at the doorstep of Nigeria's own leaders. This book is a definitive, head-on confrontation with Nigeria's experience under British rule, deftly showing how the country was forever changed by colonialism—perhaps cataclysmically.

Max Siollun is a Nigerian historian, writer and author who practises as a lawyer in the United States. His most recent book, also published by Hurst, is *Nigeria's Soldiers of Fortune: The Abacha and Obasanjo Years*.



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Wonderstruck

How Wonder and Awe Shape the Way We Think

Helen De Cruz

Summary

A philosopher explores the transformative role of wonder and awe in an uncertain world

Wonder and awe lie at the heart of life's most profound questions. *Wonderstruck* shows how these emotions respond to our fundamental need to make sense of ourselves and everything around us, and how they enable us to engage with the world as if we are experiencing it for the first time.

Drawing on the latest psychological insights on emotions, Helen De Cruz argues that wonder and awe are emotional drives that motivate us to inquire and discover new things, and that humanity has deliberately nurtured these emotions in cultural domains such as religion, science, and magic. Tracing how wonder and awe unify philosophy, the humanities, and the sciences, De Cruz provides new perspectives on figures such as Plato, Aristotle, Adam Smith, William James, Rachel Carson, Maurice Merleau-Ponty, Jean-Paul Sartre, and Abraham Heschel. Along the way, she explains how these singular emotions empower us to be open-minded, to experience joy and hope, and to be resilient in the face of personal troubles and global challenges.

Taking inspiration from Descartes's portrayal of wonder as "that sudden surprise of the soul," this illuminating book reveals how wonder and awe are catalysts that can help us reclaim what makes life worth living and preserve the things we find wonderful and valuable in our lives.

Contributor Bio

Helen De Cruz is the Danforth Chair in the Humanities and professor of philosophy at Saint Louis University. She is the author of *Religious Disagreement* and (with Johan De Smedt) *A Natural History of Natural Theology* and the editor and illustrator of *Philosophy Illustrated*.

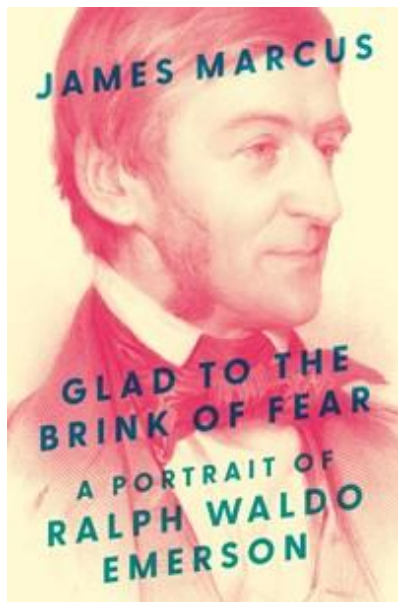
Quotes

"De Cruz constructs a persuasive and nuanced case for looking through the 'everydayness' of the world to see the 'strange and paradoxical' lurking in plain sight. [*Wonderstruck* is] an expertly fashioned analysis of what it means to perceive the world anew." -Publishers Weekly starred review

"An excellent case for intentionally cultivating wonder and awe. . . . De Cruz argues that awe and wonder can be sources of hope because they help us to shift our perspective, understand our interconnectedness and get attuned to the intrinsic value of our ecosystem. . . . It remains for each of us to discover the best ways to bring awe and wonder into our lives, but *Wonderstruck* offers a persuasive reminder that we really should."---**Skye C. Cleary, *Wall Street Journal***

Unpublished Endorsements

"In Helen De Cruz's extraordinarily rich and deep dive into awe and wonder, you will learn of their philosophical treatments, their role in magic and religion, their place in evolution, and how we can reclaim these two states so vital to our imagination and adaptation in the twenty-first century. This elegant book is filled with wonder-inspiring insights, awe-filled observations and cultural histories, and beauty. Read this book and you will look at the world around you with more wonder and awe."—**Dacher Keltner, author of *Awe: The New Science of Everyday Wonder and How It Can Transform Your Life***



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Glad to the Brink of Fear

A Portrait of Ralph Waldo Emerson

James Marcus

Summary

An engaging reassessment of the celebrated essayist and his relevance to contemporary readers

More than two centuries after his birth, Ralph Waldo Emerson remains one of the presiding spirits in American culture. Yet his reputation as the starry-eyed prophet of self-reliance has obscured a much more complicated figure who spent a lifetime wrestling with injustice, philosophy, art, desire, and suffering. James Marcus introduces readers to this Emerson, a writer of self-interrogating genius whose visionary flights are always grounded in Yankee shrewdness.

This Emerson is a rebel. He is also a lover, a friend, a husband, and a father. Having declared his great topic to be "the infinitude of the private man," he is nonetheless an intensely social being who develops Transcendentalism in the company of Henry David Thoreau, Margaret Fuller, Bronson Alcott, and Theodore Parker. And although he resists political activism early on—hoping instead for a revolution in consciousness—the burning issue of slavery ultimately transforms him from cloistered metaphysician to fiery abolitionist.

Drawing on telling episodes from Emerson's life alongside landmark essays like "Self-Reliance," "Experience," and "Circles," *Glad to the Brink of Fear* reveals how Emerson shares our preoccupations with fate and freedom, race and inequality, love and grief. It shows, too, how his desire to see the world afresh, rather than accepting the consensus view, is a lesson that never grows old.

Contributor Bio

James Marcus is an editor, translator, and critic who has written and lectured widely on Emerson. His essays and criticism have appeared in leading publications such as *The New Yorker*, the *Times Literary Supplement*, and *Harper's Magazine*. He is the author of *Amazonia: Five Years at the Epicenter of the Dot.com Juggernaut*.

Quotes

"Playful and insightful. . . . Marcus's passion for his subject and his understanding of what makes a successful biography mean this book is delightful for any reader, however much (or little) they previously know about Emerson."---**Jessica Ferri**, *Washington Post*

"Marcus's writing is lively and precise, vigorously colloquial. It is full of knowledge and affection. The voice is distinctive, and Marcus is autobiographically present in some of the book's best passages. . . . His portrait of Emerson, the man, is finely wrought. . . . If this were a show – a staging of a masterpiece – I would pay good money to see it. Not because it is perfect or unprecedented, but because it is alive and provocative."---**Lawrence A. Rosenwald**, *New York Times Book Review*

"An intimate and often moving book, lively with ideas."---**Kate Tuttle**, *Boston Globe*

"[*Glad to the Brink of Fear*] emphasizes the enduring freshness and abiding relevance of Emerson's writing. . . . Though many other biographers have covered similar territory, Marcus' treatment provides a distinct and memorable sense of revelation. A lively, intimate, absorbing account of the sage of Concord." -Kirkus Reviews, starred review

"A distinctive biography of philosopher Ralph Waldo Emerson that homes in on 'those elements of Emerson's life that spoke to me most directly.' Fortunately, Marcus's

BREAK- ING THE MOLD

INDIA'S
UNTRAVELED PATH
TO PROSPERITY

RAGHURAM G. RAJAN
ROHIT LAMBA



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Status: **ACTIVE**

Breaking the Mold

India's Untraveled Path to Prosperity

Raghuram G. Rajan, Rohit Lamba

Summary

The new path for economic development that India must create

The whole world has a stake in India's future, and that future hinges on whether India can develop its economy and deliver for its population—now the world's largest—while staying democratic. India's economy has overtaken the United Kingdom's to become the fifth-largest in the world, but it is still only one-fifth the size of China's, and India's economic growth is too slow to provide jobs for millions of its ambitious youth. Blocking India's current path are intense global competition in low-skilled manufacturing, increasing protectionism and automation, and the country's majoritarian streak in politics. In *Breaking the Mold*, Raghuram Rajan and Rohit Lamba show why and how India needs to blaze a new path if it's to succeed.

India diverged long ago from the standard development model, the one followed by China—from agriculture to low-skilled manufacturing, then high-skilled manufacturing and, finally, services—by leapfrogging intermediate steps. India must not turn back now. Rajan and Lamba explain how India can accelerate growth by prioritizing human capital, expanding opportunities in high-skilled services, encouraging entrepreneurship, and strengthening rather than weakening its democratic traditions. It can chart a path based on ideas and creativity even at its early stage of development.

Filled with vivid examples and written with incisive candor, *Breaking the Mold* shows how India can break free of the stumbling blocks of the past and embrace the enormous possibilities of the future.

Contributor Bio

Raghuram G. Rajan is the Katherine Dusak Miller Distinguished Service Professor of Finance at the University of Chicago Booth School of Business, former governor of the Reserve Bank of India, and former chief economist of the International Monetary Fund. His books include *Fault Lines: How Hidden Fractures Still Threaten the World Economy* (Princeton), winner of the Financial Times Business Book of the Year Award. **Rohit Lamba** is assistant professor of economics at Cornell University and visiting assistant professor of economics at New York University Abu Dhabi. He previously worked as an economist at the office of the chief economic adviser to the Government of India.

Quotes

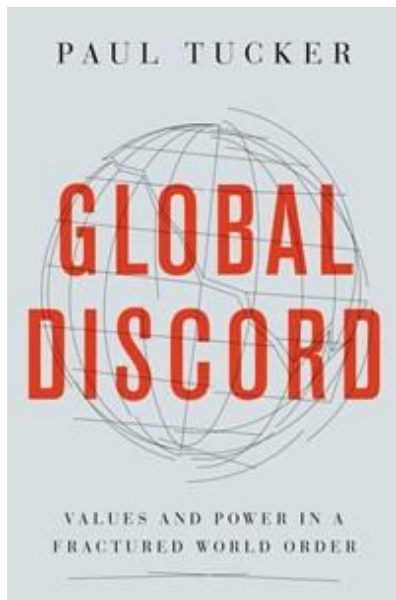
"There are no better guides to how [India] might best leverage its potential—and manage the obstacles. . . . [Rajan and Lamba] expertly devise a new growth model for India, offering detailed recommendations for reforming the country's industrial strategy, healthcare, education and democracy. . . . This is a novel, well-argued and solidly evidenced pitch for India's future. . . . A must-read for anyone keen to understand a nation that will play a big part in all our economic futures."---**Tej Parikh, *Financial Times***

"[Rajan and Lamba] sketch out a vision that amounts to an entirely new model of development for India—one that they argue is better suited to its strengths than its current model." -The Economist

"A forthright accounting of the nation's many faults and enormous unused potential i.e., human capital. . . . A sobering economic study packed with useful ideas." -Kirkus Reviews

Unpublished Endorsements

"Is this really India's century? The country's infrastructure push and the emergence of



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Global Discord

Values and Power in a Fractured World Order

Paul Tucker

Summary

How to sustain an international system of cooperation in the midst of geopolitical struggle

Can the international economic and legal system survive today's fractured geopolitics? Democracies are facing a drawn-out contest with authoritarian states that is entangling much of public policy with global security issues. In *Global Discord*, Paul Tucker lays out principles for a sustainable system of international cooperation, showing how democracies can deal with China and other illiberal states without sacrificing their deepest political values. Drawing on three decades as a central banker and regulator, Tucker applies these principles to the international monetary order, including the role of the U.S. dollar, trade and investment regimes, and the financial system.

Combining history, economics, and political and legal philosophy, Tucker offers a new account of international relations. Rejecting intellectual traditions that go back to Hobbes, Kant, and Grotius, and deploying instead ideas from David Hume, Bernard Williams, and modern mechanism-design economists, Tucker describes a new kind of political realism that emphasizes power and interests without sidelining morality. Incentives must be aligned with values if institutions are to endure. The connecting tissue for a system of international cooperation, he writes, should be legitimacy, creating a world of concentric circles in which we cooperate more with those with whom we share the most and whom we fear the least.

Contributor Bio

Paul Tucker is a fellow at the Harvard Kennedy School and the author of *Unelected Power* (Princeton). He is a former central banker and regulator at the Bank of England, and a former director at Basel's Bank for International Settlements, where he chaired some of the groups designing reforms of the international financial system after the Global Financial Crisis.

Quotes

"This is an important book."---**Martin Wolf, *Financial Times***

"Ambitious and illuminating."---**Niall Ferguson**

"I recommend strongly. . . the book both for those . . . studying or thinking about international relations but also for those . . . who are currently or may want in the future to engage in . . . policy."---**John Bew, *Professor of History and Foreign Policy, King's College London; and Foreign Policy Advisor to the UK Prime Minister***

"A book full of clever intellectual maneuvers."---**Adrian Wooldridge, *Bloomberg***

"Keynes famously said that policymakers are distilling the frenzy of past academic scribblers. [Paul Tucker is] the rare policymaker who goes on to become an extraordinary scribbler."---**Lawrence H. Summers, *Bloomberg Television***

"An extremely important and striking book in many ways. It makes a contribution in terms of political ideas, and so is of interest to students of the history of political thought, but also political economy, international relation, and of course . . . major and important geopolitical policy recommendations and analyses."---**Richard Bourke, *University of Cambridge***

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